

January 2025

Provo Clubhouse

750 W 200 N, Provo, UT 84601 | (801) 717-6214



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Respect

Get To Know Aaron



Aaron is the STEM teacher at the Provo Boys and Girls Club clubhouse. He loves science and math, and believes in empowering kids to make observations, explore the world around them, and use their brains and their resources to solve problems & challenges. Mr. Aaron is also a cosplay enthusiast and has two cats.

CONTACT INFORMATION

Site Coordinator: Jessica Harris
Phone: (801) 717-6214
Email: jessica.harris@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Daily

4:00 pm

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLEA's (High Creative, Physical & STEM Rotations Learning Activities) and also participate in our reading program.

STEM Labs

Monday, Wednesday, & Friday

5:00 pm

Youth learn all about the scientific and design processes through hands-on experiments.

Social Emotional Learning (Prevention and Behavior)

Tuesday & Thursday

5:00 pm

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

Happy
Birthday



Makaio 1/27
Makanui 1/18
Nathan 1/27
Owen 1/23

UPCOMING EVENTS

Holiday Party Dec 20
Winter Break Dec 23-Jan 3

CLUB CLOSED

Jan 1 - Jan 3 Winter Break
&
Jan 20 Martin Luther King Jr. Day



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Provo Clubhouse After School Program 2024-2025

HELLO
january



BOYS & GIRLS CLUBS
OF UTAH COUNTY

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1 CHRISTMAS BREAK - No Club	2 CHRISTMAS BREAK - No Club	3 CHRISTMAS BREAK - No Club
Gratitude & Frustration	6 CHRISTMAS BREAK - No Club	7 Power Hour Social Emotional Learning: (P) Positive Action Grade 5 Manual: Lesson 64 "Thank you! Thank you! Thank you!" Grade 2 Manual: Lesson 72 "Getting Along With Others Using Social / Emotional Positive Actions" FIRE DRILL	8 Power Hour STEM: Play Dough Choose Your Own Adventure Club: The Dreamhold Dance Club: Ballet	9 Power Hour Social Emotional Learning: (B) Positive Action Grade 5 Manual: Lesson 66 "Frustration, Smushtration!" Grade 2 Manual: Lesson 73 "Getting Along With Others Using Social / Emotional Positive Actions"	10 FUN FRIDAY Power Hour STEM: Play Dough Choose Your Own Adventure Club: Night House Dance Club: Jazz
The Golden Rule	13 STEM: Flow Serve Power Hour Make Vision Boards D&D Club: World Building	14 Power Hour Social Emotional Learning: (P) Positive Action Grade 5 Manual: Lesson 70 "Treating Others the Way We Want to Be Treated" Grade 2 Manual: Lesson 75 "Getting Along With Others Using Social / Emotional Positive Actions"	15 Power Hour STEM: Bath Bombs Choose Your Own Adventure Club: AI Text Adventure Dance Club: Ballet	16 Power Hour Social Emotional Learning: (B) Positive Action Grade 5 Manual: Lesson 71 "The Code" Grade 2 Manual: Lesson 76 & 79 "Getting Along With Others Using Social / Emotional Positive Actions"	17 FUN FRIDAY Power Hour STEM: Bath Bombs Choose Your Own Adventure Club: Children Stories Dance Club: Jazz
Respect	20 CLOSED Martin Luther King Jr. Day	21 Power Hour Social Emotional Learning: (P) Positive Action Grade 5 Manual: Lesson 73 "Your Code" Grade 2 Manual: Lesson 80 & 81 "Getting Along With Others Using Social / Emotional Positive Actions"	22 Power Hour STEM: Dry Ice Choose Your Own Adventure Club: AI Dungeon Dance Club: Ballet	23 Power Hour Social Emotional Learning: (B) Positive Action Grade 5 Manual: Lesson 74 "Respecting Me, Respecting You" Grade 2 Manual: Lesson 82 "Getting Along With Others Using Social / Emotional Positive Actions"	24 FUN FRIDAY Power Hour STEM: Dry Ice Choose Your Own Adventure Club: Written Realms Dance Club: Jazz
Friendship & Connection	27 STEM: Flow Serve Power Hour Make Journals D&D Club: Design Phase	28 Power Hour Social Emotional Learning: (P) Positive Action Grade 5 Manual: Lesson 75 "Be My Friend" Grade 2 Manual: Lesson 83 "Getting Along With Others Using Social / Emotional Positive Actions"	29 Power Hour STEM: Circuit Challenges Choose Your Own Adventure Club: Dungeon Stomp Dance Club: Ballet	30 Power Hour Social Emotional Learning: (B) Positive Action Grade 5 Manual: Lesson 76 "What We Understand" Grade 2 Manual: Lesson 84 "Getting Along With Others Using Social / Emotional Positive Actions"	31 FUN FRIDAY Power Hour STEM: Circuit Challenges Choose Your Own Adventure Club: Discover Adventures Dance Club: Jazz

