

February 2025

Gateway Middle

201 E Thoroughbred Way | 435-867-5558



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Cooperation & Positive Communication, Communication & Self Honesty, Practicing Self Awareness

Happy Birthday



2/8 Adrian N
2/11 Jeremy B
2/16 Colton
2/17 Layla
2/17 Morris
2/18 Gabo

UPCOMING EVENTS

Feb 7-No Afterschool Program (Staff Training)
Feb 17 No Afterschool Program (Presidents' Day)

CLUB CLOSED

Friday, February 7
Monday, February 17



Get To Know Ms. Emilee!

We have a new member of our afterschool team... Ms. Emilee! She teaches Earth, Moon and Stars, Threads, Got Games?, Chess, Board Games, and Meditative Yoga clubs. She

is a SUU graduate and has just moved back to Cedar City. She is a wonderful and fun addition to our team. We are very excited to have her!



CONTACT INFORMATION

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn/Academic Support

Monday & Thursday 4:05-4:50 pm
Tuesday & Wednesday 3:15-4:00 pm
Friday: 1:15-2:00 pm

Students will have the opportunity to work on homework, class projects, and assignments with support from afterschool staff. Students will have the opportunity to mentor younger grades and offer support to their peers.

AmeriCorps STEM Labs

Monday: 3:15-4:00 pm-Earth Club
Monday: 4:05-4:50 pm-Minecraft Engineering
Thursday: 3:15-4:00 pm-Mathcounts
Wednesday 4:05-4:50 Lego Architects
Friday: 4:15-5:00 Minecraft Engineering
Friday: 3:15-4:00 pm-Robots & Drones

Students will experience hands-on, fun, age appropriate AmeriCorps STEM labs. This includes Science, Technology, Engineering, and Math.

Clubs & Enrichment

See detailed Club descriptions below

Monday

3:15-4:00 Mindfulness
or Art Club

4:05-4:50 Threads or Anime Club

Tuesday

3:15-4:00 The Afterschool Magazine, Improv Club, or Threads Club

4:05-4:50 Campfire Stories, Art of Meditative Yoga Club

Wednesday

3:15-4:00 Recycled Crafts, Career Exploration, or Moon & Stars Club

4:05-4:50 Digital Art, Historical Art Club, or Got Games? Club

Thursday

3:15-4:50 D & D or Simple Cooking Club

3:15-4:00 Chess Club

4:05-4:50 Board Game Club

Friday

1:15- 2:00 Campfire Stories, Anime, or Got Games? Club

2:00-2:45 Reading Mentors, Afterschool Magazine, Career Exploration, or Moon & Stars Club

3:15-4:00 Meditative Yoga or Music Club

3:15-5:00 D&D Club

4:15-5:00 Threads or Minecraft Club

These clubs are age appropriate, skill based, and fun. They promote learning in a playful way that encourages students to try new things, and encourages team building along the way.

Social Emotional Learning

(Prevention & Behavior)
Positive Action

Monday 3:15-4:00 pm (Positive Action)

Friday 1:15-2:00 (Positive Action)

This time will be centered around learning ways to develop our sense of self, how we can better ourselves and improve our relationships with those around us. We will focus on identifying emotions, learning healthy coping skills, and building healthy relationships with peers.



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Utah State Board of Education





