## February 2025

# MINERSVILLE

#### 450 S. 200 W. Minersville, Utah | 801-372-4094



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Focus this Month is creating Positive Relationships



ADALYNE 🎈 DAISY JO

**UPCOMING EVENTS** DRESS UP DAY VALENTINES DAY CUPID STRIKES PROGRAM 💘 6-8TH SCIENCE FAIR 🔬

#### **CLUB CLOSED**

17TH, 25TH





Get To Know

Miss Kadence loves learning how the mind works



Mrs. Marquessa loves to learn about history and different cultures

#### **CONTACT INFORMATION**

Kadence Anderson Site Coordinator Phone: 801-372-4094 Email:kadence.anderson@bgcutah.org

PARENT RESOURCES

**Parent Handbook Membership Handbook** 



#### **Project Learn**

(Monday-Thursday 4:15 - 4:45) During this designated time, we focus on discussing school-related subjects, completing homework, or engaging in reading activities. Even if the children don't have assignments, we use this time to enhance their reading abilities by reading to a peer or a staff member.

#### STEM Labs

STEM stands for Science, Technology, Engineering, and Mathematics. It's an interdisciplinary approach to learning that encourages hands-on exploration, problem-solving, and real-world applications. STEM education focuses on integrating these four disciplines in order to promote critical thinking, innovation, and collaboration. By engaging in STEM activities, individuals develop skills that are essential for success

#### Enrichment

Enrichment clubs are to further enrich and broaden our members' experience by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities.

#### Social Emotional Learning (Prevention & Behavior) Monday - Thursday

The Social Emotional Learning curriculum is an evidence-based program that is integrated into afterschool activities to create a positive environment throughout the program. This environment encourages students to do their best and be their best. The Leader In Me program teaches real-life concepts that help students feel good about themselves.









## MINERSVILLE Afterschool Program 2024-2025





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	27	28	29	30	31
COURAGE & CONSIDERATION	3 LEADER IN ME (P) GAME CLUB POWER HOUR	4 STEM BUILDING CLUB POWER HOUR	5 FIRE DRILL VALENTINES CLUB	6 LEADER IN ME (B) SELF CARE CLUB 2 POWER HOUR	7
TRUST	10 LEADER IN ME (P) GAME CLUB POWER HOUR	11 STEM BUILDING CLUB POWER HOUR	12 VALENTINES CLUBA SERVICE PROJECT	13 LEADER IN ME (B) SELF CARE CLUB CUPID STRIKES PROGRAM POWER HOUR	14 ANYTHING BUT A BACK PACK DRESS UP DAY VALENTINES DAY
ABUNDANCE MINDSET	17 NO SCHOOL/NO PROGRAM	18 STEM BUILDING CLUBX POWER HOUR	19 VALENTINES CLUB	20 LEADER IN ME (B) SELF CARE CLUB POWER HOUR 6-8TH SCIENCE FAIR	21
FRIENDSHIP	24 LEADER IN ME (P) GAME CLUB POWER HOUR	25 No program	26 VALENTINES CLUB	27 LEADER IN ME (B) SELF CARE CLUB POWER HOUR	28
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#### **Daily Schedule**

2:30 - Snack

3:00 - Brain Break/Club Fun

3:30 - Social Emotional Learning- Leader In Me/ SMART Moves

4:15 - Power Hour (Please check your child's work and progress)

4:45 - Super Snack

5:00 - Brain Break

5:30 - End of Program

#### **Contact Info**

Kadence Anderson Site Coordinator Email: kadence.anderson@bgcutah.org Phone: (801) 372- 4094 Program Address: 450 S 200 W, Minersville, UT







### MINERSVILLE Afterschool Program 2024-2025



## February Club & Activity Details

#### Message to Parents:

Get ready for an action-packed February at the club! We've lined up an exciting array of activities that you won't want to miss. Mondays join the Game Club for an adventure in fun where you can dive into board games, get your heart racing with physical games, and challenge your mind with educational iPad games. It's game on! Tuesdays unleash your inner builder at the Building Club ?! Get ready to flex your creativity and work as a team with LEGO, tackle engineering challenges, and collaborate on amazing projects. Let's build something incredible together! Wednesdays celebrate love and friendship in our Valentine's Club ?! Craft heartfelt gifts and beautiful cards with fun arts and crafts, plus some exciting games that spread the joy of the season. It'll be a week full of sweetness and creativity! Thursdays take a breather and focus on you in our self-care sessions led by the fabulous Mrs. Brooklyn! Dive into lessons about emotional and physical well-being through mindfulness and learn healthy habits that will brighten your day. This February is set to be a whirlwind of fun, creativity, and unforgettable learning experiences. Don't miss out!

GAME CLUB - The Game Club is excited to announce an engaging blend of board games and physical activities designed to provide our children with a fun and enriching experience. Our aim is to teach them that enjoyable play does not rely on technology. Through a variety of classic board games, team challenges, and outdoor activities, we want to encourage creativity, strategic thinking, and social interaction among the kids. By participating in these games, children will discover new ways to have fun, build friendships, and develop essential life skills, all while enjoying a screen-free environment. We believe that these experiences will create lasting memories and foster a love for traditional games that can be cherished for years to come.

**BUILDING CLUB** -In our upcoming Building Club, the children will engage in an exciting project focused on creating Valentine's-themed objects using LEGO bricks. This hands-on activity is designed to foster their creativity and imagination, allowing them to explore various concepts of design and construction. As they build, the kids will also develop critical thinking skills and enhance their ability to express themselves through their creations. We believe that by encouraging them to design and craft their own Valentine's objects, we are helping them to strengthen their cognitive abilities and build confidence in their artistic choices.

VALENTINES CLUB<sup>CCA</sup> - For our upcoming Valentine's Club event, we will be organizing a series of enjoyable arts and crafts activities designed to celebrate our friendships and connections. Participants will have the opportunity to create personalized gifts and cards that express their appreciation for one another. Additionally, we will host fun group activities that foster teamwork and camaraderie, all centered around the theme of love and care. Join us for a heartfelt day of creativity and connection as we show how much we value each other!

SELF CARE CLUB 2 - The Self Care Club is dedicated to empowering children to understand the importance of taking exceptional care of themselves, both physically and emotionally. Throughout the month of February, we aim to provide valuable lessons and activities focused on self-care practices. Our message is clear: before you can effectively care for others, you must prioritize your own well-being. We will explore various techniques and strategies that promote personal health, encourage positive mental attitudes, and foster resilience, ensuring that every child learns to recognize and nurture their own needs. Join us in this vital journey of self-discovery and wellness!









## FAMILIES TALKING TOGETHER Tough Topics : Proven Strategies





