

March 2025

Provo Peaks

665 E Center St. Provo UT, 84606 | (801) 717-0809



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self-Improvement

Get To Know



Hi everyone! My name is Sarah Christensen and I am the Site Coordinator for the Boys & Girls Club here at Provo Peaks! I am from San Diego and I have a Bachelor's Degree in Communication Disorders. I love to hike, swim, read, rock climb, and spend time with my friends!

CONTACT INFORMATION

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Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLEA's (High Yield, Creative, Physical & STEM Learning Activity Rotations) and also participate in our reading program, homework help, HYLEA activities, etc.

STEM Labs

Monday, Wednesday, and Friday

Youth learn all about the scientific and design processes through hands-on experiments.

Enrichment

Daily

Enrichment Activities provide students with an opportunity to develop desired skills and increase their creativity.

Social Emotional Learning

(Prevention & Behavior)

Tuesday, Thursday & Friday

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional learning skills. All Social Emotional Learning skills are taught through daily lessons and then integrated throughout the rest of programming.

Happy Birthday



March 1st - Kaz
March 1st - Ben
March 3rd - Linus
March 5th - Samantha
March 6th - Vienna
March 6th - Maria Jose
March 30th - Luna

UPCOMING EVENTS

Spring Break: March 31-April 4

CLUB CLOSED

March 14th - Teacher Prep Day
March 31-April 4 - Spring Break



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Provo Peaks Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Self-Honesty and Our Choices	3 Power Hour D&D Club, Sports Club & Art Club	4 Power Hour Positive Action (P): "What You Can Do" and "Telling Yourself the Truth Using Social/Emotional Positive Actions" STEM Lab	5 Power Hour D&D Club, Sports Club & Art Club FIRE DRILL	6 Power Hour Positive Action (B): "Sorting our What's What" and "Telling Yourself the Truth Using Social/Emotional Positive Actions" STEM Lab	7 Mindfulness HYLA Rotations
Strengths and Weaknesses	10 Power Hour D&D Club, Sports Club & Art Club	11 Power Hour Positive Action (P): "Where YOu Shine & Where You Need Help" and "Telling Yourself the Truth Using Social/Emotional Positive Actions" STEM Lab	12 Power Hour D&D Club, Sports Club & Art Club	13 Power Hour Positive Action (B): "Fessing Up" and "Telling Yourself the Truth Using Social/Emotional Positive Actions" STEM Lab	14 No Program - Teacher Prep Day
Being Honest About Who We Are	17 Power Hour D&D Club, Sports Club & Art Club	18 Power Hour Positive Action (P): "Starting Out With the Truth" and "Improving Yourself Continually Using Social/Emotional Positive Actions" STEM Lab	19 Power Hour D&D Club, Sports Club & Art Club	20 Power Hour Positive Action (B): "Your Own Truth" and "Improving Yourself Continually Using Social/Emotional Positive Actions" STEM Lab	21 Mindfulness HYLA Rotations
Discovering Our Truth	24 Power Hour D&D Club, Sports Club & Art Club	25 Power Hour Positive Action (P): "What's Real and What Isn't" and "Improving Yourself Continually Using Social/Emotional Positive Actions" STEM Lab	26 Power Hour D&D Club, Sports Club & Art Club	27 Power Hour Positive Action (B): "Standing True" and "Improving Yourself Continually Using Social/Emotional Positive Actions" STEM Lab	28 Mindfulness HYLA Rotations
	31 No Program - Spring Break	1	2	3	4

Daily Schedule		
Monday/Wednesday	Tuesday/Thursday	Friday
3:20 - 3:45 Check in, Snack, Recess 3:50 - 4:00 Circle up 4:00 - 4:25 Power Hour 4:30 - 5:30 Enrichment Clubs 5:30pm Program Closes, Checkout	3:20 - 3:45 Check in, Snack, Recess 3:50 - 4:00 Circle up 4:00 - 4:25 Social Emotional Learning (Positive Action) 4:25 - 4:55 Power Hour 4:55 - 5:30 K-3 STEM/4-6 HYLA rotations on Mondays K-3 HYLA rotations/4-6 STEM on Wednesdays 5:30pm Program Closes, Checkout	1:30 - 1:50 Check in, Snack, Recess 1:55 - 2:05 Circle up 2:05 - 2:40 Mindfulness 2:45 - 3:20 HYLA Rotations 3:30 pm Program Closes, Checkout

Contact Info
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March Club & Activity Details

Message to Parents:

Happy March everyone! This month we are very excited to have 3 different choices for our enrichment clubs. D&D Club, Sports Club, and Art Club have been fan favorites among our students for a while now so it will be fun to have all three options!

D&D Club - D&D Club allows each participant to develop their creativity and expand their horizons. We will be building characters, learning how to work together as a team, and the older students will be teaching the younger students how to play. D&D is a fantastic opportunity for kids to explore and make new friends with each other.

Art Club - Art Club will be teaching students different artistic techniques. We will be learning how to sketch, paint, make winter and Valentine's themed crafts. Our teachers will be broadening students' artistic horizons to hopefully develop interests in projects they have not tried before.

Sports Club - Sports club will introduce different skills to the club participants. We will be practicing basketball, soccer, and kickball. These sports will develop its participants' teamwork, cooperation, and unity. Sports Club will be a great opportunity for kids to burn off energy and learn a new, useful skill!

