

December 2024

SHORELINE

1201 W 890 S, Provo, UT 84601 | (385) 505-2308



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

Happy Birthday



Cielo - 12/19
Gabriel- 12/26

UPCOMING EVENTS

Dec 3 - Hygiene kits w/ CentroHispano

CLUB CLOSED

Dec 23rd- Jan 6th
(WINTER BREAK)



Project Learn

Mon-Fri (3:00-3:40 pm)

Project Learn or "Power Hour" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

Enrichment

From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences.

CONTACT INFORMATION

Genesis Collins- Site Coordinator

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Email: genesis.collins@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

STEM Labs

Monday & Wednesday (4:00-4:40 pm)

We offer a variety of clubs focused on building skills in science, technology, engineering, and math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving.

Social Emotional Learning (Prevention & Behavior)

[list days and times]

Every day, we will explore a variety of social and emotional topics using the SMART curriculum, fostering meaningful discussions and personal growth.



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SHORELINE After School Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Self Management	2 Power Hour STEM Fine Arts Club Sports Club:Volleyball Practice	3 Power Hour Positive Action (P)Lesson 55: Do I Need Stuff and More Stuff? CentroHispano: building Hygiene kits Fine Arts Club Sports Club:Volleyball Practice	4 Power Hour STEM Fine Arts Club Sports Club:OPEN GYM	5 Power Hour Positive Action (B)Lesson 58: Did You Ever Try Herding Cats? Fine Arts Club Sports Club:Volleyball Practice	6 Power Hour FIRE DRILL Fine Arts Club Sports Club:OPEN GYM
Managing our Actions	9 Power Hour STEM Fine Arts Club Sports Club:Volleyball Practice	10 Power Hour Positive Action (P)Lesson 61: Does What We Do Matter? Fine Arts Club Sports Club:Volleyball Practice	11 Power Hour STEM Fine Arts Club Sports Club:OPEN GYM	12 Power Hour Positive Action (B)Lesson 62: Just Do It Fine Arts Club Sports Club:Volleyball Practice	13 Power Hour Fine Arts Club Sports Club:OPEN GYM
Managing Our Feelings	16 Power Hour STEM Fine Arts Club Sports Club: Volleyball Practice	17 Power Hour Positive Action (P) Lesson 64: Do My Feelings Matter? Fine Arts Club Sports Club:Volleyball Practice	18 Power Hour STEM Fine Arts Club Sports Club: OPEN GYM	19 Power Hour Positive Action (B)Lesson 65: Help! I'm Having a Feeling Fine Arts Club Sports Club:Volleyball Practice	20 Power Hour Fine Arts Club Sports Club: OPEN GYM
	23 	24 	25 	26 	27
	30 	31 	1 	2 	3

Daily Schedule

Monday-Thursday Programming

Check in/Snack 3:15 pm - 3:30 pm
Power Hour 3:30 pm - 4:00 pm
Positive Action (Social Emotional Learning) 4:00 pm - 4:30 pm
Enrichment Clubs/STEM 4:30 pm - 5:25 pm
Clean up/Check Out 5:30pm

Friday Programming

Check in/Snack 1:00 pm - 1:20 pm
Power Hour 1:20 pm - 2:00 pm
Social Emotional Learning 2:00 pm - 3:00 pm
Enrichment Clubs 3:00 pm - 4:00 pm
Enrichment Clubs 4:00 pm - 5:00 pm
Reflection Activity 5:00 pm - 5:25 pm

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December Club & Activity Details

Message to Parents:

We are thrilled to welcome you and your child to The Boys & Girls Club at Shoreline! At our afterschool program, we're dedicated to creating a safe, engaging, and enriching environment where your child can explore new interests, build friendships, and have fun after school. Our program offers a variety of exciting activities, from creative arts and sports to academic support, all designed to foster growth and discovery. We're looking forward to partnering with you to make this an unforgettable experience for your child. Welcome to The Boys & Girls Club at Shoreline family!

Volleyball League - Participating in a volleyball league helps children develop a wide array of essential skills. Through teamwork and communication, players learn to cooperate, strategize, and work together toward a shared objective. Volleyball also promotes physical fitness by improving cardiovascular health, agility, hand-eye coordination, and overall strength. Regular practices and matches teach discipline, time management, and the importance of consistency. Players enhance their problem-solving and decision-making abilities as they respond to fast-paced situations on the court. Leadership and sportsmanship are nurtured, as children learn to lead by example, support their teammates, and handle both victories and losses with dignity. Moreover, overcoming challenges during matches helps build confidence, resilience, and mental toughness, contributing to the personal growth of each player.

Power Learning tutoring benefits students by providing personalized academic support in a focused, one-on-one setting. It helps students grasp challenging concepts, improve their grades, and build confidence in their abilities. With the extra attention and guidance, students can ask questions, receive immediate feedback, and work at their own pace, making learning more effective. Power Hour also fosters a sense of responsibility and time management, as students learn to prioritize their academic needs and stay on track with their studies. Ultimately, it empowers students to take control of their learning and achieve their academic goals.

Positive Action- Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

SMART - A social-emotional curriculum for teens helps them build essential skills like self-awareness, emotional regulation, and strong relationships. Through interactive activities and discussions, teens learn to manage stress, navigate complex emotions, and resolve conflicts effectively. The curriculum also promotes empathy, resilience, and confidence, equipping teens with the emotional intelligence and social skills needed to thrive in both personal and academic settings.

STEM - STEM (Science, Technology, Engineering, and Math) programs offer teens a wide range of benefits that extend beyond the classroom. By engaging in hands-on projects, teens develop critical thinking, problem-solving, and analytical skills that are essential for tackling real-world challenges. STEM activities also encourage creativity and innovation, allowing teens to explore new ideas and experiment with solutions. Additionally, these programs expose teens to potential career paths in high-demand fields, boosting their confidence and preparing them for future opportunities. STEM education fosters curiosity, collaboration, and perseverance, empowering teens to excel in both their academic and personal lives.

