

March 2025

# Orem Jr. High School

650 West Jaguar Ave, Orem, UT 84057



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Honesty

## Get To Know

Dania Cox is the newest Youth Development Professional at Orem Jr. High School. With extensive experience mentoring and teaching at the Missionary Training Center in Provo, Utah, she's excited to make a positive impact at Orem Jr. High. In her free time, Dania loves playing basketball, running, hiking, and enjoying the great outdoors.



## CONTACT INFORMATION

**Tom Durham Jr.**  
Site Coordinator  
Phone: 801-227-8796  
Email: [tom.durham@bgcutah.org](mailto:tom.durham@bgcutah.org)

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Power Hour

Everyday 4:30 PM - 5:15 PM

Power hour is a block of time set aside for students to focus and complete homework assignments. All students are required to participate. If a student is finished with all assignments, they may practice English/Spanish or play Blooket.com.

## STEM Labs

Robotics Tuesdays, Thursdays, and Fridays weekly. Mr. Byrom provides classroom, hands-on instruction for students on most school days from 3:00 PM to 4:30 PM.

## Enrichment

Magic the Gathering on Thursdays 2:45 PM - 4:30 PM • Breakdancing on Mondays and Fridays 3:15 PM - 4:00 PM • Taekwondo and Self Defense on Tuesdays and Thursdays from 3:15 PM - 4:00 PM

## Social Emotional Learning

Tuesdays, Thursdays  
3:15-4:00 PM

Our Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All social emotional learning skills are taught through daily lessons and then integrated throughout the rest of programming.

Happy Birthday



Crew  
Emilio  
Ian  
Liam  
Mr. D

## UPCOMING EVENTS

St. Patrick's Day 17th wear green to club

## CLUB CLOSED

MARCH 7-10  
MARCH 31- APRIL 4 SPRING BREAK



[www.facebook.com/bgcutah](http://www.facebook.com/bgcutah)



[www.instagram.com/bgcutah](http://www.instagram.com/bgcutah)



Utah State Board of Education



# Orem Jr. High School After School Program 2024-2025



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

| Social Emotional Learning Weekly Focus | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|--|---|---|---|---|--|
| Self-Honesty & Our Choices             | 3<br>Breakdancing<br>STEM Lab<br>Power Hour<br>(Homework/Blooket.com)<br>Enrichment Activities  | 4<br>Taekwondo/Self Defense<br>Language Lab<br>Power Hour<br>Social Emotional Learning<br>(p)<br>(Homework/Blooket.com)<br>Enrichment Activities  | 5<br>Football and Basketball<br>Arts and Crafts<br>Language Lab<br>Power Hour<br>(Homework/Blooket.com)<br>Enrichment Activities  | 6<br>Taekwondo/Self Defense<br>Language Lab<br>Power Hour<br>Social Emotional Learning<br>(b)<br>(Homework/Blooket.com)<br>Enrichment Activities  | 7<br><b>Club will be closed</b>  |
| Strengths & Weaknesses                 | 10<br><b>Club CLOSED</b>  | 11<br>Taekwondo/Self Defense<br>Language Lab<br>Power Hour<br>Social Emotional Learning<br>(p)<br>(Homework/Blooket.com)<br>Enrichment Activities | 12<br>Football and Basketball<br>Arts and Crafts<br>Language Lab<br>Power Hour<br>(Homework/Blooket.com)<br>Enrichment Activities | 13<br>Taekwondo/Self Defense<br>Language Lab<br>Power Hour<br>Social Emotional Learning<br>(b)<br>(Homework/Blooket.com)<br>Enrichment Activities | 14<br>Breakdancing<br>Nail Art<br>STEM Lab<br>Power Hour<br>(Homework/Blooket.com)<br>Enrichment Activities                      |
| Being Honest About Who We Are          | 17<br>Breakdancing<br>STEM Lab<br>Power Hour<br>(Homework/Blooket.com)<br>Enrichment Activities | 18<br>Taekwondo/Self Defense<br>Language Lab<br>Power Hour<br>Social Emotional Learning<br>(p)<br>(Homework/Blooket.com)<br>Enrichment Activities | 19<br>Football and Basketball<br>Arts and Crafts<br>Language Lab<br>Power Hour<br>(Homework/Blooket.com)<br>Enrichment Activities | 20<br>Taekwondo/Self Defense<br>Language Lab<br>Power Hour<br>Social Emotional Learning<br>(b)<br>(Homework/Blooket.com)<br>Enrichment Activities | 21<br><b>FIRE DRILL</b><br>Breakdancing<br>Nail Art<br>STEM Lab<br>Power Hour<br>(Homework/Blooket.com)<br>Enrichment Activities |
| Discovering our Truth                  | 24<br>Breakdancing<br>STEM Lab<br>Power Hour<br>(Homework/Blooket.com)<br>Enrichment Activities | 25<br>Taekwondo/Self Defense<br>Language Lab<br>Power Hour<br>Social Emotional Learning<br>(p)<br>(Homework/Blooket.com)<br>Enrichment Activities | 26<br>Football and Basketball<br>Arts and Crafts<br>Language Lab<br>Power Hour<br>(Homework/Blooket.com)<br>Enrichment Activities | 27<br>Taekwondo/Self Defense<br>Language Lab<br>Power Hour<br>Social Emotional Learning<br>(b)<br>(Homework/Blooket.com)<br>Enrichment Activities | 28<br>Breakdancing<br>Nail Art<br>STEM Lab<br>Power Hour<br>(Homework/Blooket.com)<br>Enrichment Activities                      |
|  | 31<br><b>CLUB CLOSED<br/>SPRING BREAK</b>   | 1   | 2   | 3   | 4  |

