

February 2025

Sandstone

850 N 2450 E, St. George UT 84790 | (801) 372-3059



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Getting Along with Others

Happy
Birthday



Amber - Feb 3rd
Evan - Feb 12th
Camila - Feb 22nd
China - Feb 24th

UPCOMING EVENTS

February 17th: Presidents' Day

CLUB CLOSED

Presidents' Day: Feb 17th
Teacher Prep Day: Feb 18th



Get To Know



Gabbie Brotemarkle Site Coordinator

If you don't already know me, my name is Gabbie! In my free time, I love reading and spending time with my friends and family, especially my sister (in the picture), she's my best friend. My favorite animal is a highland cow- I hope to own one eventually. I have loved getting to know all of your students more and more every day.

CONTACT INFORMATION

Gabbie Brotemarkle
Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Power Hour

Monday-Thursday 4:10 - 4:55

During Power Hour, our goal is to help members reach their reading minutes, as well as give students opportunities to receive help with their homework to ensure a better understanding.

STEM Labs

Fridays during 'Rotations'

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering, and math can be used daily.

Enrichment/Clubs

Monday/Wednesday: 4:45 - 5:25

Enrichment clubs are offering our members opportunities to participate in a variety of activities which will continue to change as the year progresses.

Social Emotional Learning (Prevention & Behavior)

Tuesday/Thursday 4:50 - 5:25

Positive Action curriculum provides members with important social-emotional skills that can help them throughout life.

Friday 1:10 - 2:10

Kid-Grit curriculum provides members with relationship-building skills with themselves and others



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Utah State Board of Education



Sandstone After School Program 2024-2025

February



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Mid Surveys	3 Club Day: Culinary Club Olympics Club Power Hour	4 Social Emotional Learning Positive Action Mid Survey Power Hour	5 Club Day: Culinary Club Olympics Club Power Hour Fire Drill	6 Social Emotional Learning Positive Action Mid Survey Power Hour	7 No Program BGC Staff Training
Taking Ownership	10 Club Day: Culinary Club Olympics Club Power Hour	11 Social Emotional Learning Positive Action (P) L 79: "Saying Good Things" L 86: "Getting Along With Others Using Social / Emotional Positive Actions" Power Hour	12 Club Day: Culinary Club Olympics Club Power Hour	13 Social Emotional Learning Positive Action (B) L 80: "Doing Your Part" L 93: "Getting Along With Others Using Social / Emotional Positive Actions" Power Hour	14 Social Emotional Learning STEM Rotation Physical Rotation Creative Rotation Team Bonding Valentine's Day
Being Intentional	17 No School No Program Presidents' Day 	18 No School No Program Teacher Prep Day 	19 Social Emotional Learning Positive Action (P) L 81: "Saying Thank You" L 94: "Telling Yourself the Truth Using Social / Emotional Positive Actions" Power Hour	20 Social Emotional Learning Positive Action (B) L 83: "The Right Name" L 95: "Telling Yourself the Truth Using Social / Emotional Positive Actions" Power Hour	21 Social Emotional Learning STEM Rotation Physical Rotation Creative Rotation Team Bonding
Learning Self-Honesty	24 SEP Week No Program 12:00 PM Snack and Activities passed out in gym Activity: Culinary & Olympic Club	25 SEP Week No Program 12:00 PM Snack and Activities passed out in gym Activity: Positive Action (P) L 90: "Telling Yourself the Truth--On Purpose" L 96: "Telling Yourself the Truth Using Social / Emotional Positive Actions"	26 SEP Week No Program 12:00 PM Snack and Activities passed out in gym Activity: Culinary & Olympic Club	27 SEP Week No Program 12:00 PM Snack and Activities passed out in gym Activity: Positive Action (B) L 92: "Your Bravest, Truest Self" L 98 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	28 SEP Week No Program 12:00 PM Snack and Activities passed out in gym Activity: STEM

Daily Schedule

Monday/Wednesday	Tuesday/Thursday	Friday
3:30-4:10 Snack, Feelings Check in & Physical Activity 4:10-4:15 Wash Hands 4:15-4:45 Power Hour 4:45-5:25 Club Time 5:25-5:30 Clean Up, Snack, Gratitude 5:30 Pickup	3:30-4:10 Snack, Feelings Check in & Physical Activity 4:20-4:38 Rotation 1 (Social Emotional Learning Positive Action) 4:40-4:58 Rotation 2 (Social Emotional Learning Positive Action) 5:00-5:18 Rotation 3 (Education Station) 4:20-4:50 Power Hour (During Rotations) 5:30 Snack & Pickup	12-12:30 Check-in, Physical Activity & Feelings Check-in 12:35-1:05 PM Snack, Updates, Schedule 1:10-2:10 SMART Moves, Kid Grit, or other Social Emotional Learning 2:15-2:45 Youth Bonding Activity/Super Snack 2:50-3:35 Rotation 1 (Creative, Physical, or STEM) 3:40-4:25 Rotation 2 (Creative, Physical, or STEM) 4:30-5:15 Rotation 3 (Creative, Physical, or STEM) 5:20-5:30 Gratitude 5:30 PM Snack & Pickup

Contact Info

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February Club & Activity Details

Message to Parents:

Happy February! As we move into this new month, we are excited to continue providing a fun and enriching experience for your child(ren) at the Sandstone After School Program. We have many exciting activities and learning opportunities planned for the month ahead, from creative arts and crafts to team-building games. February is a great time for your child(ren) to continue growing, building friendships, and discovering new interest

Social Emotional Learning

Positive Action - Social Emotional Learning curriculum is an evidence-based program that is integrated into afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The August theme is Philosophy and Thoughts-Actions-Feelings Circle.

SMART Moves - This is a BGCA Social Emotional Learning curriculum that is evidence-based and focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Academic Support:

Power Hour - The main focus is to help youth complete homework assignments, practice sight words, and master a new learning skill. We aim to help youth reduce missing assignments by aligning with school-day teachers and completing daily assignments at programs to allow family time at home.

STEM Labs:

Science - Youth will be able to participate in a new experiment or activity every Friday. Youth will focus on learning about observation, hypothesis, estimation, and the scientific process in these experiments.

Engineering - Youth have the opportunity to participate in engineering projects and activities every Friday. Youth will focus on learning about building, creating, brainstorming ideas, and working on team and individual tasks.

Collaboration:

Team Bonding - Youth get to participate in team bonding every Friday. Team bonding is the chance for youth to get to know the other students in the program through group games and activities. This also allows them to use teamwork and critical thinking to succeed in activities and enhance their relationships with those in the program.

Enrichment Clubs:

Culinary Club—The No-Bake Culinary Club is a fun and hands-on after-school activity where kids can explore their creativity in the kitchen without using an oven! In this club, children will learn how to prepare simple and delicious snacks using easy-to-find ingredients. From making energy bites to assembling fruit parfaits, kids can experiment with different flavors while developing essential cooking skills. This club will be offered every Monday and Wednesday.

Olympics Club— The Olympics Club is an exciting and active club where kids can test their strength, agility, and teamwork through various fun sports and challenges. From relay races and obstacle courses, each session is designed to help children develop physical skills, improve coordination, and build confidence. This club promotes healthy competition, sportsmanship, and an active lifestyle, all while encouraging kids to work together and cheer each other on. This club will be offered every Monday and Wednesday.

