

February 2025

# Red Mountain

263 E 200 S Ivins, UT 84738 | (801) 372-3555



**BOYS & GIRLS CLUBS**  
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is taking ownership and self honesty

## Get To Know



Hello! My name is Megan and I am one of the Area Directors for St. George. This is my second year at BGC and I have absolutely loved getting to know your students! My favorite food is spaghetti and my favorite animal is a cheetah. We truly appreciate all the parents' support and couldn't do it without you all!

### CONTACT INFORMATION

**Natalie Fetzer**  
**Site Coordinator**  
Phone: (801) 372-3555  
Email: [natalie.fetzer@bgcutah.org](mailto:natalie.fetzer@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Tuesday & Thursday  
4:40 - 5:25

During Power Hour we provide assistance with homework and work on academic skills. Please contact us if you have specific areas that you'd like us to focus on with your child!

## STEM Labs

Friday  
1:15 - 1:45

This month we will have some fun learning about Newton's Laws of motion with experiments involving gravity, inertia, and more.

## Enrichment

Monday & Wednesday  
4:10 - 4:40

We are excited to be offering two new clubs this month for the students to choose from: Sport Club & Art History Club.

## Social Emotional Learning

(Prevention & Behavior)  
Tuesdays & Thursdays  
4:10 - 4:40

We will continue our Positive Actions curriculum this month to learn new social emotional learning skills. This month's focus will be on self honesty and taking ownership for our choices.

Happy Birthday



Liesel

Malu

## UPCOMING EVENTS

### Happy Valentine's Day!

February 24th-28th- SEP Week

There will be no regular club hours during SEP week, but there will be a snack and take home activity offered to BGC students after school each day.

## CLUB CLOSED

February 7th- BGC Training Conference

February 17th- President's Day

February 18th- Teacher Prep Day

February 24th-28th- SEP Week



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# Red Mountain Afterschool Program 2024-2025

# February



**BOYS & GIRLS CLUBS  
OF SOUTHERN UTAH**

| Social Emotional Learning Weekly Focus | Monday                                                                                                | Tuesday                                                                                                                                                                                                                | Wednesday                                                                                             | Thursday                                                                                                                                                                                                             | Friday                                                                                                |
|----------------------------------------|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| Mid-Surveys                            | 3<br>Project Learn<br>Sport Club/Art History Club                                                     | 4<br>Project Learn<br>Social Emotional Learning<br>Mid-Surveys                                                                                                                                                         | 5<br>Project Learn<br>Sport Club/Art History Club                                                     | 6<br>Project Learn<br>Social Emotional Learning<br>Mid Surveys<br><b>Fire Drill</b>                                                                                                                                  | 7<br><b>Club Closed<br/>BGC Conference</b>                                                            |
| Taking Ownership                       | 10<br>Project Learn<br>Sport Club/Art History Club                                                    | 11<br>Project Learn<br>Social Emotional Learning (P):<br>Grade 5 Manual: Lesson 79<br>"Saying Good Things"<br>Grade 2 Manual: Lesson 86<br>"Getting Along With Others Using<br>Social / Emotional Positive<br>Actions" | 12<br>Project Learn<br>Sport Club/Art History Club                                                    | 13<br>Project Learn<br>Social Emotional Learning (B):<br>Grade 5 Manual: Lesson 80 "Doing<br>Your Part"<br>Grade 2 Manual: Lesson 93<br>"Telling Yourself the Truth Using<br>Social / Emotional Positive<br>Actions" | 14<br>Friendship February<br>Fun Friday<br>Creative Club<br>Physical Club<br>STEM Club<br>Group Game  |
| Being Intentional                      | 17<br><b>Club Closed<br/>President's Day</b>                                                          | 18<br><b>Club Closed<br/>Teacher Prep Day</b>                                                                                                                                                                          | 19<br>Project Learn<br>Sport Club/Art History Club                                                    | 20<br>Project Learn<br>Social Emotional Learning (B)<br>Grade 5 Manual: Lesson 83 "The<br>Right Name"<br>Grade 2 Manual: Lesson 95<br>"Telling Yourself the Truth Using<br>Social / Emotional Positive<br>Actions"   | 21<br>Friendship February<br>Fun Friday<br>Creative Club<br>Physical Club<br>STEM Club<br>Group Game  |
| Learning Self Honesty                  | 24<br><b>SEP Week</b><br>No regular club<br>(Snack & Take Home<br>Activity available after<br>school) | 25<br><b>SEP Week</b><br>No regular club<br>(Snack & Take Home<br>Activity available after<br>school)                                                                                                                  | 26<br><b>SEP Week</b><br>No regular club<br>(Snack & Take Home<br>Activity available after<br>school) | 27<br><b>SEP Week</b><br>No regular club<br>(Snack & Take Home<br>Activity available after<br>school)                                                                                                                | 28<br><b>SEP Week</b><br>No regular club<br>(Snack & Take Home<br>Activity available after<br>school) |

| Daily Schedule                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Monday-Thursday</b><br>3:30 - 3:50 Check-in, Snack, Feelings check-in<br>3:50 - 4:10 Energy Boost<br>4:10 - 4:40 Social Emotional Learning or Enrichment Clubs<br>4:40 - 5:25 Project Learn<br>5:25 - 5:30 Group game<br>5:30 - Pass out PM Snack/Parent Pick-up | <b>Friday</b><br>12:00 - 12:15 Check-in, Energy Boost<br>12:15 - 1:15 Friendship February<br>1:15 - 1:45 STEM Club<br>1:45 - 2:05 Super Snack/Feelings check-in<br>2:05 - 2:30 Energy Boost<br>2:35 - 3:15 Fun Friday<br>3:20 - 3:50 Creative Club (computers)<br>3:55 - 4:25 Physical Club (sport)<br>4:30 - 5:00 STEM Club<br>5:05 - 5:20 Group Game<br>5:20 - 5:30 Gratitude/Pass out PM snack<br>5:30 - Parent Pick-up |

| Contact Info                                                                                                                                                   |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Natalie Fetzer</b><br><b>Site Coordinator</b><br>Phone: (801) 372-3555<br>Email: <a href="mailto:natalie.fetzer@bgcutah.org">natalie.fetzer@bgcutah.org</a> |
| Program Address: 263 E 200 S Ivins, UT 84738                                                                                                                   |



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## February Club & Activity Details

### Message to Parents:

Happy February! January was a great start to our year. We had a lot of fun with our enrichment clubs, STEM activities, fun Fridays, and more! We are looking forward to another great month. Please take some time to read about our new clubs for the month of February below. Students will have the opportunity to choose one or the other. There are also a few dates that we will not have program this month to take note of. As always, please feel free to reach out with any questions. Thank you for your continued support!

**Sport Club** - In this club, students will get to learn about and play several different team sports. They will focus heavily on skill and team building while even learning a little bit of sport trivia and history!

**Art History Club**- In this club, the students will learn about different artists in history, art mediums, and styles and create art projects of their own. They will also create their own sketchbooks that they will work on throughout the month.

**Friendship February** -For the month of February, we will be putting a focus on building friendships between our club members through fun games, activities, and lessons. This will be an exciting part of our schedule every Friday throughout the month.

**Fun Friday:** This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

**BGC Mission:** The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

**Our Core Promise:** To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

**Our Guiding Principles:** Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

**Our Rules:** 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!

As always, we appreciate partnering with you to provide a meaningful and fun learning experience for our club members.

