# February 2025 Shoreline

1201 W 890 S, Provo, UT 84601 | (385) 505-2308

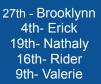


The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Communication





#### UPCOMING EVENTS

No upcoming events but subject to change





#### CONTACT INFORMATION

Genesis Collins- Site Coordinator Phone: (385) 505-2308 Email: genesis.collins@bgcutah.org

PARENT RESOURCES

Parent Handbook Membership Handbook

Project Learn Mon-Fri (3:00-3:40 pm)

Project Learn or "Power Hour" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

#### **STEM Labs**

Monday & Wednesday (4:00-4:40 pm) We offer a variety of clubs focused on building skills in science, technology, engineering, and math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving.

#### Enrichment

From hands-on projects and interactive workshops to team-building exercises, sports, and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences. By incorporating sports, we emphasize teamwork, resilience, and communication, giving students the chance to develop practical skills while having fun. This well-rounded approach ensures that students engage in both collaborative and independent learning, gaining valuable experience in real-world scenarios.

#### Social Emotional Learning (Prevention & Behavior)

Every day, we will explore a variety of social and emotional topics using the SMART and Positive Action curriculum, fostering meaningful discussions that encourage personal and interpersonal growth. Through engaging activities and reflections, students will develop key skills in self-awareness, empathy, decision-making, and relationship-building. Topics like emotional regulation, communication, and resilience will help students navigate challenges and build positive connections with others. This approach aims to create a supportive environment that nurtures emotional intelligence and strengthens peer relationships.







### SHORELINE After School Program 2024-2025





| 2024-2025   |   |   |  |   | OF UTAH COUNTY                                 |  |
|---|---|---|--|---|--|--|
| Social Emotional<br>Learning Weekly<br>Focus              | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |  |
|   | 27  | 28  | 29   | 30  | 31   |  |
| Mid-Surveys   | 3<br>STEM: Invisible ink<br>Art: Crochet<br>Sports: Open Gym            | 4<br>Positive Action<br>(P):Survey<br>Art: Painting Acrylic<br>Sports: Basketball &<br>Soccer   | 5<br>STEM: inertia<br>Art: Crochet<br>Sports: Open Gym   | 6<br>Positive Action<br>(B):Survey<br>Art: Painting Acrylic<br>Sports: Basketball &<br>Soccer                         | Art: Crochet<br>Sports: Open Gym<br>FIRE DRILL |  |
| Cooperation<br>and Positive<br>Communicati<br>on          | 10<br>STEM: Colors we<br>can't see<br>Art: Crochet<br>Sports: Open Gym  | 11<br>Positive Action<br>(P):Why Cooperate?<br>Now or Ever?<br>Art: Painting Acrylic<br>Sports: Basketball &<br>Soccer                                  | 12<br>STEM: Shrodingers<br>prize<br>Art: Crochet<br>Sports: Open Gym   | 13<br>Positive Action<br>(B):What Am I<br>Sending Out?<br>Art: Painting Acrylic<br>Sports: Basketball &<br>Soccer     | 14<br>Art: Crochet<br>Sports: Open Gym         |  |
| Communicati<br>on and<br>Self-Honesty                     | 17  | 18<br>Positive Action (P):<br>How Do I<br>Communicate In a<br>More Positive Way?<br>Art: Painting Acrylic<br>Sports: Basketball &<br>Soccer             | 19<br>STEM: Building<br>Skyscrapers<br>Art: Crochet<br>Sports: Open Gym  | 20<br>Positive Action<br>(B):How Do I Know<br>What's Real?<br>Art: Painting Acrylic<br>Sports: Basketball &<br>Soccer | 21<br>Closed for Staff                         |  |
| Practicing<br>Self-Awarene<br>ss                          | 24<br>STEM: Bullet train<br>science<br>Art: Crochet<br>Sports: Open Gym | 25<br>Positive Action (P):<br>How Do I Know<br>Where I'm Strong?<br>And Where I<br>Struggle?<br>Art: Painting Acrylic<br>Sports: Basketball &<br>Soccer | 26<br>STEM: Volcanoes<br>Art: Crochet<br>Sports: Open Gym  | 27<br>Positive Action (B):<br>Why Do I Do What I<br>Do?<br>Art: Painting Acrylic<br>Sports: Basketball &<br>Soccer    | 28<br>Art: Crochet<br>Sports: Open Gym         |  |
|   |   | Dai   | ly Schedule  |   |  |  |
| Check in/Snack 3<br>Power Hour 3:30<br>Positive Action (S | Social Emotional Learning) 4:0<br>s/STEM 4:30 pm - 5:25 pm              | Che<br>Pow<br>00 pm - 4:30 pm Soc<br>Enr<br>Enr   | rogramming<br>eck in/Snack 1:00 pm- 1:20 pm<br>ver Hour 1:20 pm - 2:00 pm<br>ial Emotional Learning 2:00 pr<br>ichment Clubs 3:00 pm - 4:00<br>ichment Clubs 4:00 pm - 5:00<br>lection Activity 5:00 pm - 5:25 | n - 3:00 pm<br>pm<br>pm   |  |  |
|   |   |   | Contact Info   |   |  |  |
|   |   | Genesis   | Collins- Site Coordinator  |   |  |  |

