

January 2025

# Belknap

650 E. 510 N. Beaver Utah



**BOYS & GIRLS CLUBS**  
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Relationship Building

Happy Birthday



Jaxon 22nd  
Ayven 22nd

### UPCOMING EVENTS

Create Better health 7th

### Club Re-Open

January 6th

### CLUB CLOSED

January 1st, 2nd & 20th



Get To Know

## Madi White



I like camping, going to the lake, painting, shopping, scrapbooking, traveling, and taking pictures. What I love about program is that I get to spend time with all the kids and get to know them. I always learn so much from them!

### CONTACT INFORMATION

**Site Coordinator:** Chloe Wood  
**Email:** [chloe.wood@bgcutah.org](mailto:chloe.wood@bgcutah.org)  
801-372-4887  
[chloe.wood@bgcutah.org](mailto:chloe.wood@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

The main focus of power hour will be to help members complete homework and school assignments  
M-TH 4:30-5:00

### STEM Labs

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all  
Wednesday 3:30-4:30

### Enrichment

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and active activities  
M-TH 3:30-4:30

### Social Emotional Learning (Prevention & Behavior)

Leader In Me and SMART Moves curriculum focus on providing youth with important social-emotional skills. All Social Emotional Learning skills are taught through daily lessons and integrated throughout the rest of the program.  
M-TH 3:30-4:30



[www.facebook.com/bgcsouthutah](http://www.facebook.com/bgcsouthutah)



[www.instagram.com/bgcsouthutah](http://www.instagram.com/bgcsouthutah)



Utah State Board of Education



# Belknap Afterschool Program 2024-2025

HELLO  
january



BOYS & GIRLS CLUBS  
OF SOUTHERN UTAH

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1 <b>School Break No School</b>	2 <b>No Program</b>	3
Courage & Consideration	6 Power Hour Leader in me (p) Passport Club 🛫	7 Power Hour Create Better Health	8 Power Hour STEM Club! 🧪 <b>STUDENT SPOTLIGHT</b>	9 Power Hour Leader in me (b) Book Club 📖 <b>Fire Drill</b>	10
Trust	13 Power Hour Leader in me (p) Book Club 📖	14 Power Hour Young Artist Club 🎨	15 Power Hour STEM Club! 🧪 <b>STUDENT SPOTLIGHT</b>	16 Power Hour Leader in me (b) Passport Club 🛫	17
Abundance Mindset	20 <b>Martin Luther King JR. Day</b> No school <b>No Program</b>	21 Power Hour Young Artist Club 🎨	22 Power Hour STEM Club! 🧪 <b>STUDENT SPOTLIGHT</b>	23 Power Hour Leader in me (b) Passport Club 🛫	24
Friendship	27 Power Hour Leader in me (p) Book Club 📖	28 Power Hour Young Artist Club 🎨	29 Power Hour STEM Club! 🧪 <b>STUDENT SPOTLIGHT</b>	30 Power Hour Leader in me (b) Passport Club 🛫	31

### Daily Schedule

- 2:30 - Super Snack
- 3:00 - Brain Break/Club Fun!
- 3:30 - Social Emotional Learning - Leader In Me/Social Emotional Learning - Smart Moves/STEM Club
- 4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)
- 5:00 - Club Fun, Reflection and Clean Up
- 5:30 - End of Program

### Contact Info

BELKNAP BOYS AND GIRLS CLUB  
Site Coordinator: Chloe Wood  
Email: [chloe.wood@bgcutah.org](mailto:chloe.wood@bgcutah.org)  
Phone: 1-801-372-4887

Program Address: 650 E. 510 N. Beaver Utah



[www.facebook.com/bgcsouthutah](http://www.facebook.com/bgcsouthutah)



[www.instagram.com/bgcsouthutah](http://www.instagram.com/bgcsouthutah)



Utah State Board of Education



# January Club & Activity Details

## Message to Parent

We are so excited for the fun activities we have planned for January! We look forward to continuing to build relationships with the youth, teach them new skills that can help them in the future, and watch them grow into future leaders!

