

February 2025

# Westmore Elementary

1150 S. Main St. Orem, UT 84058 (801) 372-5618



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self Accountability

Happy Birthday



Beautiful, Brigham, Cole, Guillermo, Julián, Kimberly (Miliany), MaKenzie, Nathaniel, Scarlett, Zachary

## UPCOMING EVENTS

See below

## CLUB CLOSED

February 7th-Teacher Work Day  
February 17th-Presidents Day  
February 21st-Staff Training Day



### Get To Know Our Program Manager Lizbeity Monroy:



My name is Lizbeity. This is my 3rd school year at Westmore Elementary. I grew up going to Boys and Girls Club myself. I enjoy painting memes and enjoy boxing in my free time!

### CONTACT INFORMATION

**Mikilani Willing**  
Site Director  
Phone: 801-372-5618  
Email: westmore@bgcutah.org

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities.

### STEM Labs

Monday & Wednesday Gr 3-6  
Tuesday & Thursday Gr K-2  
Friday choice rotation all grades  
We will be having fun interactive STEM activities that will focus on this Winter season.

### Enrichment

Daily

Enrichment clubs are to further enrich and broaden our members' experiences by offering Physical and Creative club activities.

### Social Emotional Learning (Prevention & Behavior)

Monday-Thursday

This month we will talk about learning self awareness through recognizing our talents, thinking before acting, and looking at our big feelings.



[www.facebook.com/bgcutah](http://www.facebook.com/bgcutah)



[www.instagram.com/bgcutah](http://www.instagram.com/bgcutah)



Utah State Board of Education



# Westmore Elementary Afterschool Program 2024-2025

# February



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Mid-Surveys	3 <b>Social Emotional Learning: K-2</b> Headbands/Heads Up (P) <b>STEM: 3-6</b> Anatomy Matching Game <b>Clubs:</b> Physical-Learning a Workout & Bracelet making club	4 <b>Social Emotional Learning: 3-6</b> Headbands/Heads Up (P) <b>STEM: K-2</b> Anatomy Matching Game <b>Power Hour</b> <b>Enrichment:</b> Workout Station Rotation & HYLEA	5 <b>FIRE DRILL</b> <b>Social Emotional Learning: 3-6</b> Darby Town (B) <b>STEM: K-2</b> Paper Clip Chain Challenge <b>Clubs:</b> Workout Relay Race & Bracelet making club	6 <b>Social Emotional Learning: K-2</b> Darby Town (B) <b>STEM: 3-6</b> Paper Clip Chain Challenge <b>Power Hour</b> <b>Enrichment:</b> Workout Station Rotation & HYLEA	7 <b>NO CLUB TEACHER WORK DAY</b>
TAKING OWNERSHIP	10 <b>Social Emotional Learning: K-2</b> Saying good things (P) <b>STEM: 3-6</b> Q-Tip Skeleton <b>Clubs:</b> Bean Mosaics & Basketball	11 <b>Social Emotional Learning: 3-6</b> Saying good things (P) <b>STEM: K-2</b> Q-Tip Skeleton <b>Power Hour</b> <b>Enrichment:</b> Homemade Crafts & HYLEA	12 <b>Social Emotional Learning: K-2</b> Doing your part (B) <b>STEM: 3-6</b> Spaghetti Bridges <b>Clubs:</b> Bean Mosaics & Basketball	13 <b>Social Emotional Learning: 3-6</b> Saying good things (P) <b>STEM: K-2</b> Spaghetti Bridges <b>Power Hour</b> <b>Enrichment:</b> Homemade Crafts & HYLEA	14 <b>FUN FRIDAY</b> <b>Social Emotional Learning/Clubs/STEM:</b> Making Bracelets & Skeletal System Bone Strength Test
BEING INTENTIONAL	17 <b>NO CLUB PRESIDENTS DAY</b>	18 <b>Social Emotional Learning: 3-6</b> Saying thank you (P) <b>STEM: K-2</b> Bouncy Egg Experiment <b>Power Hour</b> <b>Enrichment:</b> Workout Station Rotation & HYLEA	19 <b>Social Emotional Learning: K-2</b> Saying thank you (P) <b>STEM: 3-6</b> Homemade Bubbles <b>Clubs:</b> Workout Relay Race & Origami	20 <b>Social Emotional Learning: 3-6</b> The right name (B) <b>STEM: K-2</b> Homemade Bubbles <b>Power Hour</b> <b>Enrichment:</b> Workout Station Rotation & HYLEA	21 <b>NO CLUB STAFF TRAINING DAY</b>
LEARNING SELF-HONESTY	24 <b>Social Emotional Learning: K-2</b> Doing your part (B) <b>STEM: 3-6</b> Skin Layer Cake <b>Clubs:</b> Bean Mosaics & Basketball Drills	25 <b>Social Emotional Learning: 3-6</b> Saying thank you (P) <b>STEM: K-2</b> Skin Layer Cake <b>Power Hour</b> <b>Enrichment:</b> Homemade Crafts & HYLEA	26 <b>Social Emotional Learning: K-2</b> Doing your part (B) <b>STEM: 3-6</b> Penny Drop Challenge <b>Clubs:</b> Bean Mosaics & Basketball Drills	27 <b>Social Emotional Learning: 3-6</b> Saying thank you (P) <b>STEM: K-2</b> Penny Drop Challenge <b>Power Hour</b> <b>Enrichment:</b> Homemade Crafts & HYLEA	28 <b>FUN FRIDAY</b> <b>Social Emotional Learning/Clubs/STEM:</b> Skin Sensory Test & Making Origami