| Daily Schedule  |   |  |
|---|---|--|
| Daily Schedule Monday, Wednesday  | Daily Schedule Tuesday, Thursday  | Daily Schedule Friday  |
| <ul style="list-style-type: none"> <li>1:45-2:15 – Snack (Wednesday)</li> <li>2:15-3:00 – Sports (Wednesday)</li> <li>2:45-3:15 – Snack (Monday)</li> <li>3:15-4:00 – Breakdancing (Monday)</li> <li>4:00-4:15 – Second Snack</li> <li>4:15-5:00 – Power Hour and Blooket.com</li> <li>5:00-5:30 – Enrichment Activities</li> <li>5:30 – Pick Up</li> </ul> | <ul style="list-style-type: none"> <li>2:45-3:15 – Snack</li> <li>3:15-4:00 – Taekwondo/Self Defense</li> <li>4:00-4:15 – Second Snack</li> <li>4:15-5:00 – Social and Emotional Learning</li> <li>5:00-5:30 – Enrichment Activities</li> <li>5:30 – Pick Up</li> </ul> | <ul style="list-style-type: none"> <li>2:45-3:15 – Snack</li> <li>3:15-4:00 – Breakdancing</li> <li>4:00-4:15 – Second Snack</li> <li>4:15-5:00 – Power Hour and Blooket.com</li> <li>5:00-5:30 – Enrichment Activities</li> <li>5:30 – Pick Up</li> </ul> |

| Contact Info  |
|---|
| Tom Durham Jr.<br>Site Coordinator<br>Email: <a href="mailto:tom.durham@bgcutah.org">tom.durham@bgcutah.org</a><br>Phone: <b>(801) 227-8796</b> |
| Program Address: 650 West Jaguar Ave, Orem, UT 84057  |



[www.facebook.com/bgcutah](http://www.facebook.com/bgcutah)



[www.instagram.com/bgcutah](http://www.instagram.com/bgcutah)



Utah State Board of Education



## March Club & Activity Details

### Message to Parents:

**Robotics** - Mr. Byrom opens up his classroom and provides students with the opportunity to build and code robots. He has extensive knowledge in this subject and is happy to teach those who want to learn!

**Magic the Gathering** - Club members can explore strategy, creativity, and community in an exciting and supportive environment! They will have the opportunity to build their own Magic decks from a vast selection of donated cards, learning valuable skills like critical thinking, problem-solving, and good sportsmanship along the way. Best of all, they'll get to take their custom decks home, empowering them to continue their magical journey outside of the club. It's more than just a game—it's a place to grow, make friends, and be part of something truly special.

**Open Art** - Our very own art teachers, Ms. Lamb and Ms. Barney, will open up their classrooms and provide our club members with the opportunity to work on their artistic skills.

### **Social Emotional Learning:**

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run on Mondays & Fridays with new topics each week. The January theme is getting along with others, a great way to start off the new year!

**Breakdancing/Sports** - Fairly self explanatory. Students will be encouraged to stay active by participating in sports and breaking classes taught by our very own Site Coordinator. Students who do not participate in the physical activity for the day will be required to spend extra time on homework or language learning.

**Taekwondo/Self Defense** - Students will be taught the basics of self defense in order to boost confidence, learn discipline, improve personal safety, and foster teamwork and cooperation. Students who do not participate will be required to spend time on homework or language practice.

