

# February 2025 Belknap

650 E. 510 N. Beaver Utah



**BOYS & GIRLS CLUBS**  
OF BEAVER COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Higher Order Thinking

Happy  
Birthday



Hagen 18th  
Oden 20th

**UPCOMING EVENTS**  
Create Better Health

**CLUB CLOSED**

President's Day 17th  
No Program 20th & 25th



## CONTACT INFORMATION

**Site Coordinator:** Chloe Wood  
**Email:** [chloe.wood@bgcutah.org](mailto:chloe.wood@bgcutah.org)  
801-372-4887  
[chloe.wood@bgcutah.org](mailto:chloe.wood@bgcutah.org)

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

Get To Know

*Courtney Wade*



Courtney started at Boys and Girls Club last November and has loved working with the youth. She loves interacting and getting to know all of the youths individual strengths and talents. When she's not at Boys and Girls Club she's working her other job as a nail tech. She loves nails and all things art and uses her knowledge in art to teach the kids. She just got engaged and she loves to be doing anything outdoors. Fishing, hiking, camping and being in nature. She loves tacos and Diet Coke. She's so excited for the rest of the year!

## Project Learn

The main focus of power hour will be to help members complete homework and school assignments  
M-TH 4:30-5:00

## STEM Labs

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all  
Wednesday 3:30-4:30

## Enrichment

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and active activities  
M-TH 3:30-4:30

## Social Emotional Learning (Prevention & Behavior)

Leader In Me and SMART Moves curriculum focus on providing youth with important social-emotional skills. All Social Emotional Learning skills are taught through daily lessons and integrated throughout the rest of the program.  
M-TH 3:30-4:30



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# Belknap AfterSchool Program 2024-2025

# February



**BOYS & GIRLS CLUBS  
OF BEAVER COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	27	28	29	30	31
Critical Thinking	3 Power Hour Leader in me (p) Invent-a-Game Club 🎮	4 Power Hour Create Better Health 🥗	5 Power Hour STEM Club! 🧪 <b>STUDENT SPOTLIGHT</b>	6 Fire Drill Power Hour Leader in me (b) Passport to Language 🌐	7
Problem Solving	10 Power Hour Leader in me (p) Invent-a-Game Club 🎮	11 Power Hour Leader in me (p) Exercise Club 🏃	12 Power Hour STEM Club! 🧪 <b>STUDENT SPOTLIGHT</b>	13 Disaster Drill Power Hour Valentines Celebration ♥	14 <i>Valentines Day</i> ♥
Metacognition	17 President's Day No School <b>No Program</b>	18 Power Hour Leader in me (p) Exercise Club 🏃	19 Power Hour STEM Club! 🧪 <b>STUDENT SPOTLIGHT</b>	20 <b>No Program</b>	21
Brainteasers	24 Power Hour Leader in me (p) Invent-a-Game Club 🎮	25 <b>No Program</b>	26 Power Hour STEM Club! 🧪 <b>STUDENT SPOTLIGHT</b>	27 Power Hour Leader in me (b) Passport to Language 🌐	28

### Daily Schedule

- 2:30 - Super Snack
- 3:00 - Brain Break/Club Fun!
- 3:30 - Social Emotional Learning - Leader In Me/Social Emotional Learning - Smart Moves/STEM Club
- 4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)
- 5:00 - Club Fun, Reflection and Clean Up
- 5:30 - End of Program

### Contact Info

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Site Coordinator: Chloe Wood  
Email: [chloe.wood@bgcutah.org](mailto:chloe.wood@bgcutah.org)  
Phone: 1-801-372-4887

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# February Club & Activity Details

## Message to Parents

We are so excited for the fun activities we have planned for February! We look forward to continuing to build relationships with the youth, teach them new skills that can help them in the future, and watch them grow into future leaders!

## Our Core Promise

To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

## Social Emotional Learning:

**Leader In Me-** Social Emotional Learning Curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. This program is run Monday through Thursday

## Academic Support:

**Power Hour:** The main focus of power hour will be to help youth complete homework assignments, work on HYLEA activities and their book in a bag. Our goal is to help youth reduce missing assignments by aligning with school teachers, and working on daily assignments at programs to allow family time at home. If you know what homework your student should be working on, please let us know and we will do our best to assist them! We do power hour Monday-Thursday.

**STEM Club-** Provide hands-on learning experiences in Science, Technology, Engineering, and Mathematics. Students engage in projects like building simple circuits, constructing bridges, coding with beginner-friendly software, and conducting science experiments. These activities are designed to be interactive and fun, helping kids develop problem-solving skills, creativity, and a strong foundation in STEM concepts while encouraging teamwork and curiosity about the world around them.

**Create Better Health Club-** Allie Bradshaw from our local USU Extension Office will be joining us multiple times this month to lead the Create Better Health Club. This program is designed to help participants develop healthier eating habits and adopt an active lifestyle, with a particular focus on the benefits of dairy and protein. Dairy products are rich in essential nutrients like calcium and vitamin D, which are key for strong bones, while protein plays an important role in muscle repair, tissue building, and helping you feel full longer. Throughout the program, participants will receive guidance on choosing a variety of high-quality dairy and protein options, enabling them to make well-informed decisions about their diet.

**Passport to Language-** An exciting journey where kids explore the world through language and culture, all from the comfort of their own school! Each month, we “travel” to a new country, learning not only about its culture, landmarks, and traditions, but also picking up key words and phrases in the local language. Through fun crafts, games, and activities, members earn stamps in their “passports” as they explore new languages and discover the beauty of communication across the globe. Ready to start your language adventure? Let’s go!

**Invent-a-Game Club-** Welcome to **Invent-a-Game Club**, where creativity, strategy, and fun come together! In this club, you’ll become a board game designer, creating your very own unique board games to play with friends and family at home. Over the course of our sessions, we’ll dive into the exciting world of game-making, exploring the essential elements that make a board game fun and engaging, while using our imaginations to bring our ideas to life!

**Exercise Club-** In the Exercise Club, we combine yoga, exciting exercises, and fun obstacle courses to keep you moving and having a great time! Each session is all about trying new things, improving your strength and flexibility, and challenging yourself through cool activities. Whether you're stretching in yoga, racing through our obstacle courses, or learning new exercises, it's the perfect way to stay active and have fun!

