

February 2025

Washington

Address: 300 N 300 E, Washington, UT 84770 | Phone: 801-372-5776



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Getting Along with Others

Happy Birthday



Sofia M.
Braileeanna S.
Melissa G.
Ho'ikeana M.

UPCOMING EVENTS

No upcoming events

CLUB CLOSED

February 7th
Closed for the Holiday on the 17th
Closed on the 18th for teacher prep day



Get To Know

Meet our New Site Coordinator



Hi! My name is **Alexis Hatch**. I am the new Site Coordinator for Washington Elementary! I have a Bachelor's Degree in Sociology and am also a Registered Behavior Technician! I help coach two 7 Elite soccer teams! I love to travel! When I am not working I enjoy hanging out outside and spending time with friends and family!

CONTACT INFORMATION

Alexis Hatch
Site Coordinator
Phone: 801-372-5776
Email: alexis.hatch@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday 4:40 - 5:25

We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

STEM Labs

Fridays 1:15 - 1:45 & 3:20-5:00 rotations

For the month of February the STEM theme will be **CHEMICAL REACTIONS!** The students will have the opportunity to learn about how molecules and chemicals can react to certain substances and create explosions. These exciting lessons will include invisible ink writing, lemon volcanoes, and foaming elephant's toothpaste. Throughout these lessons the kids can use their creativity and experimentation to put their knowledge about science to the test, and have a fun time doing it.

Enrichment

Monday & Wednesday 4:10 - 4:40

This month clubs consist of bowling and no bake cooking club. Bowling Club: They will learn the basic rules of bowling, how to score, strategies to use as well as how to win. This club will build confidence, discipline, active listening, communication and creativity. No bake cooking Club: We will learn to make a few items that don't require the oven or stove and give club members a chance to make some things that are safe and fun to eat while enabling them to gain some independence in the kitchen.

Social Emotional Learning (Prevention & Behavior)

Tuesdays & Thursdays 4:10 - 4:40

We are teaching "Positive Action" and "Self-Awareness" curriculum which enables Club Members to learn about their emotions and how to cope with difficult feelings.



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Utah State Board of Education



Washington Afterschool Program 2024-2025

February



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Friendship and Connection	27 Power Hour Back to the Future Club When I Grow Up Club Group Game	28 Power Hour Social Emotional Learning (P): Grade 5 Manual: Lesson 75 "Be My Friend" Grade 2 Manual: Lesson 83 "Getting Along With Others Using Social / Emotional Positive Actions"	29 Power Hour Back to the Future Club When I Grow Up Club Group Game	30 Power Hour Social Emotional Learning (B): Grade 5 Manual: Lesson 76 "What We Understand" Grade 2 Manual: Lesson 84 "Getting Along With Others Using Social / Emotional Positive Actions"	31 Fun Friday STEM Club (x2) Creative Club Physical Club Group Game
Mid-Surveys	3 Power Hour Bowling Club No bake cooking Club Group Game	4 Fire Drill Power Hour Mid-Survey	5 Power Hour Bowling Club No bake cooking Club Group Game	6 Power Hour Mid-Survey	7 No Program
Taking Ownership	10 Power Hour Bowling Club No bake cooking Club Group Game	11 Power Hour (P): Grade 5 Manual: Lesson 79 "Saying Good Things" Grade 2 Manual: Lesson 86 "Getting Along With Others Using Social/Emotional Positive Actions"	12 Power Hour Bowling Club No bake cooking Club Group Game	13 Power Hour (B) Grade 5 Manual: Lesson 80 "Doing Your Part" Grade 2 Manual: Lesson 93 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	14 Fun Friday STEM Club (x2) Creative Club Physical Club Group Game
Being Intentional	17 No Program	18 No Program	19 Power Hour (P): Grade 5 Manual: Lesson 81 "Saying Thank You" Grade 2 Manual: Lesson 94 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	20 Power Hour (B): Grade 5 Manual: Lesson 83 "The Right Name" Grade 2 Manual: Lesson 95 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	21 Fun Friday STEM Club (x2) Creative Club Physical Club Group Game
Learning Self-Honesty	24 Power Hour Bowling Club No bake cooking Club Group Game	25 Power Hour (P): Grade 5 Manual: Lesson 90 "Telling Yourself the Truth--On Purpose" Grade 2 Manual: Lesson 96 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	26 Power Hour Bowling Club No bake cooking Club Group Game	27 Power Hour (B): Grade 5 Manual: Lesson 92 "Your Bravest, Truest Self" Grade 2 Manual: Lesson 98 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	28 Fun Friday STEM Club (x2) Creative Club Physical Club Group Game

