

JANUARY 2025

Walden High School

4266 N University Ave, Provo, UT 84604



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.



Our Positive Action focus this month is "Who Am I as a Social Self?"

Happy Birthday!

Grace L. - 1/26
Fiametta M. - 1/26
Kynlie S. - 1/26



UPCOMING EVENTS

TBA

CLUB CLOSED

Jan 20th, 2025 - MLK Day



CONTACT INFORMATION

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Site Coordinator

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

CLUB OFFERINGS

Project Learn

Project Learn or "Power Hour/Homework Help" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

STEM Labs

We offer a variety of clubs focused on building skills in Science, Technology, Engineering, and Math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving. These hands-on experiences not only enhance their understanding of STEM concepts but

also inspire a lifelong passion for learning and discovery.

Enrichment

Students are given the opportunity to explore and learn a diverse range of skills through various engaging activities. These activities are carefully designed to foster creativity, critical thinking, and collaboration, ensuring that each student can discover and develop their unique talents. From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences. This holistic approach helps students gain confidence, enhance their problem-solving abilities, and build essential life skills that will serve them well in the future.

Social Emotional Learning Prevention & Education

Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

Every week, we will explore a variety of social and emotional topics using the SMART Moves curriculum, fostering meaningful discussions and personal growth.



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Utah State Board of Education



UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE



BOYS & GIRLS CLUBS
OF UTAH COUNTY

JANUARY 2025

Walden High School Boys & Girls Club
2024-2025

Positive Action Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing our Feelings	6 Dungeons&Dragons Club ¹² Math Lab/STEM ² Power Hour ²	7 Dungeons&Dragons Club ¹² Social Emotional Learning - Positive Action (P): Lesson 64: Do My Feelings Matter? ² Power Hour ²	8 Strategy Enrichment Club ² Math Lab/STEM ² Power Hour ² FIRE DRILL	9 Multicultural Club ¹² MTG Club ² Social Emotional Learning - Positive Action (B): Lesson 65: Help! I'm Having a Feeling ² Math Lab/STEM ² Power Hour ²	10 Dungeons&Dragons Club ¹² Basketball Club ¹² Power Hour ²
Understanding our Social Selves	13 Dungeons&Dragons Club ¹² Math Lab/STEM ² Power Hour ²	14 Dungeons&Dragons Club ¹² Social Emotional Learning - Positive Action (P): Lesson 67: Why Can't We All Just Get Along? ² Power Hour ²	15 Strategy Enrichment Club ² Math Lab/STEM ² Power Hour ²	16 Multicultural Club ¹² MTG Club ² Social Emotional Learning - Positive Action (B): Lesson 68: How Do We All Want to Be Treated? ² Math Lab/STEM ² Power Hour ²	17 Dungeons&Dragons Club ¹² Basketball Club ¹² Power Hour ²
Learning How to Understand Other People	20 NO CLUBS! - MLK Day	21 Dungeons&Dragons Club ¹² Social Emotional Learning - Positive Action (P): Lesson 70: What? Me Care? ² Power Hour ²	22 Strategy Enrichment Club ² Math Lab/STEM ² Power Hour ²	23 Multicultural Club ¹² MTG Club ² Social Emotional Learning - Positive Action (B): Lesson 71: How Do People Begin to Understand Each Other? ² Math Lab/STEM ² Power Hour ²	24 Dungeons&Dragons Club ¹² Basketball Club ¹² Power Hour ²
Love and Kindness	27 Dungeons&Dragons Club ¹² Math Lab/STEM ² Power Hour ²	28 Dungeons&Dragons Club ¹² Social Emotional Learning - Positive Action (P): Lesson 61: Does What We Do Matter? ² Power Hour ²	29 Strategy Enrichment Club ² Math Lab/STEM ² Power Hour ²	30 Multicultural Club ¹² MTG Club ² Social Emotional Learning - Positive Action (B): Lesson 76: Why Does Kindness Matter to Teens? ² Math Lab/STEM ² Power Hour ²	31 Dungeons&Dragons Club ¹² Basketball Club ¹² Power Hour ²
	3	4	15	6	7

