

February 2025

Bonneville

1245 N 800 W Orem, Utah 84057 | 801-372-5461



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Positive Action, Self-Efficacy, and Emotional Wellness!

Happy Birthday



Ani-2/10
Lenny-2/10
Charlie-2/15
Rhoan-2/27
Fabian-2/28

UPCOMING EVENTS

2/21-Staff have training all day so we do not have club on this day.

CLUB CLOSED

2/7-Teacher Work Day-No Club
2/17-President's Day-No Club
2/21-Staff Training-No Club



Get To Know



Hi, my name is Alexander, I am 19 years old and I am from Fort Lauderdale, Florida. I am majoring in Business Administration so I can pursue a

career in the Nonprofit industry. I've worked with another AmeriCorps program in the past called AMPACT in the Early Learning Corps where I helped tutor 4 and 5-year-olds and prepared them for Kindergarten. A fun fact about me is that in 2023 I marched the Utah drum corps, the Battalion, on the mellophone and I am currently working on doing my 6th marching band season this summer! I am excited to start working at the Boys and Girls Club and meet all of the students!

CONTACT INFORMATION

Maya Santa Maria
Site Coordinator
Phone: 801-372-5461
Email: bonneville@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

3:35-4:20pm (K-2), 2:50-3:35pm (3-6)
Monday-Thursday

Time to work on homework, practice math, read, or do other academically enriching activities (HYLAs).

STEM Labs

4:20-5:20 pm (K-2) Monday & Wednesday
4:20-5:20 pm (3-6) Tuesday & Thursday
3:15-5:15 Friday

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities. This month's focus is Scientist themed activities!

Enrichment

4:20-5:20 (Monday-Thursday)
3:15-5:15 (Friday)

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children. This month's clubs are Sport Club and Scientist Club!

We offer a rotation of activities on Friday where kids can participate in a new physical, creative, or STEM activity each week.

Social Emotional Learning

(Prevention & Behavior)

Positive Action 3:05-3:35pm (K-2), 3:50-4:20pm (3-6)
Tuesday & Thursday

Positive Action: K-3: Mid-Survey 2, Getting Along With Others Using Social/Emotional Positive Actions, Telling Yourself the Truth Using Social/Emotional Positive Actions
4-6: Mid-Survey 2, Saying Good Things, Doing Your Part, Saying Thank You, The Right Name, Telling Yourself the Truth On-Purpose, Your Bravest, Truest Self



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Utah State Board of Education



Bonneville Afterschool Program 2024-2025

February

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	27	28	29	30	31
Mid-Surveys	3 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Scientist Club 4-6: Sport Club	4 Power Hour Social Emotional Learning: Positive Action (P) K-3: Mid-Survey 2 4-6: Mid-Survey 2 Clubs 4-6: Scientist STEM K-3: Sport Club	5 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Scientist Club 4-6: Sport Club	6 Power Hour Social Emotional Learning: Positive Action (B) K-3: Mid-Survey 2 4-6: Mid-Survey 2 Clubs 4-6: Scientist STEM K-3: Sport Club FIRE DRILL @2:55pm	7 AFTERSCHOOL CLUB CLOSED — Teacher Work Day
Taking Ownership	10 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Scientist Club 4-6: Sport Club	11 Power Hour Social Emotional Learning: Positive Action (P) K-3: Getting Along With Others Using Social/Emotional Positive Actions 4-6: Saying Good Things Clubs 4-6: Scientist STEM K-3: Sport Club	12 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Scientist Club 4-6: Sport Club	13 Power Hour Social Emotional Learning: Positive Action (B) K-3: Telling Yourself the Truth Using Social/Emotional Positive Actions 4-6: Doing Your Part Clubs 4-6: Scientist STEM K-3: Sport Club	14 Fun Friday Career and College Life Skills Physical, Creative, & STEM Rotations Gratitude
Being Intentional	17 AFTERSCHOOL CLUB CLOSED — President's Day	18 Power Hour Social Emotional Learning: Positive Action (P) K-3: Telling Yourself the Truth Using Social/Emotional Positive Actions 4-6: Saying Thank You Clubs 4-6: Scientist STEM K-3: Sport Club	19 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Scientist Club 4-6: Sport Club	20 Power Hour Social Emotional Learning: Positive Action (B) K-3: Telling Yourself the Truth Using Social/Emotional Positive Actions 4-6: The Right Name Clubs 4-6: Scientist STEM K-3: Sport Club	21 AFTERSCHOOL CLUB CLOSED — Staff Training Day
Learning Self-Honesty	24 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Scientist Club 4-6: Sport Club	25 Power Hour Social Emotional Learning: Positive Action (P) K-3: Telling Yourself the Truth Using Social/Emotional Positive Actions 4-6: Telling Yourself the Truth On-Purpose Clubs 4-6: Scientist STEM K-3: Sport Club	26 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Scientist Club 4-6: Sport Club	27 Power Hour Social Emotional Learning: Positive Action (B) K-3: Telling Yourself the Truth Using Social/Emotional Positive Actions 4-6: Your Bravest, Truest Self Clubs 4-6: Scientist STEM K-3: Sport Club	28 Fun Friday Career and College Life Skills Physical, Creative, & STEM Rotations Gratitude