Monday - Thursday	Friday
3:30 - 3:50 Check-in, Snack, Feelings check-in, Pulse Checks 3:50 - 4:10 Energy Boost 4:10 - 4:40 Social Emotional Learning (Positive Action) or Enrichment Clubs 4:40 - 5:25 Power Hour (Homework Help/Academic Enrichment) 5:25 - 5:30 Group game 5:30 - 5:40 Pass out PM Snack/Parent Pick-up	12:00 - 12:15 Check-in 12:15 - 1:00 Energy Boost 1:00 - 1:45 Social Emotional Learning (Smart Moves) 1:45 - 2:05 Super Snack/Feelings check-in 2:05 - 2:50 STEM Club 2:50 - 3:20 Fun Friday 3:20 - 5:10 Creative/Physical/STEM Club Rotations 5:10 - 5:30 Gratitude/Group Game/ Pass out PM Snack 5:30 - 5:40 Parent Pick-up

Contact Info
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Utah State Board of Education



February Club & Activity Details

Message to Parents:

Hello parents and families, the cold weather is here to stay, so we wanted to remind you to make sure that your child(ren) has coats and jackets with them. We will be conducting our monthly fire drill on February 4th during program hours. I just wanted to reach out and let you know that we won't answer the phone outside of these **MON-THURS: 3:00-6 and FRI: 11:30-6**. If you need an immediate response please email me or Erin (erin.braithwaite@bgcutah.org) and I will do my best to respond quickly. Thank you for the opportunity to serve your child(ren) through enriching learning, activities, and fun.

Bowling Club: We have many club members that have a strong competitive spirit! Bowling Club will give them the chance to compete, while allowing them to learn to root for others. They will learn the basic rules of bowling, how to score, strategies to use as well as how to win. This club will build confidence, discipline, active listening, communication and creativity.

No bake cooking Club: We will be discussing and practicing kitchen safety such as cleanliness and proper handling of kitchen utensils. We will learn to make a few items that don't require the oven or stove and give club members a chance to make some things that are safe and fun to eat while enabling them to gain some independence in the kitchen.

Social Emotional Learning (Positive Action/SMART Moves): Curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. This month we are focusing on physical and intellectual health. SMART Moves is another curriculum we use to help club members past their social awkwardness and allow them to express themselves in larger groups.

Project Learn: This is dedicated time to cover school related topics, homework or read. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. We are also starting a read aloud group on Fridays, where a staff member will read to the youth, and we will watch the movie/show that correlates to the book on the last Friday of the month. We often work with the teachers to make sure that we are meeting the needs of students as a class and as individuals.

CHEMICAL REACTIONS: For the month of February the STEM theme will be CHEMICAL REACTIONS! The students will have the opportunity to learn about how molecules and chemicals can react to certain substances and create explosions. These exciting lessons will include invisible ink writing, lemon volcanoes, and foaming elephant's toothpaste. Throughout these lessons the kids can use their creativity and experimentation to put their knowledge about science to the test, and have a fun time doing it.

Creative, Physical, STEM Clubs: These are our rotations where we split Club Members up into smaller groups so that they can experience doing some of our fun activities. **Creative Club** usually will be an activity where the students have contributed to a creative jar with ideas like friendship bracelets, boondoggle keychains, rock painting, suncatchers, slime.etc. **Physical Club** is where we go do something outside! If the weather permits we can go on nature walks, play basketball or treasure hunt. **STEM Clubs** on Fridays are generally the most fun because that's where we make a lot of the messy stuff! Our staff spends a little time each week visualizing what it was like to be between the ages of 6-12 and try to remember our curiosities and what we wanted to learn about, then we do it! And of course we solicit our Club Members about what interests them almost constantly to ensure we are meeting their curiosity needs as well.

Fun Friday: This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers. We will also be doing a read aloud time where the Club Members could wind down, relax and listen to a staff member read "The Wild Robot". Upon completion of the book, we would watch the film together as a group.

