

February 2025

Provo Clubhouse

750 W 200 N, Provo, UT 84601 | (801) 717-6214



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Being Intentional

Happy Birthday



Cortana 2/4
Mai 2/17
Naveah 2/19
Luna 2/20
Lydia 2/22
Frederick 2/23
Jed 2/24
Victoria 2/25

UPCOMING EVENTS

Parent Paint Night - 2/11
President's Day - 2/17
Staff Development Day - 2/21

CLUB CLOSED

President's Day - 2/17
Staff Development Day - 2/21



Get To Know

Say hello to Kaylee, our new Program Manager! Kaylee has worked at the clubhouse in the past and when the opportunity came for her to come back, she hopped right on it - and we couldn't be happier to have her here. Kaylee is attending UVU with the goal of becoming a therapist. Kaylee loves working with the kids and has such a big heart for them and the kids love her as well!



CONTACT INFORMATION

Site Coordinator: Jessica Harris
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Power Hour

Daily

Club members have the opportunity each day to complete homework, read, and participate in Brain Games for an hour during club.

STEM Labs

Monday, Wednesday, & Friday

On Mondays our volunteers from FlowServe come and do various STEM activities with our club members. On Wednesdays and Fridays, we have our STEM club led by Mr. Aaron where the club members are able to learn new concepts and put them to the test!

Enrichment - Clubs

Monday, Wednesday, & Friday

Mondays we have an optional D&D club and Wednesday and Friday are our other enrichment clubs where we encourage the kids to focus on learning new skills, enhancing their creativity, getting active, and using strategy to complete tasks.

Social Emotional Learning (Prevention & Behavior)

Tuesday & Thursday

Club members are able to learn different social emotional skills in our positive action lessons. Managing emotions, building relationships, and developing resiliency are some of the key aspects of Positive Action.



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Provo Clubhouse After School Program 2024-2025

February



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	27	28	29	30	31
Mid Year Surveys	3 STEM: Flow Serve Power Hour D&D Club: Dungeon Design	4 Power Hour Social Emotional Learning: (P) Positive Action Mid Surveys FIRE DRILL	5 Power Hour STEM: Scratch Motion Game Valentine's Club: Valentine Holder	6 Power Hour Social Emotional Learning: (B) Positive Action Mid Surveys	7 FUN FRIDAY Power Hour STEM: Scratch Motion Game Valentine's Club: Valentine Games Community Engagement: Valentine's for Firefighters
Taking Ownership	10 STEM: Flow Serve Power Hour D&D Club: Club Member Led Adventure (Part 1)	11 Power Hour Social Emotional Learning: (P) Positive Action Grade 5 Manual: Lesson 79 "Saying Good Things" Grade 2 Manual: Lesson 86 "Getting Along With Others Using Social / Emotional Positive Actions" PARENT PAINT NIGHT	12 Power Hour STEM: Paper Bridges Valentine's Club: Scavenger Hunt	13 Power Hour Social Emotional Learning: (B) Positive Action Grade 5 Manual: Lesson 80 "Doing Your Part" Grade 2 Manual: Lesson 93 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	14 FUN FRIDAY Power Hour STEM: Paper Bridges Valentine's Club: Valentine Cards Community Engagement: Valentine's for Police Officers
Being Intentional	17 CLOSED President's Day	18 Power Hour Social Emotional Learning: (P) Positive Action Grade 5 Manual: Lesson 81 "Saying Thank You" Grade 2 Manual: Lesson 94 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	19 Power Hour STEM: Elephant Toothpaste Valentine's Club: Valentine Jeopardy	20 Power Hour Social Emotional Learning: (B) Positive Action Grade 5 Manual: Lesson 83 "The Right Name" Grade 2 Manual: Lesson 95 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	21 CLOSED Staff Development Day
Learning Self-Honesty	24 STEM: Flow Serve Power Hour D&D Club: Club Member Led Adventure (Part 2)	25 Power Hour Social Emotional Learning: (P) Positive Action Grade 5 Manual: Lesson 90 "Telling Yourself the Truth—On Purpose" Grade 2 Manual: Lesson 96 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	26 Power Hour STEM: Bubble Tower Valentine's Club: Airplane Race	27 Power Hour Social Emotional Learning: (B) Positive Action Grade 5 Manual: Lesson 92 "Your Bravest, Truest Self" Grade 2 Manual: Lesson 98 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	28 FUN FRIDAY Power Hour STEM: Bubble Tower Valentine's Club: Heart Tree Community Engagement: Letters to nursing home

Daily Schedule

Monday & Wednesday	Tuesday & Thursday	Friday
<ul style="list-style-type: none"> 3:00 - 3:45 Club Opens; Snack & Activities 3:50 - 4:50 Project Learn: Power Hour 4:50 - 5:00 Circle-Up 5:00 - 5:50 Club/STEM Rotations 5:50 - 6:00 Final Clean Up 6:00 Snack & Check Out 	<ul style="list-style-type: none"> 3:00 - 3:45 Club Opens; Snack & Activities 3:50 - 4:50 Project Learn: Power Hour 4:50 - 5:00 Circle-Up 5:00 - 5:50 Social Emotional Learning 5:50 - 6:00 Final Clean Up 6:00 Snack & Check Out 	<ul style="list-style-type: none"> 1:00 - 2:00 Drop off & Snack; Activities 2:05 - 2:15 Circle Up - Age Groups 2:15 - 3:15 SMART Moves 3:15 - 3:45 Structured Outdoor Time 3:45 - 5:30 Club/STEM Rotations 5:30 - 6:00 Deep Clean 6:00 Snack & Check Out

Contact Info

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UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE

February Club & Activity Details

Message to Parents:

February is going to be such a fun month at the Clubhouse. Club members will be able to participate in fun activities, engage in the community, and even participate in a Parent Paint Night coming up led by a local artist! We are still looking to fill in some upcoming Fridays with some community engagement, so if you or someone you know would like to volunteer some time to come and talk to the kids and do a little activity or presentation - we would greatly appreciate it!

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves.

Project Learn:

Project Learn is a “catch all” term for our enrichment and academic support programs.

Power Hour - PowerHour is a daily academic enrichment and support time. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home. We spend the first 30 minutes of power hour focusing specifically on homework and reading and then if the club members complete their homework, they have the option to participate in some Brain Games.

Enrichment Clubs -

Valentine’s Club (Creative): We all love getting that little note from someone special on Valentine’s day. With Valentine’s Day club the kids will be able to share the love and kindness all month long by participating in several different crafts and games.

Dungeons & Dragons Club (Creative/Strategy): Dungeons & Dragons club will be continuing into the next couple of months and we are excited to see the kids engage in a creative and strategic outlet where they can put their imaginations to the test!

Club TBD: We are so excited to be getting a new staff member joining us at Boys and Girls Club, while we don’t have details on the club she will be running we are excited to see what fun activities and opportunities are to come!

STEM Labs:

Science - Youth will have the opportunity to participate in STEM labs twice per week and engage in an extra activity on Friday’s. On Mondays our friends from FlowServe will be doing different STEM activities with the club kids and on Wednesdays and Fridays our Americorp STEM staff, Aaron. This month the STEM activities will include scratch activities, making paper bridges, elephant toothpaste, and bubble towers! I’m sure the club members will have a blast participating and learning together this month.