Daily Schedule (Monday & Wednesday)	Daily Schedule (Tuesday & Thursday)	Daily Schedule (Friday)
2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 Emotion Explorers: Building Your Emotional Toolkit (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 Emotion Explorers: Building Your Emotional Toolkit (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 Social Emotional Learning: Positive Action (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 Social Emotional Learning: Positive Action (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-3:00 Recess 3:05- 3:15 Circle-up 3:15-4:15 Career and College Life Skills (K-3) & Enrichment Rotations (4-6) 4:20-5:20 Career and College Life Skills (4-6) & Enrichment Rotations (K-3) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out



Contact Info

Maya Santa María

Site Coordinator

Email: bonneville@bgcutah.org

Phone: 801-372-5461

Program Address: 1245 N 800 W Orem, Utah 84057



BOYS & GIRLS CLUBS
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Bonneville Afterschool Program 2024-2025

February Club & Activity Details

Message to Parents: Happy February! This month we are continuing our new curricula: 📚 **Building Your Emotional Toolkit:** Through creative and interactive sessions, students will develop tools for managing emotions, boosting resilience, and practicing mindfulness. And 🎓 **Career & College Readiness Fun:** From exploring future careers to learning practical life skills, students will gain confidence and dream big about their futures. We also have a sports club! We're excited to make this semester meaningful, educational, and full of fun for every child. Thank you for trusting us to be a part of your child's learning journey—we look forward to an amazing start to 2025!

Future Builders: Career and College Life Skills - Prepare for the future while having fun in Future Builders Club, a Friday after school program designed to introduce students ages 5-12 to the exciting world of careers and essential life skills. Through engaging, hands-on activities, students will explore their interests, develop important skills, and learn about the many possibilities that await them in the future. **Future Builders Club** is a dynamic and age-appropriate way to introduce young learners to the idea of building a bright future. By fostering curiosity, confidence, and critical thinking, we aim to inspire every student to dream big and achieve their goals! This will run each Friday we have after school!

Social-Emotional Learning -- The **Positive Action** curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. **Emotion Explorers: Building Your Emotional Toolkit** is a set of lessons built by our Site coordinator. It is a fun and supportive Monday and Wednesday program designed to help students ages 5-12 develop self-efficacy and emotional wellness. Through engaging activities, students will learn to recognize, understand, and manage their emotions while building essential tools for resilience and confidence.

Power Hour - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLAs), and participating in our reading and math programs. Our goal is to reduce missing assignments by collaborating with school-day teachers and ensuring that students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLAs, along with our reading and math programs, to further enhance their overall knowledge and skills in these important subjects. This is completed Monday-Thursday for 45 minutes!

Sports Club - Discover the exciting world of sports in the All-Star Sports Club! Designed for kids ages 5-12, this club introduces a variety of sports like soccer, basketball, tennis, and more through fun, hands-on activities and games. Participants will build teamwork, improve coordination, and learn the basics of different sports in a supportive and energetic environment. Whether you're a beginner or a budding athlete, this club is perfect for making friends, staying active, and discovering your favorite sport! Students in grades K-3 will join the club on Tuesdays and Thursdays, while those in grades 4-6 will participate on Mondays and Wednesdays.

Scientist Club - Join the Junior Scientists STEM Club, where kids ages 5-12 explore the exciting world of science, technology, engineering, and math through hands-on experiments and activities! Guided by our engaging STEM curriculum, young scientists will investigate topics like chemistry, robotics, physics, and coding, while developing critical thinking and problem-solving skills. From building models to conducting experiments, this club inspires curiosity, creativity, and a love for discovery in every budding scientist! Students in grades K-3 will join the club on Mondays and Wednesdays, while those in grades 4-6 will participate on Tuesdays and Thursdays.



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