

January 2025

Panorama

301 N 2200 E, St George, UT 84790 | 801-372-4767



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is respect, connection, and gratitude.

Happy
Birthday



Christopher
Yoanna
Joseph
Camilla
Salome
Eva
Joey

UPCOMING EVENTS

None

CLUB CLOSED

January 1 - 3
January 20



Get To Know

We have had such a great time serving our club members for these last several months. We look forward to returning in January and teaching them more fun and exciting things.



Project Learn

Monday - Thursday 5:00 - 5:30

Most days we do Project Learn together and then split for Positive Action. We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

STEM Labs

Tuesdays 4:00-4:30
Fridays - 1:45 - 2:15

In January we will be working on Earth Science. This will give our youth a chance to experiment with earthy materials and find out how structures are formed.

Enrichment

Monday - Thursday 4:00 - 4:55

This month we will be offering Trivia Club, Physical Club, Game Club and Reading Club. This will give our youth a chance to pick and choose between activities that interest them.

Social Emotional Learning (Prevention & Behavior)

Monday & Wednesdays - 3:30 - 4:00

We will be covering a wide range of topics in our Positive Action curriculum for Social Emotional Learning. Everything from gratitude, to frustration, living by the Golden Rule, showing and giving respect as well as being a good friend.

CONTACT INFORMATION

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)



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Panorama Afterschool Program 2024-2025

HELLO
january



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Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1 No Club	2 No Club	3 No Club
Gratitude and Frustration	Project Learn 6 Social Emotional Learning (P) - Grade 5 Manual: Lesson 64 "Thank you! Thank you! Thank you!" Grade 2 Manual: Lesson 72 "Getting Along With Others Using Social / Emotional Positive Actions" Game or Physical Club	Project Learn 7 STEM Trivia or Book Club	Project Learn 8 Social Emotional Learning (B) - Grade 5 Manual: Lesson 66 "Frustration, Smustration!" Grade 2 Manual: Lesson 73 "Getting Along With Others Using Social / Emotional Positive Actions" Game or Physical Club	Project Learn 9 Seasonal Crafts Club Trivia or Book Club	Fire Drill 10 Fun Friday STEM Club Creative Club Physical Club Leaders in Training
The Golden Rule	Project Learn 13 Social Emotional Learning: (P) - Grade 5 Manual: Lesson 70 "Treating Others the Way We Want to Be Treated" Grade 2 Manual: Lesson 75 "Getting Along With Others Using Social / Emotional Positive Actions" Game or Physical Club	Project Learn 14 STEM Trivia or Book Club	Project Learn 15 Social Emotional Learning (B) - Grade 5 Manual: Lesson 71 "The Code" Grade 2 Manual: Lesson 76 & 79 "Getting Along With Others Using Social / Emotional Positive Actions" Game or Physical Club	Project Learn 16 Seasonal Crafts Club Trivia or Book Club	Fun Friday STEM Club Creative Club Physical Club Leaders in Training
Respect	20 No Club	Project Learn 21 Social Emotional Learning (P) - Grade 5 Manual: Lesson 73 "Your Code" Grade 2 Manual: Lesson 80 & 81 "Getting Along With Others Using Social / Emotional Positive Actions" STEM Trivia or Book Club	Project Learn 22 Social Emotional Learning (B) - Grade 5 Manual: Lesson 74 "Respecting Me, Respecting You" Grade 2 Manual: Lesson 82 "Getting Along With Others Using Social / Emotional Positive Actions" Game or Physical Club	Project Learn 23 Seasonal Crafts Club Trivia or Book Club	24 Fun Friday STEM Club Creative Club Physical Club Leaders in Training
Friendship and Connection	Project Learn 27 Social Emotional Learning (P) - Grade 5 Manual: Lesson 75 "Be My Friend" Grade 2 Manual: Lesson 83 "Getting Along With Others Using Social / Emotional Positive Actions" Game or Physical Club	Project Learn 28 STEM Trivia or Book Club	Project Learn 29 Social Emotional Learning (B) - Grade 5 Manual: Lesson 76 "What We Understand" Grade 2 Manual: Lesson 84 "Getting Along With Others Using Social / Emotional Positive Actions" Game or Physical Club	Project Learn 30 Seasonal Crafts Club Trivia or Book Club	31 Fun Friday STEM Club Creative Club Physical Club Leaders in Training

