

February 2025

# Independence

636 Independence Ave Provo UT 84601 | 801-372-5839



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Communication and Self Awareness

Happy Birthday



- 6 - Katie
- 9 - Anasei
- 11 - Jasmine
- 16 - Kenyon
- 17 - Kaden
- 22 - Brayden

## UPCOMING EVENTS

2/6 - 5:15 Basketball Game

## CLUB CLOSED

2/17 - President's Day Closed



## Get To Know



Hi! My name is Brynn and I am the Site Director at Independence. I worked last year as part of the Sports program and as the

Volleyball coach for part of the season. I am so excited to be returning to Independence and continue working with the teens. I recently graduated from UVU and am looking forward to getting my masters in Social Work. I love to go to concerts and movies with my friends. I love playing volleyball and swimming. I am so grateful to be back and am hoping for an amazing year!

## CONTACT INFORMATION

**Brynn Bowers**  
**Site Coordinator**  
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## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Sports Practice

*Monday-Thursday 3:10-4:25*

Basketball Season is nearly over! 1 more game!! Soccer season will start the following week!

## Homework Help (Project Learn)

*Monday - Thursday 3:00 - 4:30*

Come get help with your classes! Math, English, Science! Tutoring Available

## Enrichment Clubs

More information to come about Enrichment Clubs!

Enrichment clubs are organized programs designed to provide students with engaging, hands-on learning experiences that extend beyond the regular curriculum. These clubs focus on fostering creativity, critical thinking, and social skills through activities that cater to students' interests, such as arts, STEM, sports, and cultural exploration.

## Social Emotional Learning (Prevention and Behavior)

*Monday - Thursday 3:00 - 3:10*

Positive Action as a curriculum focus in sports focuses on helping athletes develop key skills such as self-awareness, emotional regulation, teamwork, and responsible decision-making.



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Utah State Board of Education



UTAH DEPARTMENT OF  
**WORKFORCE SERVICES**  
CHILD CARE

# Independence Afterschool Program 2024-2025

# February



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Mid-Survey	3 Social Emotional Learning-P (Positive Action) Basketball Practice Homework Help (Project Learn)	4 Basketball Practice Homework Help (Project Learn)	5 Social Emotional Learning-B (Positive Action) Homework Help (Project Learn) Practice in the Weight room	6 Basketball Practice Homework Help (Project Learn) Fire Drill Basketball Game 5:15 - Black	7 No Programs
P-Lesson 85: Why Cooperate? Now or Ever? B - Lesson 88: What Am I Sending Out?	10 Social Emotional Learning-P (Positive Action) Soccer Practice Homework Help (Project Learn) Running Club	11 Soccer Practice Homework Help (Project Learn) Running Club	12 Social Emotional Learning-B (Positive Action) Soccer Practice Homework Help (Project Learn) Running Club	13 Soccer Practice Homework Help (Project Learn) Running Club	14 No Programs
P - Lesson 89: How Do I Communicate In a More Positive Way? B - Lesson 91: How Do I Know What's Real?	17 No School Presidents Day	18 Social Emotional Learning-P (Positive Action) Soccer Practice Homework Help (Project Learn) Running Club	19 Social Emotional Learning-B (Positive Action) Soccer Practice Homework Help (Project Learn) Running Club	20 Soccer Practice Homework Help (Project Learn) Running Club	21 No Programs
P - Lesson 94: How Do I Know Where I'm Strong? And Where I Struggle? B - Lesson 97: Why Do I Do What I Do?	24 Social Emotional Learning-P (Positive Action) Soccer Practice Homework Help (Project Learn) Running Club	25 Soccer Practice Homework Help (Project Learn) Running Club	26 Social Emotional Learning-B (Positive Action) Soccer Practice Homework Help (Project Learn) Running Club	27 Soccer Practice Homework Help (Project Learn) Running Club	28 No Programs

## Daily Schedule

Monday - Thursday  
3:00 School Ends  
3:05 Snack passed out/Social Emotional Learning  
3:10 Homework Help Begins  
3:15 Practice Begins in Gym  
4:30 All Programs End

## Contact Info

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## February Club & Activity Details

### Message to Parents:

Happy February! We are nearing the end of both basketball season and the year! We are gearing up to start our soccer season! We are also starting a running club! We love to have your child(ren) participate in afterschool and invite them to stay, we want to create and invite all to find something that they enjoy.

**Basketball** - Basketball Season! We have a boys team, anyone is welcome to practice and join! Practice Monday-Thursday from 3:15-4:30pm. Games will be on Thursdays at 5:15pm at Independence! Jerseys are provided! On February 5th we will be providing alternative activities as the gym space will be used by JROTC for their competitions. Our last game is February 6th! Post-season TBD.

**Soccer** - Soccer Season! We are so excited to have a soccer team, we are trying to have both a girls and a boys team this year. Practices will be outdoors unless it is too cold then we will practice in the gym. Practices are Monday-Thursday from 3:00-4:30pm. More information to come!

**Running Club** - We are starting a running club for students who enjoy cross country running or want to get into it! Students will be running everyday. Students will race against themselves and others. This is a good club to bring your friends!

**Homework Help (Project Learn)** - The main focus of project learn is to help students reinforce the academic enrichment and school engagement during club time and provide tutoring or help as needed. Through homework help after school Monday-Thursday from 3:00 - 4:30 pm.

### Social Emotional Learning:

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

