

March 2025

# Mt Nebo Middle

851 W 450 S, Payson, UT 84651 | 801-633-4104



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Sincere Actions

Happy Birthday



## UPCOMING EVENTS

**March 6,7,8 and 10**  
Musical Performance!  
"High School Musical"

**March 21**  
First day of our new club  
Musical Theater Audition Prep

## CLUB CLOSED

March 6: Parent/Teacher Conference  
March 19: Nebo Staff Development Day



## CONTACT INFORMATION

**Leticia Jessen- Site Coordinator**  
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Email: [mtnebo@bgcutah.org](mailto:mtnebo@bgcutah.org)

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Project Learn is a period of time during our clubs where we provide students with Homework Help and an opportunity to increase literacy skills.

## STEM Labs

*Fridays 2:45 - 4:30*  
We have a variety of clubs building skills in science, technology, engineering, and math. Students will learn a variety of STEM skills and related activities.

## Enrichment

*Tuesdays - Friday 2:45 - 5:30*  
Students are given the opportunity to explore and learn different skills and a variety of different activities.

## Social Emotional Learning (Prevention & Behavior)

*Tuesdays and Thursdays 4:00 - 4:30*

Positive Action is used to teach students social emotional learning skills. They will learn communication skills and social skills that they can use their entire lives. We strive to help youth be their best in all situations.

Everyday we will discuss different Social Emotional Topics using Kid-Grit curricula!

### English Registration Link:

<https://forms.gle/PNPCAvYiqbqanZUH9>

### Link registraci3n en Espa3ol:

<https://forms.gle/UtxBz18YMZmDCFSk8>



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# Mt Nebo Middle Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Taking Ownership</b>	3	4 Social Emotional Learning (P) Who Me? Make a Mistake?  Sewing Project Learn/Tutoring Roller Skating Club Musical	5 Social Emotional Learning (B) Would I Know the Truth If I Saw It?  Crafts/Quilting 3D Printing Musical	6 <b>No Clubs Mini Parent/teacher Conference</b>  Musical Performance	7 <b>Fire Drill</b>  Computers Coding Duolingo Dungeons & Dragons Board and Card Strategy Games 3D Printing Musical Performance
<b>Finding our Humor</b>	10 Musical Performance	11 Social Emotional Learning (P) What Makes Me Laugh?  Sewing Project Learn/Tutoring Roller Skating Club	12 Social Emotional Learning Crafts/Quilting 3D Printing	13 Social Emotional Learning (B) What Am I What Feels Funny to Me? Project Learn/Tutoring Dungeons & Dragons Board and Card Strategy Games Roller Skating Club	14 Computers Coding Duolingo Dungeons & Dragons Board and Card Strategy Games 3D Printing
<b>Continually Improving Ourselves</b>	17	18 Social Emotional Learning (P) How Can I Lighten Up?  Sewing Project Learn/Tutoring <b>Roller Skating Club Cancelled</b>	19 <b>No Clubs Nebo Staff Development Day</b>	20 Social Emotional Learning (B) Who Am I...Really? Project Learn/Tutoring Dungeons & Dragons Board and Card Strategy Games Roller Skating Club	21 Computers Coding Duolingo Dungeons & Dragons Board and Card Strategy Games 3D Printing Musical Theater Audition Prep
<b>Setting Goals</b>	24	25 Social Emotional Learning (P) What Are My Dreams and Ideals?  Sewing Project Learn/Tutoring Roller Skating Club	26 Social Emotional Learning Crafts/Quilting 3D Printing	27 Social Emotional Learning (B) What Do I Want for My Life? Project Learn/Tutoring Dungeons & Dragons Board and Card Strategy Games Roller Skating Club	28 Computers Coding Duolingo Dungeons & Dragons Board and Card Strategy Games 3D Printing Musical Theater Audition Prep

## Daily Schedule

2:40 pm - 2:45 pm: School is Released. Students head to cafeteria to check-in  
 2:45 pm - 3:00 pm: Check-in and snacks  
 3:00 pm: Clubs Begin  
 4:00 pm - 4:30 pm: Social Emotional Learning Positive Action Lesson - Friday SMART Moves 3:30pm - 4:30pm  
 4:30 pm -Afternoon Snack  
 4:45 pm- Bus Departure from School  
 5:00 pm - 5:25 pm Academic Support/Project Learn  
 5:30 pm: Clubs Closed