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	27	28	29	30	31
Positive Action Mid-Survey #2	<p>3</p> <p>Social Emotional Learning (P): Positive Action: MidSurvey</p> <p>Mindfulness Club</p> <p>Art Club</p> <p>STEM: Earth Club</p> <p>STEM: Minecraft Engineering</p> <p>Threads club</p> <p>Dance Club</p> <p>Project Learn: Academic Support</p>	<p>4</p> <p>Improv Club</p> <p>The Afterschool Magazine Club</p> <p>Moon & Stars Club</p> <p>PE Club</p> <p>Campfire Stories club</p> <p>Meditative Yoga Club</p> <p>Project Learn: Academic Support</p>	<p>5</p> <p>Got Games? Club</p> <p>Anime Club</p> <p>Career Exploration Club</p> <p>Moon & Stars Club</p> <p>STEM: Lego Architects Club</p> <p>Historical Art Club</p> <p>Project Learn: Academic Support</p> <p>Monthly Fire Drill</p>	<p>6</p> <p>D & D Club</p> <p>STEM: MathCounts Club</p> <p>Chess Club</p> <p>Simple Cooking Club</p> <p>Board Games Club</p> <p>Project Learn: Academic Support</p>	<p>7</p> <p>Social Emotional Learning (B): Positive Action: Midsurvey</p> <p>Mindfulness Club</p> <p>Campfire Stories Club</p> <p>Got Games? Club</p> <p>Afterschool Magazine Club</p> <p>Reading Mentors Club</p> <p>Career Exploration Club</p> <p>Meditative Yoga Club</p> <p>Music Club</p> <p>D & D Club</p> <p>STEM: Minecraft Engineering Club</p> <p>Threads club</p> <p>Project Learn: Academic Support</p>
Cooperation & Positive Communication	<p>10</p> <p>Social Emotional Learning (P): Positive Action: Lesson 85: Why Cooperate? Now or Ever?</p> <p>Mindfulness Club</p> <p>Art Club</p> <p>STEM: Earth Club</p> <p>STEM: Minecraft Engineering</p> <p>Threads club</p> <p>Dance Club</p> <p>Project Learn: Academic Support</p>	<p>11</p> <p>Improv Club</p> <p>The Afterschool Magazine Club</p> <p>Moon & Stars Club</p> <p>PE Club</p> <p>Campfire Stories club</p> <p>Meditative Yoga Club</p> <p>Project Learn: Academic Support</p>	<p>12</p> <p>Got Games? Club</p> <p>Anime Club</p> <p>Career Exploration Club</p> <p>Moon & Stars Club</p> <p>STEM: Lego Architects Club</p> <p>Historical Art Club</p> <p>Project Learn: Academic Support</p>	<p>13</p> <p>D & D Club</p> <p>STEM: MathCounts Club</p> <p>Chess Club</p> <p>Simple Cooking Club</p> <p>Board Games Club</p> <p>Project Learn: Academic Support</p>	<p>14</p> <p>Social Emotional Learning (B): Positive Action: Lesson 88: What Am I Sending Out?</p> <p>Mindfulness Club</p> <p>Campfire Stories Club</p> <p>Got Games? Club</p> <p>Afterschool Magazine Club</p> <p>Reading Mentors Club</p> <p>Career Exploration Club</p> <p>Meditative Yoga Club</p> <p>Music Club</p> <p>D & D Club</p> <p>STEM: Minecraft Engineering Club</p> <p>Threads club</p> <p>Project Learn: Academic Support</p>
Communication and Self-Honesty	<p>17</p> <p>Social Emotional Learning (P): Positive Action: Lesson 89: How Do I Communicate In a More Positive Way?</p> <p>Mindfulness Club</p> <p>Art Club</p> <p>STEM: Earth Club</p> <p>STEM: Minecraft Engineering</p> <p>Threads club</p> <p>Dance Club</p> <p>Project Learn: Academic Support</p>	<p>18</p> <p>Improv Club</p> <p>The Afterschool Magazine Club</p> <p>Moon & Stars Club</p> <p>PE Club</p> <p>Campfire Stories club</p> <p>Meditative Yoga Club</p> <p>Project Learn: Academic Support</p>	<p>19</p> <p>Got Games? Club</p> <p>Anime Club</p> <p>Career Exploration Club</p> <p>Moon & Stars Club</p> <p>STEM: Lego Architects Club</p> <p>Historical Art Club</p> <p>Project Learn: Academic Support</p>	<p>20</p> <p>D & D Club</p> <p>STEM: MathCounts Club</p> <p>Chess Club</p> <p>Simple Cooking Club</p> <p>Board Games Club</p> <p>Project Learn: Academic Support</p>	<p>21</p> <p>Social Emotional Learning (B): Positive Action: Lesson 91: How Do I Know What's Real?</p> <p>Mindfulness Club</p> <p>Campfire Stories Club</p> <p>Got Games? Club</p> <p>Afterschool Magazine Club</p> <p>Reading Mentors Club</p> <p>Career Exploration Club</p> <p>Meditative Yoga Club</p> <p>Music Club</p> <p>D & D Club</p> <p>STEM: Minecraft Engineering Club</p> <p>Threads club</p> <p>Project Learn: Academic Support</p>
Practicing Self-Awareness	<p>24</p> <p>Social Emotional Learning (P): Positive Action: Lesson 94: How Do I Know Where I'm Strong? And Where I Struggle?</p> <p>Mindfulness Club</p> <p>Art Club</p> <p>STEM: Earth Club</p> <p>STEM: Minecraft Engineering</p> <p>Threads club</p> <p>Dance Club</p> <p>Project Learn: Academic Support</p>	<p>25</p> <p>Improv Club</p> <p>The Afterschool Magazine Club</p> <p>Moon & Stars Club</p> <p>PE Club</p> <p>Campfire Stories club</p> <p>Meditative Yoga Club</p> <p>Project Learn: Academic Support</p>	<p>26</p> <p>Got Games? Club</p> <p>Anime Club</p> <p>Career Exploration Club</p> <p>Moon & Stars Club</p> <p>STEM: Lego Architects Club</p> <p>Historical Art Club</p> <p>Project Learn: Academic Support</p>	<p>27</p> <p>D & D Club</p> <p>STEM: MathCounts Club</p> <p>Chess Club</p> <p>Simple Cooking Club</p> <p>Board Games Club</p> <p>Project Learn: Academic Support</p>	<p>28</p> <p>Social Emotional Learning (B): Positive Action: Lesson 97: Why Do I Do What I Do?</p> <p>Mindfulness Club</p> <p>Campfire Stories Club</p> <p>Got Games? Club</p> <p>Afterschool Magazine Club</p> <p>Reading Mentors Club</p> <p>Career Exploration Club</p> <p>Meditative Yoga Club</p> <p>Music Club</p> <p>D & D Club</p> <p>STEM: Minecraft Engineering Club</p> <p>Threads club</p> <p>Project Learn: Academic Support</p>



