

January 2025

# Orem Jr High



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

Happy Birthday



Isaiah 1/27  
Angelo 1/23  
Elijah 1/13  
Oscar 1/2

## UPCOMING EVENTS

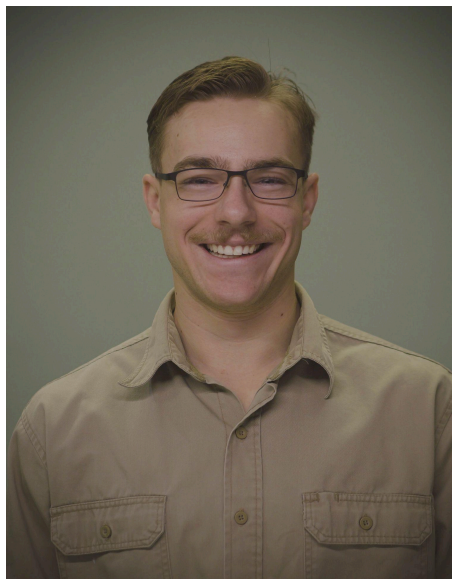
Winter Break Dec 23-Jan 3

## CLUB CLOSED

Dec 23-Jan 3  
January 20



## Get To Know Tom Durham Jr New Site Coordinator!



Tom loves history, photography, the Lord of the Rings, fruit juice, outdoor adventure, and space exploration, and is eagerly awaiting the scientific breakthroughs that will allow for faster-than-light travel, so he can go back to his home planet. He started his Jedi training at a young age. (On earth that means gymnastics, parkour, and martial arts.) His eccentric parents told him they were aliens, so maybe he really is from a galaxy far far away. When he was around 12, he realized he had no talent for dancing, so he decided to become a dancer! After much tribulation, he became an avid breakdancer... competing, choreographing, teaching, and just dancing pretty much anytime anywhere. This became especially interesting when he joined the Marines, where he busts a move in the middle of combat training. Tom loves the United States of America and wants to keep it safe, so he studied National Security in college. He is married to a beautiful soccer player dancer cookie expert, who is currently studying astrophysics at UVU. Some day Tom might just be President of the United States... so behave yourselves!

## CONTACT INFORMATION

Tom Durham Jr  
Site Coordinator  
Phone: 201-372-8594  
Email: tom.durham@bgcutah.org

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Power Hour- Open Art on Thursdays and Fridays until 4:30 PM  
AP Students go to tutor on Wednesdays for one hour

## STEM Labs

Robotics Mondays, Tuesdays, Thursdays, and Fridays weekly

## Enrichment

Magic the Gathering on Tuesdays  
2:45-4:30 PM

## Social Emotional Learning (Prevention & Behavior)

Mondays, Wednesday, and Fridays  
3:00pm-3:30pm

Our Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All social emotional learning skills are taught through daily lessons and then integrated throughout the rest of programming



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UTAH DEPARTMENT OF  
WORKFORCE  
SERVICES  
CHILD CARE

# Orem Junior High Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1 Winter Break	2 Winter Break	3 Winter Break
	6 Outdoor Club Power Hour STEM Lab Lego Club/Craft Club	7 Outdoor Club SEL (P) "™" Power Hour Origami Club/Writing Club	8 Outdoor Club Power Hour STEM Lab Lego Club/ Knitting Club <b>FIRE DRILL</b>	9 Sports Club SEL (B)™ Power Hour Origami Club/Writing Club	10 Sports Club Power Hour STEM Lab Builders Club Meditation
	13 Outdoor Club Power Hour STEM Lab Lego Club/Craft Club	14 Outdoor Club SEL (P) "™" Power Hour Origami Club/Writing Club	15 Outdoor Club Power Hour STEM Lab Lego Club/ Knitting Club	16 Sports Club SEL (B)™ Power Hour Origami Club/Writing Club	17 Sports Club Power Hour STEM Lab Builders Club Meditation
	20 <b>NO SCHOOL OR CLUB MLK DAY</b>	21 Outdoor Club SEL (P) "™" Power Hour Origami Club/Writing Club	22 Outdoor Club Power Hour STEM Lab Lego Club/ Knitting Club	23 Sports Club SEL (B)™ Power Hour Origami Club/Writing Club	24 Sports Club Power Hour STEM Lab Builders Club Meditation
	27 Outdoor Club Power Hour STEM Lab Lego Club/Craft Club	28 Outdoor Club SEL (P) "™" Power Hour Origami Club/Writing Club	29 Outdoor Club Power Hour STEM Lab Lego Club/ Knitting Club	30 Sports Club SEL (B)™ Power Hour Origami Club/Writing Club	31 Sports Club Power Hour STEM Lab Builders Club Meditation

Daily Schedule		
<p><b>Monday/Wednesday Schedule</b></p> <ul style="list-style-type: none"> <li>3:15-3:35 – Snack and Circle Up</li> <li>3:35-4:00 – Outdoor/Sports Clubs</li> <li>4:00-4:30 – Power Hour</li> <li>4:30-5:25 – Club/STEM</li> <li>5:30 – Pick Up</li> </ul>	<p><b>Tuesday/Thursday Schedule</b></p> <ul style="list-style-type: none"> <li>3:15-3:35 – Snack and Circle Up</li> <li>3:35-4:00 – Outdoor/Sports Clubs</li> <li>4:00-4:30 – Social Emotional Learning - Positive Action</li> <li>4:30-5:00 – Power Hour</li> <li>5:00-5:35 – Enrichment Clubs</li> <li>5:30 – Pick Up</li> </ul>	<p><b>Friday Schedule</b></p> <ul style="list-style-type: none"> <li>1:15-1:30 - Check In and Circle Up</li> <li>1:30-2:15 - Outdoor/Sports Clubs</li> <li>2:15-2:30 - Snack</li> <li>2:30-3:00 - Power Hour</li> <li>3:00-4:25 - Enrichment Clubs</li> <li>4:30-4:45 - Meditation</li> <li>4:45-5:25 - Enrichment Clubs</li> <li>5:30 - Pick Up</li> </ul>

Contact Info
<p>Tom Durham Jr Site Coordinator Email: Tom.Durham@bgcutah.org Phone: 201-372-8594</p>
<p>Program Address: 650 West Jaguar Ave</p>



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## January Club & Activity Details

### Message to Parents:

**Robotics** - Mr. Byrom opens up his classroom and provides students with the opportunity to build and code robots. He has extensive knowledge in this subject and is happy to teach those who want to learn!

**Entrepreneurship** - Club members will be preparing and creating products for our very own club market where students will get the opportunity to spend 'behavior bucks' on each other's products and other items we provide.

**Magic the Gathering** - Club members can explore strategy, creativity, and community in an exciting and supportive environment! They will have the opportunity to build their own Magic decks from a vast selection of donated cards, learning valuable skills like critical thinking, problem-solving, and good sportsmanship along the way. Best of all, they'll get to take their custom decks home, empowering them to continue their magical journey outside of the club. It's more than just a game—it's a place to grow, make friends, and be part of something truly special.

**Open Art** - Our very own art teachers, Ms. Lamb and Ms. Barney, will open up their classrooms and provide our club members with the opportunity to work on their artistic skills.

### **Social Emotional Learning:**

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run on Mondays & Fridays with new topics each week. The January theme is getting along with others, a great way to start off the new year!

