

January 2025

Washington

300 N 300 E, Washington, UT 84770 | 801-372-5776



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

Get To Know



My name is Kaylee Boone & I am the Social Emotional Learning (SEL) Coordinator for BGC of Southern Utah & Utah County! I get to visit over 30 programs and observe the great work all of our club members and staff are doing. I've been with the Boys & Girls Club for 3 years and love learning about and meeting each of our club members! Thanks for being a part of our club.

CONTACT INFORMATION

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Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday 4:40 - 5:25

We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

STEM Labs

Fridays 1:15 - 1:45 & 3:20-5:00 rotations

This month our theme is "I wanna rock!". We will explore the matter that makes up the earth. We will also be exploring dinosaurs and fossils.

Enrichment

Monday & Wednesday 4:10 - 4:40

We are offering a Back to the Future Club or Bowling Club this month. This gives everyone a chance to develop a new skill, have fun with others, and let their creativity run wild.

Social Emotional Learning (Prevention & Behavior)

Tuesdays & Thursdays 4:10 - 4:40

We are teaching "Positive Action" and "Self-Awareness" curriculum which enables Club Members to learn about their emotions and how to cope with difficult feelings.

Happy
Birthday



Keahi (Jan. 14th)
Arianny (Jan. 6th)

UPCOMING EVENTS

No upcoming events

CLUB CLOSED

January 3rd (Teacher Prep Day)
January 20th (Martin Luther King Jr. Day)



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Utah State Board of Education



Washington Afterschool Program 2024-2025

HELLO
january



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1 No Club	2 No Club	3 No Club
Gratitude and Frustration	6 Power Hour Back to the Future Club Basketball Club Group Game	7 Power Hour Social Emotional Learning (P): Grade 5 Manual: Lesson 64 "Thank you! Thank you! Thank you!" Grade 2 Manual: Lesson 72 "Getting Along With Others Using Social / Emotional Positive Actions" Fire Drill	8 Power Hour Back to the Future Club Basketball Club Group Game	9 Power Hour Social Emotional Learning (B): Grade 5 Manual: Lesson 66 "Frustration, Smustration!" Grade 2 Manual: Lesson 73 "Getting Along With Others Using Social / Emotional Positive Actions"	10 Fun Friday STEM Club (x2) Creative Club Physical Club Group Game
The Golden Rule	13 Power Hour Back to the Future Club Basketball Club Group Game	14 Power Hour Social Emotional Learning (P): Grade 5 Manual: Lesson 70 "Treating Others the Way We Want to Be Treated" Grade 2 Manual: Lesson 75 "Getting Along With Others Using Social / Emotional Positive Actions"	15 Power Hour Back to the Future Club Basketball Club Group Game	16 Power Hour Social Emotional Learning (B): Grade 5 Manual: Lesson 71 "The Code" Grade 2 Manual: Lesson 76 & 79 "Getting Along With Others Using Social / Emotional Positive Actions"	17 Fun Friday STEM Club (x2) Creative Club Physical Club Group Game
Respect	20 No Club	21 Power Hour Social Emotional Learning (P): Grade 5 Manual: Lesson 73 "Your Code" Grade 2 Manual: Lesson 80 & 81 "Getting Along With Others Using Social / Emotional Positive Actions"	22 Power Hour Back to the Future Club Basketball Club Group Game	23 Power Hour Social Emotional Learning (B): Grade 5 Manual: Lesson 74 "Respecting Me, Respecting You" Grade 2 Manual: Lesson 82 "Getting Along With Others Using Social / Emotional Positive Actions"	24 Fun Friday STEM Club (x2) Creative Club Physical Club Group Game
Friendship and Connection	27 Power Hour Back to the Future Club Basketball Club Group Game	28 Power Hour Social Emotional Learning (P): Grade 5 Manual: Lesson 75 "Be My Friend" Grade 2 Manual: Lesson 83 "Getting Along With Others Using Social / Emotional Positive Actions"	29 Power Hour Back to the Future Club B Club Group Game	30 Power Hour Social Emotional Learning (B): Grade 5 Manual: Lesson 76 "What We Understand" Grade 2 Manual: Lesson 84 "Getting Along With Others Using Social / Emotional Positive Actions"	31 Fun Friday STEM Club (x2) Creative Club Physical Club Group Game

