

March 2025

# Cascade Elementary

860 East 200 North Orem, Utah (801)-372-6113



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self Honesty, Strengths and Weaknesses, Being Honest About Who We are and Discovering Our Truth

Happy  
Birthday



Selena 3/3  
Arcadia 3/9  
Virgil 3/18  
Theo 3/24

## UPCOMING EVENTS

Spring Break: Club Closed: 3/31 - 4/4

## CLUB CLOSED

March 7th-Teacher Contract Day  
March 10th-Teacher Professional Day  
March 31st- Teacher Comp Day



## Get to Know Miss Lizzy



Hi, I'm Lizzy and I'm thrilled to join the team. I'm a senior at BYU studying Child Psychology and I have experience tutoring. I've always loved working with kids and enjoy organizing fun activities like sports and arts and crafts. I can't wait to learn and make great memories with everyone!

### CONTACT INFORMATION

**Patty Clark**  
**Site Coordinator**  
Phone: 801-372-6113  
Email: cascade@bgcutah.org

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Monday-Thursday K-6; 3:15 pm- 4:00 pm  
The main focus of project learning hours will be to help members complete homework assignments, work on HYLEA activities.

## STEM Labs

Monday K-2; 4:05pm-4:35pm  
Wednesday 3-6; 4:05pm-4:35pm  
Friday All grades 4:05pm-5:05pm

During this time everyone will learn about Science, Technology, Engineering and Math.

## Enrichment

Monday-Thursday K-6th; 4:35-5:05pm

Enrichment clubs are to further enrich and broaden our members' experience by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

## Social Emotional Learning Prevention & Behavior

Positive Action:  
Tuesday & Thursday  
K-6; 4:05 pm- 4:35pm



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Utah State Board of Education



# Cascade Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Self Honesty	3 Circle Up Project Learn STEM Club Get Moving Club 3-6 Enrichment K-6th	4 <b>Fire Drill</b>  Circle Up Project Learn Social Emotional Learning (P) K-2: Telling Yourself the Truth 3-6: What You Can Do	5 Circle Up Project Learn STEM Club Social Emotional Learning	6 Circle Up Project Learn Social Emotional Learning (B) K-2 Telling Yourself the Truth 3-6 Sorting Out What's What Club Store K-3	7 <b>Club Closed-Teacher Contract Day</b>
Strengths and Weaknesses	10 <b>Club Closed-Teacher Professional Day</b>	11 Circle Up Project Learn Social Emotional Learning (P) K-2 Telling Yourself the Truth 3-6 Where you shine and where you need help	12 Circle Up Project Learn STEM Club Get Moving Club 3-6 Enrichment K-6	13 Circle Up Project Learn Social Emotional Learning (B) K-2 Telling Yourself the Truth 3-6 Sorting Out What's What Enrichment Club Store K-3	14 Circle Up Craft Club STEMS Rotation K-2 then 3-6 Get Moving Rotation 3-6 then K-2 Club Store 4-6
Being Honest About Who We Are	17 Circle Up Project Learn STEM Club Get Moving 3-6 Enrichment K-6th	18 Circle Up Project Learn Social Emotional Learning (P) K-2 Improving Yourself Continually 3-6 Starting Out with the Truth	19 Circle Up Project Learn STEM Club Get Moving Club 3-6 Enrichment K-6	20 Circle Up Project Learn Social Emotional Learning (B) K-2 Improving Yourself Continually 3-6 Your Own Truth Enrichment Club Store K-3	21 Circle Up Craft Club STEMS Rotation K-2 then 3-6 Get Moving Rotation 3-6 then K-2 Club Store 4-6
Discovering Our Truth	24 Circle Up Project Learn STEM Club Get Moving 3-6th Enrichment K-6	25 Circle Up Project Learn Social Emotional Learning (P) K-2 Improving Yourself Continually 3-6 What's Real and What isn't	26 Circle Up Project Learn STEM Club Get Moving Club 3-6 Enrichment K-6	27 Circle Up Project Learn Social Emotional Learning (B) K-2 Improving Yourself Continually 3-6 Your own Truth Enrichment Club Store K-3	28 Circle Up Craft Club STEMS Rotation K-2 then 3-6 Get Moving Rotation 3-6 then K-2 Club Store 4-6
	31 <b>Club Closed-Teacher Comp Day</b>				