Genesis Collins- Site Coordinator

Phone: (385) 505-2308

Email: genesis.collins@bgcutah.org

Program Address: 1201 W 890 S, Provo, UT

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## SHORELINE After School Program 2024-2025 January Club & Activity Details



#### **Message to Parents:**

We are thrilled to welcome you and your child to The Boys & Girls Club at Shoreline! At our afterschool program, we're dedicated to creating a safe, engaging, and enriching environment where your child can explore new interests, build friendships, and have fun after school. Our program offers a variety of exciting activities, from creative arts and sports to academic support, all designed to foster growth and discovery. We're looking forward to partnering with you to make this an unforgettable experience for your child. Welcome to The Boys & Girls Club at Shoreline family!

**Sports Club** - Participating in a volleyball league helps children develop a wide array of essential skills. Through teamwork and communication, players learn to cooperate, strategize, and work together toward a shared objective. Volleyball also promotes physical fitness by improving cardiovascular health, agility, hand-eye coordination, and overall strength. Regular practices and matches teach discipline, time management, and the importance of consistency. Players enhance their problem-solving and decision-making abilities as they respond to fast-paced situations on the court. Leadership and sportsmanship are nurtured, as children learn to lead by example, support their teammates, and handle both victories and losses with dignity. Moreover, overcoming challenges during matches helps build confidence, resilience, and mental toughness, contributing to the personal growth of each player.

**Power Learning** tutoring benefits students by providing personalized academic support in a focused, one-on-one setting. It helps students grasp challenging concepts, improve their grades, and build confidence in their abilities. With the extra attention and guidance, students can ask questions, receive immediate feedback, and work at their own pace, making learning more effective. Power Hour also fosters a sense of responsibility and time management, as students learn to prioritize their academic needs and stay on track with their studies. Ultimately, it empowers students to take control of their learning and achieve their academic goals.

**Positive Action**- Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

**SMART** - A social-emotional curriculum for teens helps them build essential skills like self-awareness, emotional regulation, and strong relationships. Through interactive activities and discussions, teens learn to manage stress, navigate complex emotions, and resolve conflicts effectively. The curriculum also promotes empathy, resilience, and confidence, equipping teens with the emotional intelligence and social skills needed to thrive in both personal and academic settings.

**STEM** - STEM (Science, Technology, Engineering, and Math) programs offer teens a wide range of benefits that extend beyond the classroom. By engaging in hands-on projects, teens develop critical thinking, problem-solving, and analytical skills that are essential for tackling real-world challenges. STEM activities also encourage creativity and innovation, allowing teens to explore new ideas and experiment with solutions. Additionally, these programs expose teens to potential career paths in high-demand fields, boosting their confidence and preparing them for future opportunities. STEM education fosters curiosity, collaboration, and perseverance, empowering teens to excel in both their academic and personal lives.







