# February 2025

# Paradise Canyon

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The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Respect



Emanuel - 2/5 Ethan - 2/22

#### **UPCOMING EVENTS**

SEP Week 2/24-2/28
There won't be full club held during SEP week, but students are encouraged to stop by the gym right after school to pick up a snack and an activity each day that week.

#### **CLUB CLOSED**

Mandatory staff training Fri 2/7

President's Day Break Mon 2/17 - Tues 2/18

SEP Week Mon-Fri 2/24 - 2/28



#### Get To Know Miss Olivia

Miss Olivia is the new Site Coordinator at Paradise Canyon! This is her second year with BGC and she loves working as site coordinator so far. In her free time she enjoys singing, playing volleyball, and paddle boarding. She has loved working with all the students here at Paradise Canyon!



#### **CONTACT INFORMATION**

Olivia Everett Site Coordinator

Phone: (801) 372-2507 Email: olivia.everett@bgcutah.org

#### PARENT RESOURCES

Parent Handbook
Membership Handbook

#### **Power Hour**

#### Mon/Wed

K-2 3:40-4:12 | 3-5 4:12-4:45 Tues/Thurs 3-5 3:40-4:12 | K-2 4:12-4:45 Friday All grades 2:05-2:35

The main focus of power hour will be to help members complete homework assignments and have the opportunity to work with program staff on assignments given throughout the week.

#### STEM Labs

Mon/Wed 4:45 - 5:20
Our STEM program offers students a variety of opportunities to engage in lessons that educate them on the scientific method and explore their creativity.

#### **Enrichment**

Mon/Wed K-2 3:40-4:12 | 3-5 4:12-4:45 Tues/Thurs 4:45-5:20

This month we will be holding career club and physical club. Students will get to learn about different careers and practice their physical fitness.

# Social Emotional Learning (Prevention & Behavior)

Tues/Thurs

**K-2** 3:30-4:00 | **3-5** 4:00-4:30

The Positive Action curriculum focuses on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.









# Paradise Canyon Afterschool Program 2024-2025





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Mid-Surveys	Power Hour Physical Club STEM	Power Hour Positive Action Surveys Career Club	Power Hour Physical Club STEM	Power Hour Positive Action Surveys Career Club	7 <mark>No Club</mark>
Taking Ownership	Power Hour Physical Club STEM	Power Hour Positive Action (P) Grade 3-5: Lesson 79 "Saying Good Things" Grade K-2 Lesson 86 "Getting Along With Others Using Social / Emotional Positive Actions" Career Club	Power Hour Physical Club STEM	Power Hour Positive Action (B) Grade 3-5: Lesson 80 "Doing Your Part" Grade K-2 Lesson 93 "Telling Yourself the Truth Using Social / Emotional Positive Actions" Career Club	Power hour Team-building rotation Creative rotation Physical rotation Computer Lab Fun Friday!
Being Intentional	No Club	18 No Club	Power Hour Physical Club STEM	Power Hour Positive Action (B) Grade 3-5: Lesson 83 "The Right Name" Grade K-2 Lesson 86 "Telling Yourself the Truth Using Social / Emotional Positive Actions" Career Club	Power hour Team-building rotation Creative rotation Physical rotation Computer Lab Fun Friday!
Learning Self-honesty	24 SEP Week - No Club	25 SEP Week - No Club	26 SEP Week - No Club	27 SEP Week - No Club	28 SEP Week - No Club

Daily Schedule					
Monday - Thursday	Friday				
2:35 - 2:55 PM Check-in, super nack	1:00 - 1:35 PM Check-in & recess				
2:55 - 3:25 PM Recess	1:35 - 1:55 PM Wash hands/super snack				
3:25 - 3:40 PM Feelings check-in	1:55 - 2:05 PM Feelings check-in				
3:40 - 4:12 PM K-2 (Power Hour), 3-5 (physical club M/W, Social Emotional Learning	2:05 - 2:35 PM Power Hour				
T/Th)	2:35 - 3:05 PM Rotation 1				
4:12 - 4:45 PM 3-5 (Power Hour), K-2 (physical club M/W,	3:05 - 3:35 PM Rotation 2				
Social Emotional Learning T/Th)	3:35 - 4:05 PM Rotation 3				
4:45 - 5:20 PM STEM M/W, creative club T/Th	4:05 - 4:15 PM Snack				
5:20 - 5:30 PM Snack/Check-out	4:15 - 4:45 PM Computer lab				
	4:45 - 5:20 PM Fun Friday				
	5:20 - 5:30 PM Check-out				









### Paradise Canyon Afterschool Program 2024-2025



## February Club & Activity Details

#### **Message to Parents:**

Our mission with clubs and activities is to give your child more opportunities for learning and interactive activities with their peers. The goal is to provide an environment that gives your child the opportunity of choice and integrate into new activities each month. There will be a new set of clubs and activities each month that will be posted on the calendar. For monthly clubs, it is the goal to build on each activity weekly, giving your child the opportunity to learn new skills every week! Every day we spend time with students doing power hour for academic support. Your child has time to work on homework that they have been given during the school day and they receive assistance from all Boys and Girls Club staff. On Tuesdays and Thursdays, students are able to participate in a staff-led activity for the purpose of social and emotional learning. This time is allotted for students to become more educated on life skills and emotional intelligence! I appreciate all of you entrusting us members of BGC to give your child the most enriching experience here at Paradise Canyon Boys and Girls Club. If you have any questions or concerns please feel free to reach out to me!

Paradise Canyon Site Coordinator

**Creative Club:** This is our opportunity to enjoy activities that allow students to show their creative side and understand new hobbies that they might enjoy. This month we will be doing a career club!

**Physical Club:** This club is a time where we can vote and agree on a game or physical activity that will be fun for club members. It often leads to basketball games, kickball, four square or tag.

**Fun Friday:** This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

**BGC Mission:** The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

**Our Core Promise:** To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

**Our Guiding Principles:** Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

**Our Rules:** 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!