Monday & Wednesday	Tuesday & Thursday	Friday
2:15 pm - 2:35 pm Check-in, Snack 2:35 pm - 3:05 pm Recess 3:10 pm - 3:15 pm Circle Up 3:15 pm - 4:00 pm Project Learn 4:00 pm - 4:05 pm Transition 4:05 pm - 4:35 pm STEM (Monday- K-2, Wednesday-3-6) 4:35 pm - 5:10 pm Enrichment 5:10 pm - 5:15 pm End of Day Cleanup 5:25 pm - 5:30 pm Red Light game 5:30 pm Program Closes	2:15 pm - 2:35 pm Check-in, Snack 2:35 pm - 3:05 pm Recess 3:10 pm - 3:15 pm Circle Up 3:15 pm - 4:00 pm Project Learn 4:00 pm - 4:05 pm Transition 4:05 pm - 4:35 pm Social Emotional Learning: Positive Action 4:35 pm - 5:10 pm Enrichment 5:10 pm - 5:15 pm End of Day Cleanup 5:25 pm - 5:30 pm Brain Games 5:30 pm Program Closes	2:15 pm - 2:35 pm Check-in, Snack 2:35 pm - 3:05 pm Recess 3:10 pm - 3:15 pm Circle Up 3:15 pm - 4:00 pm Workforce Readiness/Careers Club 4:00 pm - 4:05 pm Transition 4:05 pm - 4:35 pm STEM Rotation 3-6 (Recess for K-2) 4:35 pm - 5:05 pm STEM Rotation K-2 (Recess for 3-6) 5:05 pm - 5:15 pm End of Day Cleanup 5:25 pm - 5:30 pm Red Light game 5:30 pm Program Closes



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UTAH DEPARTMENT OF  
WORKFORCE  
SERVICES  
CHILD CARE

## March Club & Activity Details

### Message to Parents:

Hello Everyone! We are so excited to move into the month of March! This month we will be focusing on being honest about who we are and discovering our truth in all of our lessons and throughout our clubs. Please be sure to note the closure dates in March. Please continue to review our Parent and Student Handbooks with your members as we are still struggling to get back into appropriate routines and behaviors in the club and want the club to be a safe and fun environment for all in attendance. Thank you for your ongoing support.

**Project Learn-** Project Learn or “Power Hour” is our academic time Monday-Thursday to help support what our club members are learning during the school day. Boys & Girls Club offers homework help, High Yield Learning activities and other fun games/activities that have an academic focus that are still fun! This month we will focus on math and literacy skills through games, activities and buddy reading.

**STEM-**is our twice a week rotation that is taught by our Americorps members. STEM includes topics of Science, Technology, Engineering and Math. Within this club our members will be able to learn and explore aspects of how the world works around them. Building, creating and constructing projects out of objects in the world around them.

**Social Emotional Learning-** Social Emotional Learning is crucial to development and helping to build lifelong regulation skills. We make learning fun through these curriculums. The curriculum Boys & Girls club uses is an evidence based program called Positive Action. Through this curriculum and its many lessons, club members will learn how to take care of their bodies and minds.

**Get Moving Club-**Club members have the opportunity to learn about various sports and games. Members will practice gross motor skills, teamwork and sportsmanship. The Get Moving club is separated by grade group to make sure that all members are safe, as different ages have different understandings, abilities and motives.

**Career Exploration Club-**Members will have the opportunity to shape the curriculum of this exploration club as they grow and express opinions about their future occupations. Members will be encouraged to take club insights outside of school and guest speakers will be invited.

### Enrichment Clubs-

**Craft Club-** In our Craft Club members gather to create fun art and craft projects. In craft club members use various materials like paper, glue, paint, clay and scissors to explore their creativity and work on different hands-on projects.

