

March 2025

Paradise Canyon

1795 W 1230 N, St. George, UT 84770 | 435-673-8978



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Honesty

Happy Birthday!



- Randall - 3/4
- Johanna - 3/18
- Dibanhi - 3/20
- Jacob - 3/24
- Karla - 3/24
- Isabel - 3/26
- Khloe - 3/29

UPCOMING EVENTS

No upcoming events.

CLUB CLOSED

March 10-14
Spring Break!

March 17
Teacher Prep Day



Get To Know Miss Adey!

Hi, I'm Miss Adey! I love to hike, swim, play volleyball, and go country dancing. I love the thrill of living and always looking for the next big thing to do. I love telling jokes and hanging out with my family, especially my sister; she is my best friend.



CONTACT INFORMATION

Olivia Everett
Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Power Hour

Mon/Wed

K-2 3:40-4:12 | 3-5 4:12-4:45

Tues/Thurs

3-5 3:40-4:12 | K-2 4:12-4:45

Friday All grades 2:05-2:35

The main focus of power hour will be to help members complete homework assignments and have the opportunity to work with program staff on assignments given throughout the week.

STEM Labs

Mon/Wed 4:45 - 5:20

Our STEM program offers students a variety of opportunities to engage in lessons that educate them on the scientific method and explore their creativity.

Enrichment

Mon/Wed

K-2 3:40-4:12 | 3-5 4:12-4:45

Tues/Thurs 4:45-5:20

This month we will be holding Kids' Club and Bowling Club. Students will get a chance to teach their peers something they are passionate about and learn the rules and gameplay of bowling!

Social Emotional Learning (Prevention & Behavior)

Tues/Thurs

K-2 3:30-4:00 | 3-5 4:00-4:30

The Positive Action curriculum focuses on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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Paradise Canyon Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Self-Honesty and Our Choices	3 Power Hour Bowling Club STEM	4 Power Hour Positive Action (P) Grade 3-5: Lesson 93 "What You Can Do" Grade K-2: Lesson 102 "Telling Yourself the Truth Using Social / Emotional Positive Actions" Kids Club	5 Power Hour Bowling Club STEM	6 Power Hour Positive Action (B) Grade 3-5: Lesson 94 "Sorting out What's What" Grade K-2: Lesson 103 "Telling Yourself the Truth Using Social / Emotional Positive Actions" Kids Club	7 Power hour Team-building rotation Creative rotation Physical rotation Fun Friday! Fire Drill
Spring Break	10 Spring Break - NO CLUB	11 Spring Break - NO CLUB	12 Spring Break - NO CLUB	13 Spring Break - NO CLUB	14 Spring Break - NO CLUB
Being Honest about Who We Are	17 Teacher Prep Day - NO CLUB	18 Power Hour Positive Action (P) Grade 3-5: Lesson 101 "Starting out with the Truth" Grade K-2: Lesson 112 "Improving Yourself Continually Using Social / Emotional Positive Actions" Kids Club	19 Power Hour Bowling Club STEM	20 Power Hour Positive Action (B) Grade 3-5: Lesson 103 "Your Own Truth" Grade K-2: Lesson 113 "Improving Yourself Continually Using Social / Emotional Positive Actions" Kids Club	21 Power hour Team-building rotation Creative rotation Physical rotation Fun Friday!
Discovering Our Truth	24 Power Hour Bowling Club STEM	25 Power Hour Positive Action (P) Grade 3-5: Lesson 104 "What's Real and What Isn't" Grade K-2: Lesson 114 "Improving Yourself Continually Using Social / Emotional Positive Actions" Kids Club	26 Power Hour Bowling Club STEM	27 Power Hour Positive Action (B) Grade 3-5: Lesson 106 "Standing True" Grade K-2: Lesson 115 "Improving Yourself Continually Using Social / Emotional Positive Actions" Kids Club	28 Power hour Team-building rotation Creative rotation Physical rotation Fun Friday!
	31 Power Hour Bowling Club STEM	1	2	3	4

Monday - Thursday	Friday
2:35 - 3:05 PM Check-in and recess 3:05 - 3:15 PM Feelings check-in 3:15 - 3:40 PM Super snack 3:40 - 4:12 PM K-2 (Power Hour), 3-5 (physical club M/W, Social Emotional Learning T/Th) 4:12 - 4:45 PM 3-5 (Power Hour), K-2 (physical club M/W, Social Emotional Learning T/Th) 4:45 - 5:20 PM STEM M/W, creative club T/Th 5:20 - 5:30 PM Snack/Check-out	1:00 - 1:35 PM Check-in & recess 1:35 - 1:55 PM Wash hands/super snack 1:55 - 2:05 PM Feelings check-in 2:05 - 2:35 PM Power Hour 2:35 - 3:05 PM Rotation 1 3:05 - 3:35 PM Rotation 2 3:35 - 4:05 PM Rotation 3 4:05 - 4:15 PM Snack 4:15 - 4:45 PM Computer lab 4:45 - 5:30 PM Fun Friday and pick-up



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March Club & Activity Details

Message to Parents:

Our mission with clubs and activities is to give your child more opportunities for learning and interactive activities with their peers. The goal is to provide an environment that gives your child the opportunity of choice and integrate into new activities each month. There will be a new set of clubs and activities each month that will be posted on the calendar. For monthly clubs, it is the goal to build on each activity weekly, giving your child the opportunity to learn new skills every week! Every day we spend time with students doing power hour for academic support. Your child has time to work on homework that they have been given during the school day and they receive assistance from all Boys and Girls Club staff. On Tuesdays and Thursdays, students are able to participate in a staff-led activity for the purpose of social and emotional learning. This time is allotted for students to become more educated on life skills and emotional intelligence! I appreciate all of you entrusting us members of BGC to give your child the most enriching experience here at Paradise Canyon Boys and Girls Club. If you have any questions or concerns please feel free to reach out to me!

~ *Olivia Everett* ~

Paradise Canyon Site Coordinator

Creative Club: This is our opportunity to enjoy activities that allow students to show their creative side and understand new hobbies that they might enjoy. This month we are doing a Kids' Club, and students will have the chance to share something they love with the rest of the program youth.

Physical Club: This club is a time where we can vote and agree on a game or physical activity that will be fun for club members. It often leads to basketball games, kickball, four square or tag. This month, students will learn how to bowl!

Smart Moves: This a Social Emotional Learning curriculum that utilizes actions and activities to identify club members emotions and feelings, and gives them choices to express them appropriately.

Fun Friday: This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

BGC Mission: The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

Our Core Promise: To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

Our Guiding Principles: Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

Our Rules: 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun.