Daily Schedule		
Monday & Wednesday <ul style="list-style-type: none"> 3:00 - 3:45 Club Opens; Snack & Activities 3:50 - 4:50 Project Learn: Power Hour 4:50 - 5:00 Circle-Up 5:00 - 5:50 Club/STEM Rotations 5:50 - 6:00 Final Clean Up 6:00 Snack & Check Out 	Tuesday & Thursday <ul style="list-style-type: none"> 3:00 - 3:45 Club Opens; Snack & Activities 3:50 - 4:50 Project Learn: Power Hour 4:50 - 5:00 Circle-Up 5:00 - 5:50 Social Emotional Learning 5:50 - 6:00 Final Clean Up 6:00 Snack & Check Out 	Friday <ul style="list-style-type: none"> 1:00 - 2:00 Drop off & Snack; Activities 2:05 - 2:15 Circle Up - Age Groups 2:15 - 3:15 SMART Moves 3:15 - 3:45 Structured Outdoor Time 3:45 - 5:30 Club/STEM Rotations 5:30 - 6:00 Deep Clean 6:00 Snack & Check Out

Contact Info		
Site Coordinator: Jessica Harris		Program Manager: N/A
Email: provoclubhouse@bgcutah.org	Phone: (801) 717-6214	Program Address: 750 W 200 N, Provo, UT 8460



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UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE

January Club & Activity Details

Message to Parents:

We are so excited to start fresh in 2025 with all the club members here at the Provo Clubhouse. There are some fun and exciting activities that we have planned for this coming month and for the rest of the year. We are hoping to do some more engagement with the community and are looking for people with different occupations to come and talk to the kids and do some activities with them, so if you are interested or know of someone who would be willing and able to volunteer their time, please let us know!

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves.

Project Learn:

Project Learn is a “catch all” term for our enrichment and academic support programs.

Power Hour - PowerHour is a daily academic enrichment and support time. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home. We spend the first 30 minutes of power hour focusing specifically on homework and reading and then if the club members complete their homework, they have the option to participate in some Brain Games.

Enrichment Clubs -

Choose Your Own Adventure Club (Creative): We are excited to introduce a Choose Your Own Adventure club for the club members to engage in different activities and adventures. They will be able to use their imaginations as they travel on their own adventures.

Dance Club (Physical): So many of the club members have wanted to do a dance club and we are so lucky to have a youth development professional who is not only up to the task, but has had years of experience in dance. The main forms of dance will be in Ballet and Jazz.

Dungeons & Dragons Club (Creative/Strategy): We are excited to announce that we will be bringing back the Dungeons & Dragons club that so many of the club members have loved participating in in the past.

STEM Labs:

Science - Youth will have the opportunity to participate in STEM labs twice per week and engage in an extra activity on Friday's. On Mondays our friends from FlowServe will be doing different STEM activities with the club kids and on Wednesdays and Fridays our Americorp STEM staff, Aaron. This month the STEM activities will include playdough circuits, making bath bombs, dry ice experiment, and circuit challenges.

