

January 2025

# Timpanogos Elementary

449 N 500 W, Provo, UT 84601 | (801) 857-4361



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Paying Attention to our Feelings, Gratitude and Frustration, The Golden Rule, and Respect

Happy Birthday



Ethan 1/6

Milan 1/9

## UPCOMING EVENTS

Jan 1-6 Winter Break  
Jan 20- Martin Luther King Jr. Day  
Jan 28th - Parent Math & Literacy Night



## Get To Know Jessalyn!



Jessalyn Bates grew up in Pleasant Grove Utah. She's been working with kids for over 5 years, and loves making learning fun!

She's currently studying psychology, and hopes to use it to help vulnerable kids have a bright future.

## CONTACT INFORMATION

**Joanna Smith**  
Site Coordinator  
Phone: (801) 857-4361  
Email: [timpanogos@bgcutah.org](mailto:timpanogos@bgcutah.org)

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Monday & Wednesday  
4:00 pm - 4:45pm

Tuesday & Thursday

4:35pm - 5:15pm  
Homework Help, High Yield Learning  
Activities (HYLA), Brain Games!

## STEM Labs

Monday & Wednesday  
4:50pm - 5:10pm

## Enrichment

Monday & Wednesday  
4:50pm - 5:15pm

Creative Club

Fridays

4:00pm - 5:15pm

Get Moving Club & Fun Friday

## Social Emotional Learning (Prevention & Behavior)

Tuesday & Thursday (Positive Action)  
4:40pm - 5:10pm

Themes: Gratitude & Frustration, The Golden Rule, Respect, Friendship & Connection



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# Timpanogos Afterschool Program 2024-2025

HELLO  
january

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1 Club Closed- Holiday Break	2 Club Closed- Holiday Break	3 Club Closed- Holiday Break
Paying Attention to our Feelings	6 Club Closed- Holiday Break	7 Social Emotional Learning (P) 3-6: "Looking For Love, Finding It" K-2: "Managing Yourself Using Social/ Emotional Positive Actions" Project Learn	8 Circle Up Snack Project Learn STEM ART Club	9 Social Emotional Learning (B) 3-6: "What Scares Me Now" K-2 "Managing Yourself Using Social / Emotional Positive Actions" Project Learn	10 Fire Drill Circle Up Career Exploration Club Snack "Get Moving" Club Fun Friday!
Gratitude and Frustration	13 Circle Up Snack Project Learn STEM ART Club	14 Social Emotional Learning (P) 3-6: "Thank you! Thank you! Thank you!" K-2 Getting Along With Others Using Social / Emotional Positive Actions Project Learn	15 Circle Up Snack Project Learn STEM ART Club	16 Social Emotional Learning (B) 3-6: "Frustration, Smushtration!" K-2 Getting Along With Others Using Social / Emotional Positive Actions Project Learn	17 Circle Up Career Exploration Club Snack "Get Moving" Club Fun Friday!
The Golden Rule	20 Club Closed- MLK Day	21 Social Emotional Learning (P) 3-6: "Treating Others the Way We Want to Be Treated" K-2 Getting Along With Others Using Social / Emotional Positive Actions Project Learn	22 Circle Up Snack Project Learn STEM ART Club	23 Social Emotional Learning (B) 3-6: "The Code" K-2 Getting Along With Others Using Social / Emotional Positive Actions Project Learn	24 Circle Up Career Exploration Club Snack "Get Moving" Club Fun Friday!
Respect	27 Circle Up Snack Project Learn STEM ART Club	28 Club Closed- Parent Math and Literacy Night	29 Circle Up Snack Project Learn STEM ART Club	30 Social Emotional Learning (B) 3-6: "Your Code" K-2 Getting Along With Others Using Social / Emotional Positive Actions Project Learn	31 Circle Up Career Exploration Club Snack "Get Moving" Club Fun Friday!

Monday & Wednesday	Tuesday & Thursday	Friday
3:05pm - 3:35pm Check in, Circle Up, Snack 3:35pm -3:40pm Clean up & Transition 3:40pm - 3:55pm Recess 3:55pm - 4:00pm Transition 4:00pm - 4:45pm Project Learn 4:45pm - 4:50pm Transition 4:50pm - 5:15pm STEM 4:50pm - 5:15pm Art Club 5:15pm - 5:30pm Backpacket games 5:30pm Program Closes	3:05pm - 3:35pm Check in, Circle Up, Snack 3:35pm -3:40pm Clean up & Transition 3:40pm - 3:55pm Recess 3:55pm - 4:00pm Transition 4:00pm - 4:30pm Social Emotional Learning: Positive Action 4:30pm - 4:35pm Transition 4:35pm - 5:15pm Project Learn 5:15pm - 5:30pm Backpacket games 5:30pm Program Closes	1:30pm - 2:00pm Check in & Recess 2:00pm - 2:05pm Transition 2:05pm - 2:20pm Circle Up 2:25pm - 3:25pm Career Exploration Club 3:25pm - 3:30pm Transition 3:30pm - 3:45pm Snack 3:45pm - 4:00pm Clean up & Transition 4:00pm - 4:30pm Get Moving Club 4:30pm - 5:00pm Fun Friday Club 5:00pm - 5:15pm End of day Clean up 5:15pm - 5:30pm Backpacket Games 5:30pm Program Closes

Contact Info
<p><b>Joanna Smith</b> Site Coordinator Phone: (801) 857-4361 Email: <a href="mailto:timpanogos@bgcutah.org">timpanogos@bgcutah.org</a></p>
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## January Club & Activity Details

**Message to Parents** - Hello Parents! This month we are excited to introduce some new clubs to your students: Art Club and Career Exploration Club. Each Club is detailed below and will include hands on education and fun activities! We will also continue teaching STEM Club and our Social Emotional learning curriculums! Within these curriculums we will be learning more about how to take care of our intellectual and physical bodies as well as our other emotions as a whole.

Thank you!

As always, reach out with any questions or concerns.

**Project Learn** - Project Learn or “Power Hour” is our academic time Monday - Thursday to help support what our club members are learning during the school day. Boys & Girls Club offers homework help, High Yield Learning activities, and other fun games/activities that have an academic focus that are still fun! This month, we will be focusing on math and literary skills through different games and activities!

**STEM** - STEM is our twice a week rotation that is taught by our AmeriCorps members! STEM includes topics of science, technology, engineering, and math. Within this club our members will be able to learn and explore aspects of how the world works around them. Building, creating, and constructing projects out of objects in the world around them.

**Social Emotional Learning**- Similar to previous years, Boys & Girls Club uses two social emotional learning curriculums– SMART Moves and Positive Action. Within both curriculums, club members will learn a lot about feelings, emotions, being a good friend/peer, and ways to help others. Social Emotions are crucial to development and we make learning fun through these curriculums! SMART moves will be ending in December and a Creative Club will take it’s place! We’ve been gearing up by asking the students what they are interested in, and we’d love to hear from parents as well!

**Get Moving Club** - This month, club members will have the opportunity to learn about various sports and games within Get Moving club. Members will practice gross motor skills, teamwork, and sportsmanship. The Get Moving club is separated by grade group to make sure that all members are safe, as different ages have different understandings, abilities, and motives.

**Art Club** - In this club, members will be able to express themselves through various art mediums and crafting supplies. Members will learn new techniques and use materials that invite creativity and learning. This month our Creative Club will center on paper crafts.

**Career Exploration Club** - Members will have the opportunity to shape the curriculum of this exploration club as they grow and express opinions about their future occupations. Members will be encouraged to take club insights outside of school and guest speakers will be invited.

