

March 2025

# Bonneville

1245 N 800 W Orem, Utah 84057 | 801-372-5461



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Positive Action, Self-Efficacy, and Emotional Wellness!

## Happy Birthday



Teo'isi-3/2  
Raylin-3/3  
Israel-3/6  
Frida-3/17  
Jaxen-3/18  
Paisley-3/21

### UPCOMING EVENTS

3/7-No School or Club  
3/10-No School or Club  
3/14-Family Event @ 4:30pm-5:30pm  
3/17-St. Patrick's Day  
3/31-4/4-Spring Break

### CLUB CLOSED

3/7-No School or Club  
3/10-No School or Club



### Get To Know



Meet Ms. Ashley! Ms. Ashley is our Area Director-- you may have noticed her helping Bonneville out here and there! Ms. Ashley has worked at the Boys & Girls Club for 3.5 years-- originally started

working at our Clubhouse Location in Provo. Ashley enjoys live comedy and concerts in her spare time as well as binging a good TV show. "The best part of my job is actually moving around to the multiple sites I help oversee. I LOVE getting to see, impact, and interact with club members all over Orem, Provo, and Heber Valley! I have loved getting to work with the Bonneville club members this year, as this is my first year with Bonneville. I am continually amazed by Bonneville's passionate and intelligent club members-- it is absolutely rubbing off on my Bonneville staff (: "

### CONTACT INFORMATION

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Site Coordinator  
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### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

3:35-4:20pm (K-2), 2:50-3:35pm (3-6)  
Monday-Thursday

Time to work on homework, practice math, read, iReady, or do other academically enriching activities (HYLAs).

### STEM Labs

4:20-5:20 pm (K-2) Monday & Wednesday  
4:20-5:20 pm (3-6) Tuesday & Thursday  
3:15-5:15 Friday

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities. This month's focus is Dinosaur and Paleontology themed activities!

### Enrichment

4:20-5:20 (Monday-Thursday)  
3:15-5:15 (Friday)

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children. This month's clubs are Paleontology Club and Music Club!

We offer a rotation of activities on Friday where kids can participate in a new physical, creative, or STEM activity each week.

### Social Emotional Learning

(Prevention & Behavior)

Positive Action 3:05-3:35pm (K-2), 3:50-4:20pm (3-6)  
Tuesday & Thursday

**Positive Action: K-3:** Telling Yourself the Truth Using Social/Emotional Positive Actions, Improving Yourself Continually Using Social/Emotional Positive Actions  
**4-6:** What You Can Do, Sorting Out What's What, Where You Shine & Where You Need Help, Fessing Up, Starting Out With the Truth, Your Own Truth, What's Real and What Isn't, Standing True



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Utah State Board of Education



# Bonneville Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS  
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Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Self-Honesty & Our Choices	3 <b>Power Hour</b> <b>Group Circle Up</b> Building Your Emotional Toolkit <b>Clubs</b> K-3: Paleontology Club 4-6: Musician's Club <b>FIRE DRILL @4:00pm</b>	4 <b>Power Hour</b> <b>Social Emotional Learning: Positive Action (P)</b> K-3: Telling Yourself the Truth Using Social/Emotional Positive Actions 4-6: What You Can Do <b>Clubs</b> 4-6: Paleontology Club K-3: Musician's Club	5 <b>Power Hour</b> <b>Group Circle Up</b> Building Your Emotional Toolkit <b>Clubs</b> K-3: Paleontology Club 4-6: Musician's Club	6 <b>Power Hour</b> <b>Social Emotional Learning: Positive Action (B)</b> K-3: Telling Yourself the Truth Using Social/Emotional Positive Actions 4-6: Sorting Out What's What <b>Clubs</b> 4-6: Paleontology Club K-3: Musician's Club	7 <b>AFTERSCHOOL CLUB CLOSED</b> — <b>Teacher Work Day</b>
Strengths & Weaknesses	10 <b>AFTERSCHOOL CLUB CLOSED</b> — <b>Teacher Professional Development Day</b>	11 <b>Power Hour</b> <b>Social Emotional Learning: Positive Action (P)</b> K-3: Telling Yourself the Truth Using Social/Emotional Positive Actions 4-6: Where You Shine & Where You Need Help <b>Clubs</b> 4-6: Paleontology Club K-3: Musician's Club	12 <b>Power Hour</b> <b>Group Circle Up</b> Building Your Emotional Toolkit <b>Clubs</b> K-3: Paleontology Club 4-6: Musician's Club	13 <b>Power Hour</b> <b>Social Emotional Learning: Positive Action (B)</b> K-3: Telling Yourself the Truth Using Social/Emotional Positive Actions 4-6: Fessing Up <b>Clubs</b> 4-6: Paleontology Club K-3: Musician's Club	14 <b>Fun Friday</b> Career and College Life Skills <b>Physical, Creative, &amp; STEM Rotations</b> <b>Gratitude</b> <b>Family Event @ 4:30pm-5:30pm</b>
Being Honest About Who We Are	17 <b>Power Hour</b> <b>Group Circle Up</b> Building Your Emotional Toolkit <b>Clubs</b> K-3: Paleontology Club 4-6: Musician's Club	18 <b>Power Hour</b> <b>Social Emotional Learning: Positive Action (P)</b> K-3: Improving Yourself Continually Using Social/Emotional Positive Actions 4-6: Starting Out With the Truth <b>Clubs</b> 4-6: Paleontology Club K-3: Musician's Club	19 <b>Power Hour</b> <b>Group Circle Up</b> Building Your Emotional Toolkit <b>Clubs</b> K-3: Paleontology Club 4-6: Musician's Club	20 <b>Power Hour</b> <b>Social Emotional Learning: Positive Action (B)</b> K-3: Improving Yourself Continually Using Social/Emotional Positive Actions 4-6: Your Own Truth <b>Clubs</b> 4-6: Paleontology Club K-3: Musician's Club	21 <b>Fun Friday</b> Career and College Life Skills <b>Physical, Creative, &amp; STEM Rotations</b> <b>Gratitude</b>
Discovering Our Truth	24 <b>Power Hour</b> <b>Group Circle Up</b> Building Your Emotional Toolkit <b>Clubs</b> K-3: Paleontology Club 4-6: Musician's Club	25 <b>Power Hour</b> <b>Social Emotional Learning: Positive Action (P)</b> K-3: Improving Yourself Continually Using Social/Emotional Positive Actions 4-6: What's Real and What Isn't <b>Clubs</b> 4-6: Paleontology Club K-3: Musician's Club	26 <b>Power Hour</b> <b>Group Circle Up</b> Building Your Emotional Toolkit <b>Clubs</b> K-3: Paleontology Club 4-6: Musician's Club	27 <b>Power Hour</b> <b>Social Emotional Learning: Positive Action (B)</b> K-3: Improving Yourself Continually Using Social/Emotional Positive Actions 4-6: Standing True <b>Clubs</b> 4-6: Paleontology Club K-3: Musician's Club	28 <b>Fun Friday</b> Career and College Life Skills <b>Physical, Creative, &amp; STEM Rotations</b> <b>Gratitude</b>
	31 <b>AFTERSCHOOL CLUB CLOSED</b> — <b>Spring Break</b>	1	2	3	4

