

January 2025

# Paradise Canyon

1795 W 1230 N, St George UT 84770 | (435) 673-8978



**BOYS & GIRLS CLUBS**  
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our Social Emotional Learning Focus this month is the golden rule*

## Happy Birthday

Ian - 1/23  
Oakley - 1/21  
Rosa - 1/16  
Siryn - 1/7



### UPCOMING EVENTS

N/A

### CLUB CLOSED

Christmas Break  
1/1 - 1-3

Martin Luther King Junior Day  
1/20



### Get To Know

#### Ms. Olivia

Ms Olivia is the new Site Coordinator at Paradise Canyon! This is her second year with BGC and she loves working with the students in program. In her free time she enjoys singing, playing volleyball, and paddle boarding. She has loved working with all the students here at Paradise Canyon!



### CONTACT INFORMATION

**Olivia Everett**  
**Site Coordinator**  
Phone: (801) 372-2507  
Email: [olivia.everett@bgcutah.org](mailto:olivia.everett@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

*Monday - Thursday 4:00 - 4:30*

The main focus of power hour will be to help members complete homework assignments, work on HYLE activities and also have the opportunity to work with program staff on assignments given throughout the week.

### STEM Labs

*Monday & Wednesday*

*K-3 3:30 - 4:00/4-5 4:00-4:30*

Our STEM program offers students a variety of opportunities to engage in lessons that educate them on the scientific method and explore their creativity. Students will get the opportunity to participate in STEM activities various days of the week!

### Enrichment

*Monday - Thursday 4:40 - 5:10*

Each month students will get the chance to choose between different physical and creative activities! This month we are offering a fitness club and choir club.

### Social Emotional Learning (Prevention & Behavior)

*Tuesday & Thursday*

*Grades K-3 3:30-4:00./Grades 4-5 4:00-4:30*  
Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1 <b>No Club Christmas Break</b>	2 <b>No Club Christmas Break</b>	3 <b>No Club Christmas Break</b>
<b>Gratitude and Frustration</b>	6 Project Learn STEM Fitness Club	7 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 64 "Thank you! Thank you! Thank you!" Grade 2 Manual: Lesson 72 "Getting Along With Others Using Social / Emotional Positive Actions" Choir Club	8 Project Learn STEM Fitness Club	9 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 66 "Frustration, Smushtration!" Grade 2 Manual: Lesson 73 "Getting Along With Others Using Social / Emotional Positive Actions" Choir Club	10 <b>Fire Drill</b> Creative Club Physical Club Career Club Fun Friday
<b>The Golden Rule</b>	13 Project Learn STEM Fitness Club	14 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 70 "Treating Others the Way We Want to Be Treated" Grade 2 Manual: Lesson 75 "Getting Along With Others Using Social / Emotional Positive Actions" Choir Club	15 Project Learn STEM Fitness Club	16 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 71 "The Code" Grade 2 Manual: Lesson 76 & 79 "Getting Along With Others Using Social / Emotional Positive Actions" Choir Club	17 Creative Club Physical Club Career Club Fun Friday
<b>Respect</b>	20 <b>No Club</b>	21 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 73 "Your Code" Grade 2 Manual: Lesson 80 & 81 "Getting Along With Others Using Social / Emotional Positive Actions" Choir Club	22 Project Learn STEM Fitness Club	23 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 74 "Respecting Me, Respecting You" Grade 2 Manual: Lesson 82 "Getting Along With Others Using Social / Emotional Positive Actions" Choir Club	24 Creative Club Physical Club Career Club Fun Friday
<b>Friendship &amp; Connection</b>	27 Project Learn STEM Fitness Club	28 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 75 "Be My Friend" Grade 2 Manual: Lesson 83 "Getting Along With Others Using Social / Emotional Positive Actions" Choir Club	29 Project Learn STEM Fitness Club	30 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 76 "What We Understand" Grade 2 Manual: Lesson 84 "Getting Along With Others Using Social / Emotional Positive Actions" Choir Club	31 Creative Club Physical Club Career Club Fun Friday

Monday - Thursday	Friday
2:35 - 2:55 PM Check-in, Super Snack, Feeling check in 3:00 - 3:25 PM Energy Boost 3:25 - 4:10 PM K-3 (Social Emotional Learning or STEM Labs), 4-5 (Power Hour) 4:10 - 4:40 PM 4-5 (Social Emotional Learning or STEM Labs), K-3 (Power Hour) <b>Each get 45 minutes Power Hour and 30 minutes Positive Action, alternating</b> 4:40 - 5:10 PM Enrichment Clubs 5:15 - 5:25 PM Group game 5:30 - 5:45 PM Snack/Check-out	1:00 - 1:15 PM Check-in, Feelings check in 1:20 - 1:35 PM Energy Boost 1:40 - 2:10 PM Career Club 2:15 - 2:35 PM Super Snack 2:40 - 3:15 PM Fun Friday 3:20 - 3:50 PM Rotation 1 (Creative) 3:55 - 4:25 PM Rotation 2 (Physical) 4:30 - 5:00 PM Rotation 3 5:05 - 5:20 PM Group game 5:20 - 5:30 PM Gratitude/PM Snack/check-out

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*Site Coordinator*  
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 Program Address: 1795 W 1230 N, St George UT 84770



## January Club & Activity Details

### Message to Parents:

Our mission with clubs and activities is to give your child more opportunities for learning and interactive activities with their peers. The goal is to provide an environment that gives your child the opportunity of choice and integrate into new activities each month. There will be a new set of clubs and activities each month that will be posted on the calendar. For monthly clubs, it is the goal to build on each activity weekly, giving your child the opportunity to learn new skills every week! Every day except Fridays we spend time with students doing power hour for academic support. Your child has time during clubs to work on homework that they have been given during the school day and they receive assistance from all Boys and Girls Club staff. On Mondays and Wednesdays students are able to participate in a staff led activity for the purpose of social and emotional learning. This time is allotted for students to become more educated on life skills and emotional intelligence! I appreciate all of you entrusting us members of BGC to give your child the most enriching experience here at Paradise Canyon Boys and Girls Club.

If you have any questions or concerns please feel free to reach out to me!

~ *Olivia Everett* ~

*Paradise Canyon Site Coordinator*

**Creative Club:** This is our opportunity to enjoy activities that allow students to show their creative side and understand new hobbies that they might enjoy. This month we will be offering a choir club.

**Physical Club:** This club is a time where we can vote and agree on a game or physical activity that will be fun for club members. It often leads to basketball games, kickball, four square or tag. This month we will be offering a fitness club that will educate the students on healthy foods and different forms of physical exercise that they might have never tried before!

**Career Club:** Every Friday students will be able to have the opportunity to learn and discover different careers in the community. We will offer volunteers to come to club and teach the kids on what they do for their jobs.

**Fun Friday:** This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

**BGC Mission:** The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

**Our Core Promise:** To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

**Our Guiding Principles:** Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

**Our Rules:** 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!





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