Daily Schedule		
Monday & Wednesday	Tuesday & Thursday	Friday
3:30 - 3:45 Check in, Snack 3:45 - 3:55 Circle Up 4:00 - 4:30 Social Emotional Learning Gr K-2 STEM Gr 3-6 4:35 - 5:25 Clubs: Creative & Physical 5:15 - 5:30 Clean Up & Dismissal	3:30 - 3:45 Check in, Snack 3:45 - 3:55 Circle Up 4:00 - 4:30 Social Emotional Learning Gr 3-6 STEM Gr K-2 4:35 - 5:25 Project Learn: HYLAs/Power Hour & Enrichment Centers 5:15 - 5:30 Clean Up & Dismissal	3:30 - 3:45 Check in, Snack 3:45 - 3:55 Circle Up 4:00 - 4:30 SMART Moves - all ages 4:35 - 5:25 Rotations - Creative - Physical - STEM 5:15 - 5:30 Clean Up & Dismissal

Contact Info
Mikilani Willing <i>Site Director</i> Email: westmore@bgcutah.org Phone: 801-372-5618
Program Address: 1150 S. Main St. Orem, UT 84058



[www.facebook.com/bgcutah](http://www.facebook.com/bgcutah)



[www.instagram.com/bgcutah](http://www.instagram.com/bgcutah)



Utah State Board of Education



## February Club & Activity Details

### Message to Parents:

Hi Parents & Guardians,

We have some exciting activities planned for this month. We have some fun Clubs that we are offering the students this month and hope that they can join us.

Please also note the days that Club will be closed-7th, 17th, & 21st.

### Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The February theme is taking ownership, being intentional, and learning self honesty.

**Power Hour** - The main focus of power hour will be to help youth complete homework assignments and work on reading and math skills. We are aligning with Westmore Elementary's goals and hope to help our students meet their literacy and mathematics goals.

**STEM:** Youth will have the opportunity to participate in a new experiment every Tuesday, Thursday and Friday! Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments. We will be having different challenges using paper clips and Q-tips. We will also be making spaghetti bridges and homemade bubbles.

**Physical Club:** Basketball Club-The students will be learning the different skills and drills of basketball.

Astronomy Filmmaking-The students will be making videos about astronomy.

**Creative Club:** Bracelet making Club-The students will be learning how to make different kinds of bracelets using different knot tying.

Sewing Club-The students will be learning the basics of sewing.

Astronomy-The students will be learning about the planets, stars, and space.

**STEM Club** - We will be using our tech and math skills as we learn more about our skin, skeletons, and trying out new experiments.

