

February 2025

# Walden Elementary

4230 N University Ave, Provo UT (801) 372-8594



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is self-awareness and honesty.

Happy Birthday



Delilah-10  
Bentley-12  
Ernie-13  
Xavier-14  
Luke-19  
Roland-25

### UPCOMING EVENTS

'Walden Love's' Art Show  
February - 13

### CLUB CLOSED

February 17th-Presidents Day



### Get To Know

Miss Annie



**Annie Barlow joined us as a YDP last month; she loves soccer and card games, and is studying elementary education at UVU.**

### CONTACT INFORMATION

**Charlotte Tidwell**  
Site Coordinator  
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Email: [charlotte.tidwell@bgcutah.org](mailto:charlotte.tidwell@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

Daily

This month we are focusing on math facts for Power Hour. Math games and activities will be available every afternoon for club members to practice the basics so they can excel in class. Homework help is available for any subject.

### STEM Labs

Monday, Wednesday, and Friday

In February we will be enacting a mock space rescue, learning the engineering principles, designing and building rescue shuttles of our own!

### Enrichment

Daily

Clubs covering a wide range of interests are available throughout the month, from engineering elaborate marble runs, to studying bugs, to telling stories. There is something for every club member to get excited about, and nurture their growing skills.

### Social Emotional Learning (Prevention & Behavior)

Tuesdays and Thursdays

In February we will spend time looking at "Telling Yourself the Truth," in all the ways that shows up in our lives. We will practice separating thoughts and facts, and taking responsibility for our actions.



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# Walden Elementary Afterschool Program 2024-2025

# February



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	27	28	29	30	31
Surveys	3 Outdoor Explorers Power Hour STEM Lab Lego Maniacs/Crafty Critters	4 SEL Survey Power Hour Origami Dojo/Scribblers and Bards	5 <b>FIRE DRILL</b> Outdoor Explorers Power Hour STEM Lab Lego Club/ Nuts About Knitting	6 Recess SEL Survey Power Hour Origami Dojo/Scribblers and Bards	7 Sports Club Power Hour STEM Lab Builders Club Meditation
Having a Good Outlook	10 Outdoor Explorers Power Hour STEM Lab Lego Maniacs/Crafty Critters	11 SEL (P) "Getting Along with Others" Power Hour Origami Dojo/Scribblers and Bards	12 Outdoor Explorers Power Hour STEM Lab Lego Club/ Nuts About Knitting	13 Recess SEL (B) "Telling Yourself the Truth" Power Hour <b>"Walden Love's" Art Show</b>	14 Sports Club Power Hour STEM Lab Builders Club Meditation
Self Awareness	17 <b>NO CLUBS PRESIDENT'S DAY</b>	18 SEL (P) "Telling Yourself the Truth" Power Hour Origami Dojo/Scribblers and Bards	19 Outdoor Explorers Power Hour STEM Lab Lego Club/ Nuts About Knitting	20 Recess SEL (B) "Telling Yourself the Truth" Power Hour Origami Dojo/Scribblers and Bards	21 <b>NO CLUBS PROF DEVELOPMENT DAY</b>
Self Honesty	24 Outdoor Explorers Power Hour STEM Lab Lego Maniacs/Crafty Critters	25 SEL (P) "Telling Yourself the Truth" Power Hour Origami Dojo/Scribblers and Bards	26 Outdoor Explorers Power Hour STEM Lab Lego Club/ Nuts About Knitting	27 Recess SEL (B) "Telling Yourself the Truth" Power Hour Origami Dojo/Scribblers and Bards	28 Sports Club Power Hour STEM Lab Builders Club Meditation

Daily Schedule		
Monday & Wednesday	Tuesday & Thursday	Friday
<ul style="list-style-type: none"> <li>3:15-3:30 – Check In &amp; Snack</li> <li>3:30-4:00 – Recess</li> <li>4:00-4:30 – Power Hour</li> <li>4:30-5:00– STEM</li> <li>5:00-5:30 – Enrichment Clubs</li> </ul>	<ul style="list-style-type: none"> <li>3:15-3:30 – Check In &amp; Snack</li> <li>3:30-4:00 – Recess</li> <li>4:00-4:30 – Positive Action SEL</li> <li>4:30-5:00 – Power Hour</li> <li>5:00-5:30 – Enrichment Clubs</li> </ul>	<ul style="list-style-type: none"> <li>1:15-1:30 - Check In</li> <li>1:30-2:15 - Recess</li> <li>2:15-2:45 - STEM</li> <li>2:45-3:00 - Snack</li> <li>3:00-4:00 - Power Hour</li> <li>4:00-4:30 - Meditation</li> <li>4:30-5:30 - Enrichment Clubs</li> </ul>

Contact Info
Charlotte Tidwell Site Coordinator Email: Charlotte.tidwell@bgcutah.org Phone: 801-372-8594
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## February Club & Activity Details

### Message to Parents:

In February, we at the After School Club have decided to celebrate all the people, places and things that we love! Please Join us on February 13th for a special art show, featuring art from the first half of the school year that expresses all of our love. You will be able to take your child's art home with you after the show, so don't miss this chance to let your child shine.

**Outdoor Explorers-** Finding snail shells, rocks, seeds, and nuts, and learning about them helps our club members be more aware of the environment they live in, their place in it, and how we can take care of it. It empowers kids to become environmental stewards through engaging, hands-on projects focused on sustainability and conservation. Participants work on activities like specimen identification and nature conservation projects to learn about and protect the environment. The club fosters a sense of responsibility and creativity as kids explore ways to make a positive impact on their surroundings.

**Nuts for Knitting -** Club members learn the basics of this timeless craft through finger knitting simple chains, before moving on to work on a hat or scarf. This club helps them develop a fun, yet practical skill and get the practice they need to make items they can use, gift, and be proud of.

**Origami Dojo -** Learning the ancient art of paper folding from our own Origami Sensei (Mr. Nicholas) provides members with a meditative practice that helps develop creative discipline, focus and appreciation for Japanese culture, all while having fun creating something beautiful they can share.

**Scribblers and Bards -** This club encourages kids to explore their imaginations through creative writing and storytelling. Participants craft their own stories, whether through creating comics, picture books, or tales. and engage in fun writing exercises to develop their narrative skills. The club also provides opportunities for sharing their work with peers, fostering a love for storytelling and boosting confidence.

**Sports Club -** The Sports Club offers kids a chance to stay active and have fun by participating in a variety of sports and games. Through organized activities and friendly competition, they build teamwork, coordination, and physical fitness. The club promotes a positive, inclusive environment where kids can develop their athletic skills and enjoy the benefits of regular exercise.

**Crafty Critters -** Joining a fine arts club helps teens build essential skills. Focusing primarily on animal friends for subjects, we will explore various art forms like painting and sculpture, enhancing creativity, fine motor skills, and problem-solving. The club encourages patience, collaboration, and confidence, as teens refine their talents, work on group projects, and gain feedback on their artwork.

**Positive Action-** Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

**Lego Maniacs -** Exploring creativity and learning basic engineering skills all while feeling like play, Lego Club is a favorite with club members and leaders alike. We're very much hoping to expand our Lego collection this month, so even more creativity can blossom.