## Our Core Promise

To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

## Social Emotional Learning:

**Leader In Me-** Social Emotional Learning Curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. This program is run Monday through Thursday

## Academic Support:

**Power Hour:** The main focus of power hour will be to help youth complete homework assignments, work on HYL A activities and their book in a bag. Our goal is to help youth reduce missing assignments by aligning with school teachers, and working on daily assignments at programs to allow family time at home. If you know what homework your student should be working on, please let us know and we will do our best to assist them! We do power hour Monday-Thursday.

**STEM Club-** Provide hands-on learning experiences in Science, Technology, Engineering, and Mathematics. Students engage in projects like building simple circuits, constructing bridges, coding with beginner-friendly software, and conducting science experiments. These activities are designed to be interactive and fun, helping kids develop problem-solving skills, creativity, and a strong foundation in STEM concepts while encouraging teamwork and curiosity about the world around them.

**Create Better Health Club-** Allie Bradshaw from our local USU Extension Office will be joining us multiple times this month to lead the Create Better Health Club. This program is designed to help participants develop healthier eating habits and adopt an active lifestyle, with a particular focus on the benefits of dairy and protein. Dairy products are rich in essential nutrients like calcium and vitamin D, which are key for strong bones, while protein plays an important role in muscle repair, tissue building, and helping you feel full longer. Throughout the program, participants will receive guidance on choosing a variety of high-quality dairy and protein options, enabling them to make well-informed decisions about their diet.

**Book Club-** A fun and interactive group where students come together to explore new books, share their thoughts, and dive into exciting stories. Each meeting focuses on reading and discussing a different book, helping kids develop their love for reading, improve their comprehension, and practice communication skills. Whether it's through lively discussions, creative activities, or themed events, the Book Club sparks imagination and fosters a sense of community among young readers.

**Passport Club-** Is an exciting adventure where kids explore the world from the comfort of their own school! Each month, we "travel" to a new country, learning about different cultures, landmarks, and traditions. Through crafts, games, and activities, members earn stamps in their "passports" as they journey across the globe, discovering the beauty of our diverse world. Ready for an adventure? Let's go!

**Young Artist club-** Is a fun and creative space where kids can explore their imagination through art! Whether it's drawing, painting, crafting, or experimenting with new techniques, our club is all about expressing ideas and having fun. Join us to make awesome art, share your creations, and grow as an artist while making new friends!





# FAMILIES TALKING TOGETHER

## Tough Topics : Proven Strategies

- ✓ Evidence-based
- ✓ Training
- ✓ Practice

Unlock effective ways to guide your child through **peer pressure**, **romantic relationships**, and **delaying sexual activity**.

**SIGN UP HERE**



Join me for a **FREE** 90 minute online conversation.  
-Tracie Carter  
Outreach Program Manager



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY



DEPARTMENT OF  
**WORKFORCE SERVICES**

SUBJECT: Families Talking Together - Skills to connect so your kids listen

The holiday break means more time with our kids! Want to unlock effective ways to have important conversations about their peer relationships?

We will practice skills and strategies that will help your child navigate peer pressure and bullying, prioritize their education, not use harmful substances or excessive screen time, and delay sexual activity.

Boost your family connections and support club programs by scheduling a [free online appointment](#) at a time that works best for you!

Scheduling Link:

[https://calendar.google.com/calendar/u/0/appointments/schedules/AcZssZ3JVcp82yYxRsRM3MNf8GxfYFqItE\\_hIH4hNIEiVJeVS8JdwFX0XzKM\\_WJTsNyZsV-4jE2IMuKK](https://calendar.google.com/calendar/u/0/appointments/schedules/AcZssZ3JVcp82yYxRsRM3MNf8GxfYFqItE_hIH4hNIEiVJeVS8JdwFX0XzKM_WJTsNyZsV-4jE2IMuKK)



[www.facebook.com/bgcsouthutah](http://www.facebook.com/bgcsouthutah)



[www.instagram.com/bgcsouthutah](http://www.instagram.com/bgcsouthutah)



Utah State Board of Education