Daily Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2:50-3:15 Check-in/Snack & Social 3:15-4:00 Social Emotional Learning: Positive Action 3:15-4:00 Mindfulness, Art, or Americorps STEM: Earth Club 4:05-4:50 Threads, Dance, or AmeriCorps Stem: Minecraft Engineering Club or Project Learn: Academic Support 4:55-5:15 Snack/Team Games 5:15-5:30 Clean up 5:30 Parent Pick-up</p>	<p>2:50-3:15 Check-in/Snack & Social 3:15-4:00 Improv, The Afterschool Magazine, Moon and Stars Club or Project Learn: Academic Support 4:05-4:50 PE, Campfire Stories, or Meditative Yoga Club 4:55-5:15 Snack/Wordle 5:15-5:30 Clean up 5:30 Parent Pick-up</p>	<p>2:50-3:15 Check-in/Snack 3:15-4:00, Career Exploration, Anime, or Got Games? Club or Project Learn: Academic Support 4:05-4:50 Historical Art, LEGO Architects, or Moon and Stars Club 4:05-4:50 4:55-5:15 Snack/Karaoke 5:15-5:30 Clean up 5:30 Parent Pick-up</p>	<p>2:50-3:15 Check-in/Snack & Social 3:15-4:50 D & D Club or Simple Cooking 3:15-4:00 Americorps STEM: Math Counts, or Chess Club 4:05-4:50 Board Games Club or Project Learn Academic Support 4:55-5:15 Snack/Dance Party 5:15-5:30 Clean up 5:30 Pick-up</p>	<p>12:50-1:00 Check-in 1:15-2:00 Social Emotional Learning: Positive Action 1:15-2:00 PE, Campfire Stories, or Got Games? Club 2:00-2:45 Afterschool Magazine, Reading Mentor, or Career Exploration Club or Project Learn: Academic Support 2:45-3:10 Snack & Social 3:15-4:00 Threads, D & D, or Minecraft Club 4:15-5:00 Meditative Yoga, Dance, or Music Club 5:00-5:15 Snack/Board Games 5:15-5:30 Clean up 5:30 Parent Pick-up</p>

Contact Info

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February Club & Activity Details

Message to Parents:

The theme for February in afterschool is Love and Kindness. We are going to learn how to strengthen relationships with ourselves and others, communicate boundaries, and choose to respond instead of react. We are very excited for this month of giving and kindness, and hope to deepen the friendships of all those involved in afterschool. We have a few new things coming around the bend— please note our new clubs beginning in February: Lego Architects, Career Exploration, and Campfire Stories. We encourage students to choose to participate in these clubs and try some new things!

Our student of the month is... Christian! We appreciate his willingness to be a good example, look out for his peers, and bring the fun! We especially love when Christian has helped to teach his peers some fun games and activities. He is a wonderful, consistent friend and kind to all!

Afterschool Magazine Club Tuesday 3:15-4:00 & Friday 2:00-2:45

Our little writers and designers are ready to roll with the afterschool magazine club. Creating a monthly recording of the *haps* and funtimes, reporting news, taking pictures, and formatting it all into an aesthetic read, are just some of the things our students will accomplish in this exciting club.

