

January 2025

# Walden Middle

4230 N University Ave, Provo, UT 84604



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self-Management

Happy Birthday



Kat - Jan 5th

Finn - Jan 13th

Mason - Jan 17th

## UPCOMING EVENTS

NA

## CLUB CLOSED

No Clubs on Mon Jan 20th!



### CONTACT INFORMATION

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### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

Project Learn or "Power Hour/Homework Help" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

### STEM Labs

We offer a variety of clubs focused on building skills in science, technology, engineering, and math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving. These hands-on experiences not only enhance their understanding of STEM concepts but also inspire a lifelong passion for learning and discovery.

### Enrichment

Students are given the opportunity to explore and learn a diverse range of skills through various engaging activities. These activities are carefully designed to foster creativity, critical thinking, and collaboration, ensuring that each student can discover and develop their unique talents. From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences. This holistic approach helps students gain confidence, enhance their problem-solving abilities, and build essential life skills that will serve them well in the future.

### Prevention & Education

Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

Every day, we will explore a variety of social and emotional topics using the Kid-Grit curriculum, fostering meaningful discussions and personal growth.



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Utah State Board of Education



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Management Skills in Life	6 Project Learn 3D Printing Club Games of Strategy: MTG + Chess Arts+Crafts Club	7 Project Learn Social Emotional Learning (P) - Lesson 64: Do my feelings matter? 3D Printing Club Dungeons and Dragons Club	8 Project Learn 3D Printing Club Arts+Crafts Club Dungeons and Dragons Club	9 Project Learn Social Emotional Learning (B) - Lesson 65: Help, I'm having a feeling 3D Printing Club Dungeons and Dragons Club	10 Project Learn 3D Printing Club Gaming Club Games of Strategy: MTG + Chess <b>FIRE DRILL TODAY</b>
Self-Management	13 Project Learn 3D Printing Club Games of Strategy: MTG + Chess Arts+Crafts Club	14 Project Learn Social Emotional Learning (P) - Lesson 67: Why can't we all just get along? 3D Printing Club Dungeons and Dragons Club	15 Project Learn 3D Printing Club Arts+Crafts Club Dungeons and Dragons Club	16 Project Learn Social Emotional Learning (B) - Lesson 68: How do we all want to be treated? 3D Printing Club Dungeons and Dragons Club	17 Project Learn 3D Printing Club Gaming Club Games of Strategy: MTG + Chess
Managing Our Action	20	21 Project Learn Social Emotional Learning (P) - Lesson 70: What, me care? 3D Printing Club Dungeons and Dragons Club	22 Project Learn 3D Printing Club Arts+Crafts Club Dungeons and Dragons Club	23 Project Learn Social Emotional Learning (B) - Lesson 71: How do people begin to understand each other? 3D Printing Club Dungeons and Dragons Club	24 Project Learn 3D Printing Club Gaming Club Games of Strategy: MTG + Chess
	27 Project Learn 3D Printing Club Games of Strategy: MTG + Chess Arts+Crafts Club	28 Project Learn Social Emotional Learning (P) - Lesson 73: What's love got to do with it? Dungeons and Dragons Club	29 Project Learn 3D Printing Club Arts+Crafts Club Dungeons and Dragons Club	30 Project Learn Social Emotional Learning (B) - Lesson 76: Why does kindness matter to me? 3D Printing Club Dungeons and Dragons Club	31 Project Learn 3D Printing Club Gaming Club Games of Strategy: MTG + Chess

**Daily Schedule**

**Monday-Thursday Programming**

Transition Time 3:00pm-3:15  
 Social Emotional Learning - Positive Action (Tues + Thurs) 3:15 pm - 3:45 pm  
 STEM (Tues + Thurs) 3:45pm - 4:15pm  
 Project Learn (Homework Help/Tutoring) 3:15pm - 4:15pm  
 After School Clubs (MTG, DND, Crafts, Sports, etc) 4:15pm - 5:30pm

**Friday Programming**

Transition Time 12:45 pm - 1:00 pm  
 Project Learn 1:00pm - 2:00pm  
 After School Clubs 1:00pm - 5:30pm

**Contact Info**

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Program Address: 4230 N University Ave, Provo, UT 84604



## January Club & Activity Details

**Project Learn/Homework Help:** Project Learn is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

**Dungeons & Dragons:** Dungeons & Dragons offers numerous educational benefits, including enhancing critical thinking, creativity, and problem-solving skills. It fosters teamwork and collaboration, improves communication and literacy, and reinforces numeracy skills. The game also helps develop social skills and empathy, builds persistence and resilience, and provides leadership and decision-making opportunities, especially for student Dungeon Masters. Overall, D&D is a powerful tool for holistic learning and personal development.

**Drama/Storytelling Club:** Joining Drama Club offers a multitude of educational benefits that extend far beyond the stage. Through the practice of acting, students enhance their public speaking and communication skills, gaining confidence and poise in front of an audience. The collaborative nature of theater fosters teamwork and social skills as students work together to create performances. Engaging in character development and script analysis sharpens critical thinking and empathy, allowing students to understand diverse perspectives and emotions. Additionally, Drama Club encourages creativity and problem-solving as students interpret and bring stories to life. The experience of rehearsals and performances also helps develop time management and organizational skills, preparing students for various challenges both academically and personally. Overall, Drama Club provides a dynamic platform for personal growth, creative expression, and essential life skills.

**Strategy Games - MTG and More!:** Do you enjoy the strategic excitement of tabletop games like Vast, Risk, or Catan but find the complex rules overwhelming? Join Games Club to immerse yourself in the world of tabletop gaming in a supportive and educational environment. Our club provides clear guidance on game mechanics and strategies, helping you develop critical thinking, strategic planning, and problem-solving skills. Whether you're a seasoned player or new to the game, Games Club offers a collaborative space to enjoy these intellectually stimulating games and enhance your understanding of game dynamics.

**Arts & Crafts:** Ready to get your creative juices flowing? Do you have ideas for fun arts and crafts that you'd like to bring to life? Come to Craft Club! In years past we've done a variety of activities including our Upcycling club and more! From making posters, creating collages, designing miniature model homes, or simply having a safe space to practice your art - we hope you'll join us for this exciting club!

**Sports:** Each week come and learn a new sport or game! We will take time to learn the rules and practice the technique to improve our ability at different sports such as basketball, ultimate frisbee, kickball, wiffle ball and more!

**Social Emotional Learning Positive Action and SMART:** Positive Action and SMART is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