Daily Schedule (Monday & Wednesday)	Daily Schedule (Tuesday & Thursday)	Daily Schedule (Friday)
2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 Emotion Explorers: Building Your Emotional Toolkit (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 Emotion Explorers: Building Your Emotional Toolkit (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 Social Emotional Learning: Positive Action (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 Social Emotional Learning: Positive Action (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-3:00 Recess 3:05- 3:15 Circle-up 3:15-4:15 Career and College Life Skills (K-3) & Enrichment Rotations (4-6) 4:20-5:20 Career and College Life Skills (4-6) & Enrichment Rotations (K-3) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out



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## Contact Info

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# Bonneville Afterschool Program 2024-2025

## March Club & Activity Details

### Message to Parents:

Happy March! This month we are continuing our new curricula: 📁 Building Your Emotional Toolkit: Through creative and interactive sessions, students will develop tools for managing emotions, boosting resilience, and practicing mindfulness. And 🎓 Career & College Readiness Fun: From exploring future careers to learning practical life skills, students will gain confidence and dream big about their futures. We also have a Dinosaur themed club and a Music club! We're really excited to see how this month goes and all the new things the students will have the opportunity to learn!

**Future Builders: Career and College Life Skills** - Prepare for the future while having fun in Future Builders Club, a Friday after school program designed to introduce students ages 5-12 to the exciting world of careers and essential life skills. Through engaging, hands-on activities, students will explore their interests, develop important skills, and learn about the many possibilities that await them in the future. **Future Builders Club** is a dynamic and age-appropriate way to introduce young learners to the idea of building a bright future. By fostering curiosity, confidence, and critical thinking, we aim to inspire every student to dream big and achieve their goals! This will run each Friday we have after school!

**Social-Emotional Learning** -- The **Positive Action** curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. **Emotion Explorers: Building Your Emotional Toolkit** is a set of lessons built by our Site coordinator. It is a fun and supportive Monday and Wednesday program designed to help students ages 5-12 develop self-efficacy and emotional wellness. Through engaging activities, students will learn to recognize, understand, and manage their emotions while building essential tools for resilience and confidence.

**Power Hour** - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLAs), and participating in our reading and math programs. Our goal is to reduce missing assignments by collaborating with school-day teachers and ensuring that students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLAs, along with our reading and math programs, to further enhance their overall knowledge and skills in these important subjects. We also work with the school to have access to computers so the students can complete iReady or other school related curricula. This is completed Monday-Thursday for 45 minutes!

**Music Club - Music Explorers Club** is a fun and engaging club for children ages 5-12, where young musicians discover the joy of rhythm, instruments, and musical expression! Through interactive games, hands-on instrument exploration, and creative movement activities, students will develop a strong sense of beat, melody, and harmony. They'll experiment with percussion, strings, and wind instruments, learn to read basic musical notation, and explore music from around the world. Whether drumming to a beat, creating their own rhythms, or playing in a group, this club fosters a love for music while building coordination, listening skills, and teamwork! Students in grades K-3 will join the club on Tuesdays and Thursdays, while those in grades 4-6 will participate on Mondays and Wednesdays.

**Paleontology Club - Paleontology STEM Club** is an exciting club for children ages 5-12, where young explorers dig into the world of prehistoric life! Through hands-on activities, fossil digs, and interactive lessons, students will learn about dinosaurs, ancient ecosystems, and the science behind fossilization. This club fosters curiosity, critical thinking, and a love for STEM by allowing kids to become junior paleontologists—examining real and replica fossils, conducting experiments, and even creating their own fossil imprints. Each session combines science, creativity, and fun, making learning about Earth's ancient past an unforgettable adventure! Students in grades K-3 will join the club on Mondays and Wednesdays, while those in grades 4-6 will participate on Tuesdays and Thursdays.



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