Anime Club: Building Empathy Through Character Analysis Wednesday 4:05-4:50

The goal for this club is to show kids how the animated shows we watch can teach us about and help us understand other people's perspectives.. We feel excitement for their triumphs, and sorrow for their struggles. Through stories, we can find common ground, empathy, and understanding. As an activity, we will be watching clips from our favorite animes and discussing the characters, the decisions they make, and how we can apply those lessons to our own lives.

Art Club/Historical Art Monday 3:15-4:00, Wednesday 4:05-4:50

In afterschool art club, students will harness the flow of creativity and self expression. Students will develop skills with digital art, candle making, drawing, painting, linoleum carvings, collage, and much much more! In Historical Art, students will also receive the opportunity to learn how to produce art in the styles of legends.

Campfire Stories Club, Tuesday 4:05-4:50, Friday 1:15-2:00

In a gold 'ol, gather round and come together fashion, Campfire Stories Club is a place for students to circle up with their friends and talk about their lives in front of a virtual 'campfire' crackling on a projector.

Career Exploration Club, Wednesday 3:15-4:00, Friday 2:05-2:50

Now, twice a week, students will have the opportunity to research careers they are interested in pursuing. With the help of their teachers, they will put together mini presentations with information found on their prospective career, and complete a creative trial project to 'test out' the field.

D & D Club, Thursday 3:15-5:00, Friday 3:15-4:00

Creating a character, crafting a world, and developing friendships are the building blocks of D&D club. Students will utilize their literary skills to write backstories and profiles for their characters. They will problem solve with their peers while learning how to solve issues while placed in an *out-of-this-world environment*.

Earth Club Monday 3:15-4:00

This is a hands-on project based club for students to learn more about Mother Nature. Students will break geodes, plant a small garden, make flower bouquets, and investigate bugs and insects up close! This will also be a space for students to liken their emotions to expressions, cycles, and elements of nature.



Improv Club Tuesday 3:00-4:00

Improv will take students through the basics of improv. The skill of improv can help students learn how to be leaders and better public speakers. They will follow the four rules of improv from Commit fully, Yes And, Leave your ego at the door and Respect. These rules are great rules to live by. They will go through short form games that will help bolster confidence in the art form of improv and help them build towards the advanced class.

Lego Architects Club Wednesday 4:05-4:50

As our Lego Robotics Club has finished for the year, we are offering an exciting new hands-on Lego based STEM club for students to work together with peers while focusing on the building and creating portions of Legos. They will have time to recreate ancient and modern architecture as well as try to create their own styles and buildings.

Meditative Yoga Club Tuesday 4:05-4:50 & Friday 3:15-4:00

Marrying movement and meditation, meditative yoga offers a relaxed environment to put some coping skills into practice and give a mood boost for our students! This is a beginning yoga class and at times may include other meditative movements such as zumba, stretching, and breathing techniques

Minecraft Club/Minecraft Engineering Monday & Thursday 4:05-4:50 & Friday 4:15-5:00

Twice a week, a space is carved out for teamwork exercises within the educational version of minecraft. Students will world-build together, helping each other to finish a variety of adventure based objectives. Finally, the teams will all come together to fight the final dragon boss after creating a world they are proud of.

Moon and Stars Club Wednesday 3:15-4:00 & Friday 2:00-2:45

Moon and stars club provides a space for students to learn about the complexity of space! We will lean into curiosity to learn of the constellations and the stories behind them, analyze the positions of celestial bodies, and become more intentional on our place within the universe.

Music Club Thursday 3:15-4:00

The music club will dance down many avenues. Students will learn to make music with varied simple instruments like drums, harmonicas, and ukuleles. Emphasis will also be placed on an appreciation for music as well as exploring how music makes us feel by drawing, writing, or dancing out how we interpret different songs, etc.

PE Club Friday 1:15-2:00

Let's get moving! PE will focus on sections of sports from soccer to ultimate frisbee. While teaching sportsmanship, teamwork, and goal-setting, students will come together to get their wiggles out. The students will build stronger motor skills while building stronger relationships with their peers.

Simple Cooking Club Thursday 3:15-4:50

This club will teach basic cooking techniques and skills, such as measuring, food preparation, and serving. The goal is to expand students' knowledge of ingredients, recipes, and culinary traditions. This club is designed to boost students' confidence in their ability to cook and create meals, in addition to gaining an understanding that we can all practice healthy eating on a budget!

Threads Club Monday 4:05-4:50 Friday 4:15-5:00

Interested in knitting, crochet, cross stitching, embroidery or making friendship bracelets? Threads club is the place for you! We will fine tooth our motor skills while picking up some new talents!



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