Daily Schedule

Math Lab/STEM

M/W/Th 3:15pm-4:15pm

Monday-Thursday Programming

Transition Time/Check In/Snack 3:00pm-3:15pm
 Social Emotional Learning - Positive Action (T/TH) 3:15pm-3:45pm
 Power Hour 4:15pm-5:30pm
 Enrichment Clubs (M/T/TH) 3:15pm-5:30pm
 Enrichment Clubs (W) 4:15pm-5:30pm
 Check Out 5:30pm

Friday Programming

Transition Time/Check In/Snack 12:45 pm-1:00 pm
 Power Hour 1:15 pm-2:30 PM
 Enrichment Clubs 1:00 pm-5:30 pm
 Check Out 5:30pm

¹21st Century sponsored
²Boys & Girls Clubs of Utah County sponsored

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January Club & Activity Details

Message to Parents:

Hello from The Boys & Girls Club at Walden High! We're beyond excited to have you in our afterschool program, where every day is an adventure in learning and discovery. In this new year, prepare for a whirlwind of fresh activities, creative projects, and enriching experiences designed to spark curiosity and foster growth. Our dedicated team is ready to guide your child through a year filled with fun, exploration, and achievement. Thank you for your ongoing support and enthusiasm—together, we'll make this year unforgettable!

Project Learn (Power Hour): Project Learn (Power Hour) is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

Social Emotional Learning - Positive Action and SMART Moves: Positive Action and SMART Moves are designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

STEM Enrichment - Math Lab: Come join us every Monday, Wednesday, and Thursday in Math Lab! Students are welcome to attend free math and STEM tutoring sessions, where they can receive support with their math homework, enhance their problem-solving skills, and explore fun STEM topics. Whether they need help with specific assignments or want to delve into exciting new math challenges, the Math Lab offers a supportive environment for learning and growth. Students of all skill levels are encouraged to participate and make the most of this valuable resource!

Sports Enrichment - Basketball Club: Join our new afterschool Basketball Club, starting up every Friday! This co-ed club offers a fun way to develop your basketball skills, make new friends, and stay active. We are thrilled to announce that our club will participate in the Boys & Girls Clubs of Utah County Co-Ed Basketball League, where you'll have the chance to compete with other local teams. Whether you're a beginner or an experienced player, this is a great opportunity to improve your game and enjoy some friendly competition. Don't miss out on the excitement—sign up today and be part of the team!

Strategy Enrichment - MTG Club: Do you enjoy the strategic excitement of tabletop games like Vast, Risk, or Catan but find the complex rules overwhelming? Join us and immerse yourself in the world of tabletop gaming in a supportive and educational environment. Or, if you enjoy the complex thrill of fantasy-based card games, **Magic: The Gathering (MTG)** is just for you. Within the next few weeks, we will bring to life our very own Magic: The Gathering Club so look out for more announcements to come! Overall, our strategy enrichment clubs provide clear guidance on game mechanics, helping you develop critical thinking, strategic planning, and problem-solving skills. Whether you're a seasoned player or an eager novice, these clubs offer a collaborative space to enjoy intellectually stimulating games and enhance your understanding of game dynamics.

Dungeons & Dragons Club: Dungeons & Dragons offers numerous educational benefits, including enhancing critical thinking, creativity, and problem-solving skills. It fosters teamwork and collaboration, improves communication and literacy, and reinforces numeracy skills. The game also helps develop social skills and empathy, builds persistence and resilience, and provides leadership and decision-making opportunities, especially for student Dungeon Masters. Overall, D&D is a powerful tool for holistic learning and personal development.

Multicultural Club: Are you an avid fan of the Japanese language, film, literature, etiquette, and more? Or even just a curious beginner? Come join our Multicultural club! Through group study, we bring Japanese culture immersion to life, highlighting various culture subsets weekly. It's a blast you don't want to miss!

