

February 2025

# Heber Valley

[730 S 6th W, Heber City, UT 84032] | [801-857-4793]



**BOYS & GIRLS CLUBS**  
OF WASATCH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is friendship & connection, taking ownership, and being intentional

### Get To Know

We are excited to introduce Mrs. Charla to our program! Mrs. Charla loves all things crafty. She is a wife and a mom to 2 sweet little girls! Mrs. Charla is also a CHEF! She graduated from culinary school in Napa County, CA.



### Project Learn

Tuesday and Thursday - 4:30-5:15pm

Wednesday and Friday - 4:05-4:50pm

We provide High Yield Learning Activities (HYLA), homework support, literacy support, math building activities, and more.

### STEM Labs

Wednesday and Friday - 4:55-5:25pm

### Enrichment

Arts & Crafts Club: Monday - 4:35-6:00pm

Get Moving Club: Tuesday and Thursday - 5:20-6:00pm

### Social Emotional Learning (Prevention & Behavior)

Positive Action:  
Tuesday & Thursday 3:55pm - 4:25pm

Happy  
Birthday



Emery 2/1

### CLUB CLOSED

- 2/5 - HVE SSP Conferences
- 2/6 - HVE SSP Conferences
- 2/17 - No School
- 2/21 - BGC Training



### CONTACT INFORMATION

**Kellie Barrus, LCSW**  
Site Coordinator  
Phone: (801) 857-4793  
Email: [hebervalley@bgcutah.org](mailto:hebervalley@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)



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# Heber Valley Afterschool Program 2024-2025

# February



**BOYS & GIRLS CLUBS  
OF WASATCH COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	27	28	29	30	31
Friendship & Connection	3 Project Learn Arts & Crafts Club <b>FIRE DRILL</b>	4 Social Emotional Learning (P) K-2 "Getting Along With Others Using Social/Emotional Positive Actions" 3-5 "Be My Friend" Project Learn Get Moving Club	5 <b>NO CLUB HVE SSP Conferences</b>	6 <b>NO CLUB HVE SSP Conferences</b>	7 Project Learn STEM Club
Surveys	10 Project Learn Arts & Crafts Club	11 Mid-Surveys	12 Project Learn STEM Club	13 Mid-Surveys	14 Project Learn STEM Club
Taking Ownership	17 <b>NO SCHOOL NO CLUB</b>	18 Social Emotional Learning (P) K-2 "Getting Along With Others Using Social / Emotional Positive Actions" 3-5 "Saying Good Things" Project Learn Get Moving Club	19 Project Learn STEM Club	20 Social Emotional Learning (B) K-2 "Telling Yourself the Truth Using Social / Emotional Positive Actions" 3-5 "Doing Your Part" Get Moving Club	21 <b>NO CLUB BGC Employee Training</b>
Being Intentional	24 Project Learn Arts & Crafts Club	25 Social Emotional Learning (P) K-2 "Telling Yourself the Truth Using Social / Emotional Positive Actions" 3-5 "Saying Thank You" Project Learn Get Moving Club	26 Project Learn STEM Club	27 Social Emotional Learning (B) K-2 "Telling Yourself the Truth Using Social / Emotional Positive Actions" 3-5 "The Right Name" Project Learn Get Moving Club	28 Project Learn STEM Club

Daily Schedule		
Monday 2:20pm - 3:25pm Arrive/Snack/Recess 3:30pm - 4:30pm Project Learn 4:35pm - 6:00pm Arts & Crafts Club/Clean up/Check out	Tuesday, Thursday 3:20pm - 3:50pm Arrive/Snack/Recess 3:55pm - 4:25pm Social Emotional Learning - Positive Action 4:30pm - 5:15pm Project Learn 5:20pm - 6:00pm Get Moving Club/Clean up/Check out	Wednesday & Friday 3:20pm - 4:00pm Arrive/Snack/Recess 4:05pm - 4:50pm Project Learn 4:55pm - 5:25pm STEM Club 5:30pm - 6:00pm Clean up/Check out

Contact Info
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Program Address: 730 S 6th W, Heber City, UT 84032



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## February Club & Activity Details

Happy February BGC friends and family!

When you think about the month of February you typically think about Valentine's Day, love, kindness, joy, and happiness... just to name a few things! We want to expand those thoughts and focus this month on "Friendships". We have spent the last few weeks thinking about different activities and lessons that would promote the idea of friendship within our Club! We are excited and hope your kiddos love and enjoy the activities planned.

One bit of business. We still need your help with sending your students to school with coats, gloves, and hats! We believe your students need some time getting "after school energy" out, and we want to be able to provide that to them outside, but many of our students are not dressed for outside time. If your student doesn't have a coat or gloves, please don't hesitate to reach out. We have resources and can help provide those for you! Here's the catch... Please ask them to remember to take all their pieces home each night!

Social Emotional Learning- Positive Action - This month we will focus on friendship and connection, taking ownership, and being intentional. It is so important for our club members to learn these skills to implement for the rest of their lives.

Project Learn - Members will be guided and supported in completing any homework assignments. They will also be engaged in age/grade appropriate activities when they don't have any class assignments or homework to complete.

Clubs:

STEM Club - This month we will be combining STEM Club with our Arts & Crafts Club. This means our STEM activities will also have art components built in. An example is a Valentine's Day art sun catcher!

Get Moving Club - Members really enjoy this club, getting to learn new games, practice teamwork, and developing gross motor skills!

Arts & Crafts Club - This month students will have the opportunity to create Valentine's Day cards for their friends and family. We will be combining many of our Arts & Crafts activities with our STEM Club to create fun and unique pieces!