Daily Schedule	
<p>Monday - Thursday</p> <p>3:30 - 3:50 Check-in, Snack, Feelings check-in, Pulse Checks 3:50 - 4:10 Energy Boost 4:10 - 4:40 Social Emotional Learning (Positive Action) or Enrichment Clubs 4:40 - 5:25 Power Hour (Homework Help/Academic Enrichment) 5:25 - 5:30 Group game 5:30 - 5:40 Pass out PM Snack/Parent Pick-up</p>	<p>Friday</p> <p>12:00 - 12:15 Check-in 12:15 - 1:00 Energy Boost 1:00 - 1:45 Social Emotional Learning (Smart Moves) 1:45 - 2:05 Super Snack/Feelings check-in 2:05 - 2:50 STEM Club 2:50 - 3:20 Fun Friday 3:20 - 5:10 Creative/Physical/STEM Club Rotations 5:10 - 5:30 Gratitude/Group Game/ Pass out PM Snack 5:30 - 5:40 Parent Pick-up</p>

Contact Info
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January Club & Activity Details

Message to Parents:

Hello parents and families, happy 2025! It feels like just yesterday when we were stepping into 2024. The cold weather is here to stay, so we wanted to remind you to make sure that your child(ren) has coats and jackets with them. We will be conducting our monthly fire drill on **January 7th** during program hours. Thank you for the opportunity to serve your child(ren) through enriching learning, activities, and fun.

STEM Club - This month's theme is "I wanna rock!" Much different than the 80's rock song that we all know. The club members will be exploring the world through geology and geomorphology. We will look at the matter that makes up the rock that we call home, and explore the world of dinosaurs and fossils.

Back to the Future Club - Have you ever thought about what it would be like to sit down and have dinner with the first human on Earth or run around with your favorite dinosaur? This month, the club members will be able to learn and explore the times of the past. They will be able to create their very own time machine, and use it to travel to a time era of their choosing. They will also learn about different civilizations and venture into the ice age. This will allow the club members to learn through enriching and fun experiences.

Bowling Club: We have many club members that have a strong competitive spirit! Bowling Club will give them the chance to compete, while allowing them to learn to root for others. They will learn the basic rules of bowling, how to score, strategies to use as well as how to win. This club will build confidence, discipline, active listening, communication and creativity.

Social Emotional Learning (Positive Action/SMART Moves) - Curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. This month we are focusing on physical and intellectual health. SMART Moves is another curriculum we use to help club members past their social awkwardness and allow them to express themselves in larger groups.

Project Learn - This is dedicated time to cover school related topics, homework or read. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. We are also starting a read aloud group on Fridays, where a staff member will read to the youth, and we will watch the movie/show that correlates to the book on the last Friday of the month. We often work with the teachers to make sure that we are meeting the needs of students as a class and as individuals.

Fun Friday: This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers. We will also be doing a read aloud time where the Club Members could wind down, relax and listen to a staff member read "The Wild Robot". Upon completion of the book, we would watch the film together as a group.

Creative, Physical, STEM Clubs: These are our rotations where we split Club Members up into smaller groups so that they can experience doing some of our fun activities. Creative Club usually will be an activity where the students have contributed to a creative jar with ideas like friendship bracelets, boondoggle keychains, rock painting, suncatchers, slime.etc. Physical Club is where we go do something outside! If the weather permits we can go on nature walks, play basketball or treasure hunt. STEM Clubs on Fridays are generally the most fun because that's where we make a lot of the messy stuff! Our staff spends a little time each week visualizing what it was like to be between the ages of 6-12 and try to remember our curiosities and what we wanted to learn about, then we do it! And of course we solicit our Club Members about what interests them almost constantly to ensure we are meeting their curiosity needs as well.