## Contact Info

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## March Club & Activity Details

### **Message to Parents:**

We're so excited about all the fun and learning happening at the After School Boys & Girls Club at Mt. Nebo! It's hard to believe it's already March—time is flying by! This month, we're looking forward to more engaging activities, building friendships, and creating lasting memories. Remember to check out the new club **Musical Theater Audition Prep!** Thank you for being part of our amazing community!

### **Afternoon Clubs:**

**Project Learn** - Tuesdays through Friday. Participating in tutoring can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting. Students will also be able to work on homework or get academic help if they need it.

**Sewing** - (Baguley) Rm 221 Tuesdays after school with Mrs. Baguley (Rm 221). Participating in a sewing club can empower kids to hone fine motor skills, enhance creativity, cultivate patience, and develop practical problem-solving abilities, while also fostering a sense of accomplishment through the creation of handmade projects.

**Crafts**- (Baguley) Rm 221 Wednesdays after school with Mrs. Baguley (Rm. 221). Participating in a crafts club can nurture kids' creativity, fine motor skills, patience, attention to detail, and teamwork as they explore various artistic techniques and materials to express their imagination through handmade projects.

**3D Printing** - (Lai) Library Wednesdays and Fridays after school with Mr. Lai in the Library. Participating in a 3D printing club can equip kids with skills in digital design, problem-solving, spatial reasoning, technology literacy, and teamwork, fostering their creativity and understanding of additive manufacturing processes.

**Coding**- (Baguley) Rm 221 Fridays after school with Mrs. Baguley (Rm. 221). Participating in a coding club can equip kids with problem-solving, logical reasoning, creativity, collaboration, and computer programming skills, empowering them to navigate the digital world and potentially pursue future careers in technology

**Strategy Card/Board Games Dungeons and Dragons** - (Abbott) Thursdays and Fridays after school with Tiffini in Room 301. Participating in a card games club can enable kids to enhance critical thinking, strategic planning, arithmetic proficiency, social interaction, and sportsmanship, while enjoying a diverse array of engaging and intellectually stimulating card games.

**Musical Theater Audition Prep:** (Schofield/Navratil) Learn the basics of musical theater dance, and practice audition skills to be prepared for any future audition.

**Drama:** (Schofield) **Aug-Dec 2024** Tuesdays through Fridays Welcome to the Drama Competition Club! If you love acting, storytelling, or just want to boost your confidence, this is the perfect place for you! In our club, we'll explore different aspects of theater, from acting and improvisation to scriptwriting and stagecraft. We'll prepare for various drama competitions, where you can showcase your talents in front of an audience. You'll learn valuable skills like teamwork, communication, and creativity while working on exciting plays and performances. Whether



you're a seasoned performer or new to drama, everyone is welcome! Join us for fun rehearsals, workshops, and the chance to shine on stage. Let's bring stories to life together!

**School Musical Club: (Schofield) Dec-March 6th** Hey there, future stars! Join the Musical Theatre Club and get ready to shine! If you love to sing, dance, or act (or just want to have fun), this is the place for you. We'll be working together to put on an awesome school musical where you can show off your talents on stage! In the club, you'll learn cool things like how to audition, perform, and even create fun dance routines. We'll have lots of games and activities to help you build confidence and make new friends. Whether you want to be in the spotlight or help with costumes and set design, everyone is welcome! Come join us for a year filled with creativity, teamwork, and unforgettable moments as we bring an amazing story to life together!

**Roller Skating Club:** Tuesdays and Thursdays. Our roller skating club in the after-school program sounds like an absolute blast! Nothing beats the joy of gliding around, mastering cool moves, and maybe even a few dramatic falls that turn into fits of laughter. Bring your wheels, big smiles, and nonstop fun! Remember the bottled water for your roller skating club to keep you hydrated!

### **Social Emotional Learning:**

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

**SMART Moves** - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program runs Fridays with new topics each week.



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