February 2025

Milford

450 S. 700 W. | (801) 372-4836



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Higher-Order Thinking!



No birthdays this month! 😲

UPCOMING EVENTS

February 3 - Allie with Better Health!
February 11 - Service Project
February 14 - Valentine's Day!
February 17 - Presidents Day
February 25 - PD Day ½ Day!

CLUB CLOSED

February 17 - Presidents Day! February 25 - PD Day



Get To Know Your Teachers!

What's your favorite Valentine's Day candy or treat?

Miss Nikole loves dark chocolate and Ferrero Rocher—the perfect indulgence for Valentine's Day!

Mrs. Laurel loves cherry cheesecake
—it's her all-time favorite!

Mrs. Lorie loves rice bread pudding—it's her favorite sweet treat!



Miss Emma loves fudge and chocolate truffles—they're her absolute favorites!

Mrs. Becky loves Mrs. Cavanaugh's chocolates—they're her go-to Valentine's treat! ▼

CONTACT INFORMATION

Nikole Mitchell Site Coordinator

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PARENT RESOURCES

Parent Handbook
Membership Handbook

Project Learn

Monday - Thursdays

The main focus of Power Hour will be to help members complete homework and school assignments.

STEM Labs

Tuesdays

STEM Club is a hands-on program for students to explore science, technology, engineering, and math through fun activities and projects.

Enrichment

Monday - Thursday

Enrichment clubs are to further enrich and broaden our members' experience by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities

Social Emotional Learning (Prevention & Behavior)

Monday and Thursday

The Leader In Me curriculum focuses on providing youth with important social-emotional skills. All Social Emotional Learning skills are taught through lessons and integrated throughout the rest of the program.









Milford Afterschool Program 2024-2025





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	27	28	29	30	31
Critical Thinking	Career Exploration! Leader in Me! (P) Power Hour	STEM Club Power Hour	5 Better Health % Power Hour	6 Leader in Me! (B) Fire Drill d Power Hour	7
Problem Solving	Career Exploration! Leader in Me! (P) Power Hour	STEM Club Service Project Power Hour	Collaborative Gameplay & Power Hour	Winter Love Month Leader in Me! (B) Power Hour	14
Metacognition	17 NO PROGRAM! President's Day	STEM Club Power Hour	Collaborative Gameplay & Power Hour	Winter Love Month Leader in Me! (B) Power Hour	21
Brainteasers	Career Exploration! Leader in Me! (P) Power Hour	25 no program!	Collaborative Gameplay & Power Hour	Winter Love Month Leader in Me! (B) Power Hour	28

Daily Schedule

- 2:30 Brain Break/Club Fun!
- 3:00 Super Snack
- 3:20 Social Emotional Learning Leader In Me/Social Emotional Learning Smart Moves/STEM/Clubs
- 4:30 Power Hour (We do our best, but homework may not always be completed. Please check your child's work and progress!)
- 5:15 Reflection, and Clean Up
- 5:30 End of Program

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Nikole Mitchell

Site Coordinator

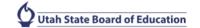
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Program Address: 450 S 700 W, Milford Utah









Milford Afterschool Program 2024-2025



February Club & Activity Details

Message to Parents:

Happy February! As we celebrate the month of love, kindness, and friendship, we're excited to share all the fun and meaningful activities we have planned for our students. From Valentine's Day crafts and cookie decorating to learning about the importance of healthy eating and the love of nature , it's going to be a month full of creativity, joy, and growth.

Thank you for being a part of our community, and we look forward to a month of sharing love and learning together! **

Career Exploration! - Mrs. Lori will host a Career Exploration club every Monday, where students will have the opportunity to learn about different careers. Each week, a guest speaker from a variety of professions will be invited to talk about their job, the skills required, and their career journey. This club will give students valuable insights into the world of work and help them explore potential career paths, inspiring them to think about their future and the many possibilities available.

STEM Club — Miss Emma's STEM club will be every Tuesday, offering students a chance to engage in fun and educational experiments. Each week, they'll have the opportunity to explore different aspects of science, technology, engineering, and math, all while creating cool projects and enjoying hands-on learning experiences. It's sure to be an exciting and inspiring way for students to discover the wonders of STEM!

Collaborative Gameplay & - Mrs. Lorie will host a Collaborative Gameplay club every Wednesday, where students can enjoy a wide range of fun games. From classic board games to the dice game Farkle, there will be something for everyone to enjoy. The club will focus on teamwork, strategy, and friendly competition, offering students a chance to bond and have fun while playing together. It's a great way to spend time, sharpen skills, and enjoy a variety of games each week!

Winter Love Month * - During Winter Love Month, Mrs. Becky will celebrate Valentine's Day and the love of birds with a variety of fun activities! Students will make creative bird seed feeders to help feed local wildlife, spreading kindness to nature. They'll also enjoy fun Valentine's activities like decorating cookies. It's a month full of creativity, kindness, and a celebration of love for both animals and friends!

Better Health 28- On February 5, Allie Bradshaw will have her final Better Health visit, where she will focus on fruits as part of the healthy plate. She will bring some delicious fruits for the students to try, teaching them about the importance of including fruits in a balanced diet. It's a great way to wrap up her time with the group, leaving the students with valuable knowledge about healthy eating!

