

February 2025

# Walden Middle

4230 N University Ave, Provo, UT 84604



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self-Management

Happy Birthday



Paisley - Feb 23rd

## UPCOMING EVENTS

NA

## CLUB CLOSED

Fri Feb 7th

Mon Feb 17th for President's Day

Fri Feb 21st - Staff Training Day



### CONTACT INFORMATION

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### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

Project Learn or "Power Hour/Homework Help" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

### STEM Labs

We offer a variety of clubs focused on building skills in science, technology, engineering, and math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving. These hands-on experiences not only enhance their understanding of STEM concepts but also inspire a lifelong passion for learning and discovery.

### Enrichment

Students are given the opportunity to explore and learn a diverse range of skills through various engaging activities. These activities are carefully designed to foster creativity, critical thinking, and collaboration, ensuring that each student can discover and develop their unique talents. From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences. This holistic approach helps students gain confidence, enhance their problem-solving abilities, and build essential life skills that will serve them well in the future.

### Prevention & Education

Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

Every day, we will explore a variety of social and emotional topics using the Kid-Grit curriculum, fostering meaningful discussions and personal growth.



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Utah State Board of Education



| Social Emotional Learning Weekly Focus | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|--|---|--|--|--|--|
| Management Skills in Life              | 3<br>Project Learn<br>3D Printing Club<br>Games of Strategy: MTG + Chess<br>Arts+Crafts Club  | 4<br>Project Learn<br>Social Emotional Learning (P) - Lesson 79: Is life fair?<br>3D Printing Club<br>Dungeons and Dragons Club                | 5<br>Project Learn<br>3D Printing Club<br>Arts+Crafts Club<br>Dungeons and Dragons Club  | 6<br>Project Learn<br>Social Emotional Learning (B) - Lesson 82: Who do I respect?<br>3D Printing Club<br>Dungeons and Dragons Club<br><b>FIRE DRILL TODAY</b> | 7  |
| Self-Management                        | 10<br>Project Learn<br>3D Printing Club<br>Games of Strategy: MTG + Chess<br>Arts+Crafts Club | 11<br>Project Learn<br>Social Emotional Learning (P) - Mid Survey<br>3D Printing Club<br>Dungeons and Dragons Club                             | 12<br>Project Learn<br>3D Printing Club<br>Arts+Crafts Club<br>Dungeons and Dragons Club | 13<br>Project Learn<br>Social Emotional Learning (B) - Mid Survey<br>3D Printing Club<br>Dungeons and Dragons Club   | 14<br>Project Learn<br>3D Printing Club<br>Gaming Club<br>Games of Strategy: MTG + Chess |
| Managing Our Action                    | 17  | 18<br>Project Learn<br>Social Emotional Learning (P) - Lesson 85: Why cooperate, now or ever?<br>3D Printing Club<br>Dungeons and Dragons Club | 19<br>Project Learn<br>3D Printing Club<br>Arts+Crafts Club<br>Dungeons and Dragons Club | 20<br>Project Learn<br>Social Emotional Learning (B) - Lesson 88: What am I sending out?<br>3D Printing Club<br>Dungeons and Dragons Club                      | 21   |
|  | 24<br>Project Learn<br>3D Printing Club<br>Games of Strategy: MTG + Chess<br>Arts+Crafts Club | 25<br>Project Learn<br>Social Emotional Learning (P) - Lesson 89: How do I communicate in a more positive way?<br>Dungeons and Dragons Club    | 26<br>Project Learn<br>3D Printing Club<br>Arts+Crafts Club<br>Dungeons and Dragons Club | 27<br>Project Learn<br>Social Emotional Learning (B) - Lesson 91: How do I know what's real?<br>3D Printing Club<br>Dungeons and Dragons Club                  | 28<br>Project Learn<br>3D Printing Club<br>Gaming Club<br>Games of Strategy: MTG + Chess |

**Daily Schedule**

**Monday-Thursday Programming**

Transition Time 3:00pm-3:15  
 Social Emotional Learning - Positive Action (Tues + Thurs) 3:15 pm - 3:45 pm  
 STEM (Tues + Thurs) 3:45pm - 4:15pm  
 Project Learn (Homework Help/Tutoring) 3:15pm - 4:15pm  
 After School Clubs (MTG, DND, Crafts, Sports, etc) 4:15pm - 5:30pm

**Friday Programming**

Transition Time 12:45 pm - 1:00 pm  
 Project Learn 1:00pm - 2:00pm  
 After School Clubs 1:00pm - 5:30pm

**Contact Info**

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## February Club & Activity Details

**Project Learn/Homework Help:** Project Learn is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

**Dungeons & Dragons:** Dungeons & Dragons offers numerous educational benefits, including enhancing critical thinking, creativity, and problem-solving skills. It fosters teamwork and collaboration, improves communication and literacy, and reinforces numeracy skills. The game also helps develop social skills and empathy, builds persistence and resilience, and provides leadership and decision-making opportunities, especially for student Dungeon Masters. Overall, D&D is a powerful tool for holistic learning and personal development.

**Drama/Storytelling Club:** Joining Drama Club offers a multitude of educational benefits that extend far beyond the stage. Through the practice of acting, students enhance their public speaking and communication skills, gaining confidence and poise in front of an audience. The collaborative nature of theater fosters teamwork and social skills as students work together to create performances. Engaging in character development and script analysis sharpens critical thinking and empathy, allowing students to understand diverse perspectives and emotions. Additionally, Drama Club encourages creativity and problem-solving as students interpret and bring stories to life. The experience of rehearsals and performances also helps develop time management and organizational skills, preparing students for various challenges both academically and personally. Overall, Drama Club provides a dynamic platform for personal growth, creative expression, and essential life skills.

**Strategy Games - MTG and More!:** Do you enjoy the strategic excitement of tabletop games like Vast, Risk, or Catan but find the complex rules overwhelming? Join Games Club to immerse yourself in the world of tabletop gaming in a supportive and educational environment. Our club provides clear guidance on game mechanics and strategies, helping you develop critical thinking, strategic planning, and problem-solving skills. Whether you're a seasoned player or new to the game, Games Club offers a collaborative space to enjoy these intellectually stimulating games and enhance your understanding of game dynamics.

**Arts & Crafts:** Ready to get your creative juices flowing? Do you have ideas for fun arts and crafts that you'd like to bring to life? Come to Craft Club! In years past we've done a variety of activities including our Upcycling club and more! From making posters, creating collages, designing miniature model homes, or simply having a safe space to practice your art - we hope you'll join us for this exciting club!

**Sports:** Each week come and learn a new sport or game! We will take time to learn the rules and practice the technique to improve our ability at different sports such as basketball, ultimate frisbee, kickball, wiffle ball and more!

**Social Emotional Learning Positive Action and SMART:** Positive Action and SMART is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

