

January 2025

Sunset Elementary

495 Westridge Drive | 801-372-3151



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

Happy
Birthday



Jan. 4 - Azzi & Jr.
Jan. 14 - Katheryn
Jan. 17 - Taylor
Jan. 29 - Raylin
Jan. 31 - Melanie & Mia

UPCOMING EVENTS

CLUB CLOSED

Jan. 1-3
Jan. 20th



Get To Know

My name is Kaylee Boone & I am the Social Emotional Learning (SEL) Coordinator for BGC of Southern Utah & Utah County! I get to visit over 30 programs and observe the great work all of our club members and staff are doing. I've been with the Boys and Girls Club for 3 years and love learning about and meeting each of our club members! Thanks for being a part of our club.



CONTACT INFORMATION

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday-Thursday Grades 4-5
3:25-4:10/Grades K-3 4:05-4:35

We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

STEM Labs

Wednesday & Friday Grades K-3
3:25-3:55/Grades 4-5 4:05-4:35 Fridays:
2:50-3:20

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering and Math can be used in everyday life.

Enrichment

Monday - Thursday 4:40 - 5:10

Enrichment clubs offer our members opportunities to participate in a variety of activities which will continue to change as the year progresses.

Social Emotional Learning (Prevention & Behavior)

Tuesday-Thursday Grades K-3
3:30-4:00/Grades 4-5 4:05-4:35

Our Positive Action curriculum provides members with important social-emotional skills that can help them throughout life.

Friday 3:45-4:30 Our SMART Moves curriculum provides members with relationship building skills with themselves and others.



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Sunset Elementary Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30 No Club	31 No Club	1 No Club	2 No Club	3 No Club
Gratitude and Frustration	6 Project Learn Comic Club Artists Club	7 Project Learn Social Emotional Learning (P) - Grade 5 Manual: Lesson 64 "Thank you! Thank you! Thank you!" Grade 2 Manual: Lesson 72 "Getting Along With Others Using Social / Emotional Positive Actions" Ocean Club Kickball Club	8 Project Learn Stem Comic Club Artists Club	9 Project Learn Social Emotional Learning (B) - Grade 5 Manual: Lesson 66 "Frustration, Smushtration!" Grade 2 Manual: Lesson 73 "Getting Along With Others Using Social / Emotional Positive Actions" Ocean Club Kickball Club	10 Project Learn Stem Rotations Fun Friday
The Golden Rule	13 Project Learn Comic Club Artists Club	14 Project Learn Social Emotional Learning: (P) - Grade 5 Manual: Lesson 70 "Treating Others the Way We Want to Be Treated" Grade 2 Manual: Lesson 75 "Getting Along With Others Using Social / Emotional Positive Actions" Ocean Club Kickball Club	15 Project Learn Stem Comic Club Artists Club	16 Project Learn Social Emotional Learning (B) - Grade 5 Manual: Lesson 71 "The Code" Grade 2 Manual: Lesson 76 & 79 "Getting Along With Others Using Social / Emotional Positive Actions" Ocean Club Kickball Club	17 Project Learn Stem Rotations Fun Friday
Respect	20 No Club	21 Project Learn Social Emotional Learning (P) - Grade 5 Manual: Lesson 73 "Your Code" Grade 2 Manual: Lesson 80 & 81 "Getting Along With Others Using Social / Emotional Positive Actions" Ocean Club Kickball Club	22 Project Learn Stem Comic Club Artists Club	23 Project Learn Social Emotional Learning (B) - Grade 5 Manual: Lesson 74 "Respecting Me, Respecting You" Grade 2 Manual: Lesson 82 "Getting Along With Others Using Social / Emotional Positive Actions" Ocean Club Kickball Club	24 Project Learn Stem Rotations Fun Friday
Friendship and Connection	27 Project Learn Comic Club Artists Club	28 Project Learn Social Emotional Learning (P) - Grade 5 Manual: Lesson 75 "Be My Friend" Grade 2 Manual: Lesson 83 "Getting Along With Others Using Social / Emotional Positive Actions" Ocean Club Kickball Club	29 Project Learn Stem Comic Club Artists Club	30 Project Learn Social Emotional Learning (B) - Grade 5 Manual: Lesson 76 "What We Understand" Grade 2 Manual: Lesson 84 "Getting Along With Others Using Social / Emotional Positive Actions" Ocean Club Kickball Club	31 Project Learn Stem Rotations Fun Friday

Daily Schedule

Monday-Thursday	Fridays
2:35 - 3:00 Check-in, Super Snack, Feelings check in	1:00 - 1:15 Check-in, Feelings check in
3:00 - 3:25 Energy Boost	1:20 - 1:35 Energy Boost
3:30 - 4:00 K-3 (Social Emotional Learning or STEM Labs), 4-5 (Project Learn)	1:40 - 2:10 Rotation 1 (Creative) - Computer Lab
4:00 - 4:30 4-5 (Social Emotional Learning or STEM Labs), K-3 (Project Learn)	2:15 - 2:45 Rotation 2 (Physical)
4:30 - 5:20 Enrichment Clubs	2:50 - 3:20 Rotation 3 (STEM)
5:25 - 5:30 Clean up, Snack, Check-out	3:25 - 3:40 Super Snack
	3:45 - 4:30 Social Emotional Learning
	4:35 - 5:00 Fun Friday
	5:05 - 5:20 Group Game
	5:25 - 5:30 Clean up, Snack, Check-out



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UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE

Contact Info

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BOYS & GIRLS CLUBS
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Sunset Elementary Afterschool Program 2024-2025

January Club & Activity Details

Message to Parents:

Happy New Year! We are excited to kick off January with engaging activities and clubs. Please take a moment to review the calendar for important dates, events, and club schedules. Thank you for your continued support in making our program a success. We look forward to a fantastic start to the year!

STEM - Our STEM lessons inspire students to explore science, technology, engineering and math through hands-on activities and experiments. Children will engage in creative problem solving, building projects, and collaborative challenges that spark curiosity and critical thinking.

Social Emotional Learning (Positive Action/SMART Moves) - Curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week.

Project Learn: This is dedicated time to cover school related topics, homework or read. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. We often work with the teachers to make sure that we are meeting the needs of students as a class and as individuals.

Artists Club - Students will learn about influential artists from history, explore their unique styles, and create their own masterpieces inspired by these artists. This club blends art and history, sparking creativity while teaching about the cultural impact of art through the ages.

Comic Club - Students will explore the art of storytelling through comics, learning to create their own characters, develop exciting plots, and design vibrant illustrations.

Kickball Club - Students will learn the basics of kickball, practice teamwork, and build sportsmanship skills in a friendly, supportive environment. This classic playground game is perfect for all skill levels and encourages physical activity all while having fun with friends!

Ocean Club - Students will explore the wonders of the ocean through fun activities, hands-on projects, and engaging lessons. From learning about marine life to understanding the importance of protecting our oceans, this club fosters curiosity and a love for the underwater world.

Creative, Physical, STEM Clubs: These are our rotations where we split Club Members up into smaller groups so that they can experience doing some of our fun activities. Creative Club usually goes to the computer lab to play school-approved games which they love. Physical Club is where we go do something outside! If the weather permits we can go on nature walks, play basketball or treasure hunt. STEM Clubs on Fridays.



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Fun Friday: This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers.



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