

January 2025

Westmore Elementary

1150 S. Main St. Orem, UT 84058 (801) 372-5618



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Learning Self-Awareness.

Happy
Birthday



Abish, Arianna, Addalyn,
Andrius, Maria, Mariana

UPCOMING EVENTS

WINTER BREAK
Until January 6th

CLUB CLOSED

January 1-3 WINTER BREAK
January 20 MARTIN LUTHER
KING JR. DAY



Rosevelt Rawls came to sing to us at our Holiday Family Night. She was amazing!



Project Learn

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities.

STEM Labs

Monday & Wednesday Gr 3-6
Tuesday & Thursday Gr K-2
Friday choice rotation all grades

We will be having fun interactive STEM activities that will focus on this Winter season.

Enrichment

Daily

Enrichment clubs are to further enrich and broaden our members' experiences by offering Physical and Creative club activities.

Social Emotional Learning (Prevention & Behavior)

Monday-Thursday

This month we will talk about learning self awareness through recognizing our talents, thinking before acting, and looking at our big feelings.

CONTACT INFORMATION

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)



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Westmore Elementary Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
			1 WINTER BREAK CLUB CLOSED	2 WINTER BREAK CLUB CLOSED	3 WINTER BREAK CLUB CLOSED
Gratitude & Frustration	6 Social Emotional Learning: K-2 Thank You, Thank You, Thank You! (P) STEM: 3-6 Clubs: Paper Plate Winter Hat	7 Social Emotional Learning: 3-6 Thank You, Thank You, Thank You! (P) STEM: K-2 Enrichment: HYLA	8 FIRE DRILL Social Emotional Learning: 3-6 Frustration Smushstration! (B) STEM: K-2 Clubs: Paper Plate Winter Hat	9 Social Emotional Learning: K-2 Frustration Smushstration! (B) STEM: 3-6 Enrichment: Winter Math, Winter Sweater	10 FUN FRIDAY Social Emotional Learning/Clubs/STEM
The Golden Rule	13 Social Emotional Learning: K-2 Treating Others the Way We Want to be Treated (P) STEM: 3-6 Clubs: Pick-Up The Snowballs	14 Social Emotional Learning: 3-6 Treating Others the Way We Want to be Treated (P) STEM: K-2 Enrichment: Balloon Volleyball & HYLA	15 Social Emotional Learning: K-2 The Code (B) STEM: 3-6 Clubs: Pick-Up The Snowballs	16 Social Emotional Learning: 3-6 The Code (B) STEM: 3-6 Enrichment: Balloon Volleyball & HYLA	17 FUN FRIDAY Social Emotional Learning/Clubs/STEM
Respect	20 NO CLUB MARTIN LUTHER KING JR. DAY	21 Social Emotional Learning: 3-6 Your Code (P) STEM: K-2 Enrichment: Winter Sweater Worksheet & HYLA	22 Social Emotional Learning: K-2 Respecting Me, Respecting You (B) STEM: 3-6 Clubs: Paper Plate Winter Hat	23 Social Emotional Learning: 3-6 Respecting Me, Respecting You (B) STEM: 3-6 Enrichment: Winter Sweater Worksheet & HYLA	24 FUN FRIDAY Social Emotional Learning/Clubs/STEM
Friends & Connections	27 Social Emotional Learning: K-2 Be My Friend (P) STEM: 3-6 Clubs: Pick-Up The Snowballs	28 Social Emotional Learning: 3-6 Be My Friend (P) STEM: K-2 Enrichment: Keepy Uppy & HYLA	29 Social Emotional Learning: K-2 What We Understand (B) STEM: 3-6 Clubs: Pick-Up The Snowballs	30 Social Emotional Learning: 3-6 What We Understand (B) STEM: 3-6 Enrichment: Keepy Uppy & HYLA	31

		Daily Schedule			
Monday & Wednesday		Tuesday & Thursday		Friday	
3:30 - 3:45	Check in, Snack	3:30 - 3:45	Check in, Snack	3:30 - 3:45	Check in, Snack
3:45 - 3:55	Circle Up	3:45 - 3:55	Circle Up	3:45 - 3:55	Circle Up
4:00 - 4:30	Social Emotional Learning Gr K-2 STEM Gr 3-6	4:00 - 4:30	Social Emotional Learning Gr 3-6	4:00 - 4:30	SMART Moves - all ages
4:35 - 5:25	Clubs: Creative & Physical	4:35 - 5:25	Project Learn: HYLAs/Power STEM Gr K-2	4:35 - 5:25	Rotations - Creative - Physical - STEM
5:15 - 5:30	Clean Up & Dismissal	5:15 - 5:30	Hour & Enrichment Centers Clean Up & Dismissal	5:15 - 5:30	Clean Up & Dismissal

Contact Info
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January Club & Activity Details

Message to Parents:

Thank you to everyone that attended our Holiday Family Night last month. We hope you all had fun and enjoyed spending time with your family. We hope you all enjoyed your Winter Break! We are excited to see everyone back on the 6th!

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The December theme is learning self-awareness.

Power Hour - The main focus of power hour will be to help youth complete homework assignments and work on reading and math skills. We are aligning with Westmore Elementary's goals and hope to help our students meet their literacy and mathematics goals.

STEM: Youth will have the opportunity to participate in a new experiment every Tuesday, Thursday and Friday! Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments. We will be doing activities and lessons that incorporate this Winter season.

Physical Club - We will be creatively moving our bodies in fun ways indoors this month.

Creative Club - We are looking at ways to develop new artistic talents with our Creative Club this month through crafts, crocheting, and 2D art.

STEM Club - We will be using our tech and math skills as we make different Winter crafts and try out new experiments.

