

March 2025

Independence

636 Independence Ave Provo UT 84601 | 801-372-5839



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Ownership and Self-Improvement

Happy
Birthday



17 - Avoaia
22 - Alan
29 - Heather

UPCOMING EVENTS

3/1 - Soccer Jamboree

CLUB CLOSED

3/6 - Parent teacher Conference
3/14 - PD Day
3/31 - Spring Break



Get To Know



Hi! My name is Brynn and I am the Site Director at Independence. I worked last year as part of the Sports program and as the

Volleyball coach for part of the season. I am so excited to be returning to Independence and continue working with the teens. I recently graduated from UVU and am looking forward to getting my masters in Social Work. I love to go to concerts and movies with my friends. I love playing volleyball and swimming. I am so grateful to be back and am hoping for an amazing year!

CONTACT INFORMATION

Brynn Bowers
Site Coordinator
Phone: (801) 372-5839
Email: independence@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Sports Practice

Monday-Thursday 3:10-4:25

Soccer Season! We are holding practice everyday there aren't any games! Games will be Mondays and Wednesdays!

Homework Help (Project Learn)

Monday - Thursday 3:00 - 4:30

Come get help with your classes! Math, English, Science! Tutoring Available

Enrichment Clubs

Monday - Thursday 3:00 - 4:30

Enrichment clubs are organized programs designed to provide students with engaging, hands-on learning experiences that extend beyond the regular curriculum. These clubs focus on fostering creativity, critical thinking, and social skills through activities that cater to students' interests, such as arts, STEM, sports, and cultural exploration.

Social Emotional Learning (Prevention and Behavior)

Monday - Thursday 3:00 - 3:10

Positive Action as a curriculum focus in sports focuses on helping athletes develop key skills such as self-awareness, emotional regulation, teamwork, and responsible decision-making.



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education



UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE

Independence Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
P: Lesson 100: Who Me? Make a Mistake? B: Lesson 103: Would I Know the Truth If I Saw It?	3 Social Emotional Learning-P (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	4 Practice Homework Help (Project Learn) Career Readiness Club	5 Social Emotional Learning-B (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club Fire Drill	6 Parent Teacher Conference No Afterschool	7 No Programs
P: Lesson 106: What Makes Me Laugh? B: Lesson 107: What Feels Funny to Me?	10 Social Emotional Learning-P (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	11 Practice Homework Help (Project Learn) Career Readiness Club	12 Social Emotional Learning-B (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	13 Practice Homework Help (Project Learn) Career Readiness Club	14 NO SCHOOL
P: Lesson 108: How Can I Lighten Up? B: Lesson 109: Who Am I...Really?	17 Social Emotional Learning-P (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	18 Practice Homework Help (Project Learn) Career Readiness Club	19 Social Emotional Learning-B (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	20 Practice Homework Help (Project Learn) Career Readiness Club	21 No Programs
P: Lesson 110: What Are My Dreams and Ideals? B: Lesson 112: What Do I Want for My Life?	24 Social Emotional Learning-P (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	25 Practice Homework Help (Project Learn) Career Readiness Club	26 Social Emotional Learning-B (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	27 Practice Homework Help (Project Learn) Career Readiness Club	28 No Programs
Spring Break	31 SPRING BREAK No Programs	1	2	3	4

Daily Schedule

Monday - Thursday
 3:00 School Ends
 3:05 Snack passed out
 3:10 Homework Help Begins
 3:15 Practice Begins in Gym/ Clubs start
 3:15-3:30: Social Emotional Learning/Stretching/
 4:30 All Programs End

Contact Info

Brynn Bowers
 Site Coordinator
 Email: independence@bgcutah.org
 Phone: (801) 372-5839
 Program Address: 636 Independence Ave
 Provo UT 84601



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education



March Club & Activity Details

Message to Parents:

Happy March! We are in full swing of soccer seasons, anyone is welcome to join! We have 2 new clubs that we would love our members to check out! Mondays and Wednesdays we are hosting a Slam Poetry club and Tuesdays and Thursdays we are doing career readiness! We also have spring break at the end of the month going into April!

Soccer - Soccer Season! We are so excited to have a soccer team. Practices will be outdoors unless it is too cold then we will practice in the gym. Practices are Monday-Thursday from 3:00-4:30 pm. More information to come! There is a mandatory Soccer Jamboree for the soccer team on March 1st, more information to come regarding that. We will provide transportation to and from Independence High School.

Slam Poetry Club - Students will learn and read about the different forms of Slam Poetry. They will then take the time to write their own salm poetry and perform in front of their peers. Monday and Wednesdays in the Cafeteria from 3:00 - 4:30 pm!

Career Readiness Club - Students will explore their interests and potential careers, helps them map the steps to gaining entry to a postsecondary institution that meets their needs, and develops in them the skills and attributes necessary to succeed after high school. Tuesdays and Thursdays in the cafeteria from 3:00-4:30 pm!

Homework Help (Project Learn) - The main focus of project learn is to help students reinforce the academic enrichment and school engagement during club time and provide tutoring or help as needed. Through homework help after school Monday-Thursday from 3:00 - 4:30 pm.

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

