

March 2025

Heber Valley

[730 S 6th W, Heber City, UT 84032] | [801-857-4793]



BOYS & GIRLS CLUBS
OF WASATCH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is learning self honesty and our choices, strengths and weaknesses, being honest about who we are

Happy Birthday

- Cooper 3/1
- Kannon 3/13
- Ahri 3/22
- Nolan 3/23
- Olivia 3/24
- Axton 3/26

CLUB CLOSED

- 3/13 - No school/no club
- 3/14 - No school/no club
- 3/31 - Spring Break



Get To Know Mrs. Mariela!



Mrs. Mariela is originally from Nicaragua! Her favorite color is light blue. By day Mrs. Mariela is a Paraprofessional at Heber Valley Elementary. She has one son. We are excited she has joined our team!!

CONTACT INFORMATION

Kellie Barrus, LCSW
Site Coordinator
Phone: (801) 857-4793
Email: hebervalley@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Tuesday and Thursday - 4:30-5:15pm

Wednesday and Friday - 4:05-4:50pm

We provide High Yield Learning Activities (HYLA), homework support, literacy support, math building activities, and more.

STEM Labs

Wednesday and Friday - 4:55-5:25pm

Enrichment

Arts & Crafts Club: Monday - 4:35-6:00pm

Get Moving Club: Tuesday and Thursday - 5:20-6:00pm

Social Emotional Learning (Prevention & Behavior)

Positive Action:
Tuesday & Thursday 3:55pm - 4:25pm



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Utah State Board of Education



Heber Valley Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Learning Self Honesty	3 Project Learn Arts & Crafts Club FIRE DRILL	4 Social Emotional Learning (P) K-2 "Telling Yourself the Truth Using Social / Emotional Positive Actions" 3-5 "Telling Yourself the Truth--On Purpose" Project Learn Get Moving Club	5 Project Learn STEM Club	6 Social Emotional Learning (B) K-2 "Telling Yourself the Truth Using Social / Emotional Positive Actions" 3-5 "Your Bravest, Truest Self" Project Learn Get Moving Club	7 Project Learn STEM Club
Self-Honesty & Our Choices	10 Project Learn Arts & Crafts Club	11 Social Emotional Learning (P) K-2 "Telling Yourself the Truth Using Social / Emotional Positive Actions" 3-5 "What You Can Do" Project Learn Get Moving Club	12 Project Learn STEM Club	13 NO SCHOOL NO CLUB - PD Day	14 NO SCHOOL NO CLUB - PD Day
Strengths & Weaknesses	17 Project Learn Arts & Crafts Club	18 Social Emotional Learning (P) K-2 "Telling Yourself the Truth Using Social / Emotional Positive Actions" 3-5 "Where You Shine" & "Where You Need Help" Project Learn Get Moving Club	19 Project Learn STEM Club	20 Social Emotional Learning (B) K-2 "Telling Yourself the Truth Using Social / Emotional Positive Actions" 3-5 "Fessing Up" Project Learn Get Moving Club	21 Project Learn STEM Club
Being Honest About Who We Are	24 Project Learn Arts & Crafts Club	25 Social Emotional Learning (P) K-2 "Improving Yourself Continually Using Social / Emotional Positive Actions" 3-5 "Starting out with the Truth" Project Learn Get Moving Club	26 Project Learn STEM Club	27 Social Emotional Learning (B) K-2 "Improving Yourself Continually Using Social / Emotional Positive Actions" 3-5 "Your Own Truth" Project Learn Get Moving Club	28 Project Learn STEM Club
	31 NO SCHOOL NO CLUB - Spring Break	1	2	3	4

Daily Schedule		
Monday 2:20pm - 3:25pm Arrive/Snack/Recess 3:30pm - 4:30pm Project Learn 4:35pm - 6:00pm Arts & Crafts Club/Clean up/Check out	Tuesday, Thursday 3:20pm - 3:50pm Arrive/Snack/Recess 3:55pm - 4:25pm Social Emotional Learning - Positive Action 4:30pm - 5:15pm Project Learn 5:20pm - 6:00pm Get Moving Club/Clean up/Check out	Wednesday & Friday 3:20pm - 4:00pm Arrive/Snack/Recess 4:05pm - 4:50pm Project Learn 4:55pm - 5:25pm STEM Club 5:30pm - 6:00pm Clean up/Check out

Contact Info	Kellie Barrus, LCSW, Site Coordinator Phone: (801) 857-4793 Email: hebervalley@bgcutah.org	Program Address: 730 S 6th W, Heber City, UT 84032
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March Club & Activity Details

Welcome to March BGC friends and family!

There have been quite a few changes over the last couple of months. We have two new teachers and quite a few new students. We love how our program is growing and hope you and your students are loving the growth, too!

Social Emotional Learning- Positive Action - This month we will focus on friendship and connection, taking ownership, and being intentional. It is so important for our club members to learn these skills to implement for the rest of their lives.

Project Learn - Members will be guided and supported in completing any homework assignments. They will also be engaged in age/grade appropriate activities when they don't have any class assignments or homework to complete.

Clubs:

STEM Club - We had so much success combining art into our STEM lessons, we have decided to continue this for the month of March! We will have themed lessons around St. Patrick's day. Also, March 29th is a partial eclipse so we will have some fun activities focusing on our solar system!

Get Moving Club - Members really enjoy this club, getting to learn new games, practice teamwork, and developing gross motor skills!

Arts & Crafts Club - Students can get excited about St. Patrick's day arts and crafts. Also, March 19th is National Let's Laugh Day.....I promise lots of laughs will be had in Club on this day!