Daily Schedule

Monday-Thursday	Fridays
2:35 - 2:55 Check-in, Super Snack, Feeling check in	1:00 - 1:15 Check-in, Feelings check in
3:00 - 3:25 Energy Boost	1:20 - 1:45 Energy Boost
3:30 - 4:00 Social Emotional Learning - Positive Action or STEM	1:45 - 2:30 STEM
4:00 - 4:55 Enrichment Clubs	2:30 - 2:50 Super Snack
5:00 - 5:30 Project Learn	2:55 - 3:35 Leaders in Training
5:30 Snack/Check-out	3:40 - 4:40 Fun Friday
	4:45 - 5:25 Computer Lab
	5:25 - 5:30 PM Snack/check-out

Contact Info

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Phone: 801-372-4767

Program Address: 301 N 2200 E, St George, UT 84790



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January Club & Activity Details

Message to Parents:

Welcome to the New Year! We are excited to have the kids come back and share with us what they did over the holiday break. We are also looking forward to a new year with new curriculum and more fun activities and clubs. We are inviting the remainder of our waitlist into club on the 2nd week of January (13th), and we are excited to see the friendships build.

Social Emotional Learning (Positive Action) - curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday and Wednesday with new topics each week. This month we will focus on things such as gratitude, frustration, living the Golden Rule, giving respect to others and ourselves, as well as friendship and connection. This gives our youth a chance to ask questions and really learn about their emotions and determine their best course of action.

Project Learn: This is dedicated time to cover school related topics, homework or read. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. We work with the teachers to make sure that we are meeting the needs of students as a class and as individuals.

Fun Friday: This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers. We also will offer for them to finish any projects they have started during the week and didn't have enough time to do.

Seasonal Crafts Club: This is a club where we do crafts related to the season. This month we will be focused on learning about the New Year, the Chinese New Year, and Martin Luther King, Jr., as well as wintertime. The youth will learn the importance behind the holiday and why we celebrate it, as well as some history.

STEM Club: In January we will focus on Earth Science, mathematics, and technology. We will be doing some weights and measures, as well as computer coding. These lessons help youth think outside the box and to test the realities they have by stretching their knowledge and understanding. The youth will learn to hypothesize and then test their theories to find if they were right or wrong. These are great ways to teach youth to fail with a positive attitude and to be able to overcome adversity when things don't work out.

Trivia Club: This will be a great opportunity for youth to test their knowledge and work their brains to find the answers to questions they may not yet know. This club will teach problem solving skills, memory enhancement, knowledge acquisition, as well as improved focus and concentration.



Physical Club: We love to run physical clubs because it gets our club members moving! This month we will be playing some sports such as basketball, soccer, kickball, and volleyball. This improves the youths physical fitness, while improving their confidence and agility, as well as teamwork.

Game Club: We will be exploring new games and learning how to play strategy games. We love to energize our youth by expanding their skills and abilities and ensuring they are able to play harder, more challenging games. This club will build problem solving skills, critical thinking, hand eye coordination, as well as memory improvement.

Book Club: All Club Members will be reading their own desired books. However they will be answering questions as to what they are reading, such as the main characters, the plot, the events leading up to the plot, etc. This will be a great time for Club Members to identify the important parts of the story while being able to enjoy it as well. We will provide books, however youth are welcome to bring their own, as long as it complies with school standards. This club will teach primarily reading comprehension, time management, improved vocabulary, enhanced memory and a myriad of other things.

Leaders in Training: This will be a new program curriculum in use here at BGC Panorama. We are working towards teaching youth to be their own person, which means they also need to lead themselves through their decisions, based on their morals and values. In January we will be identifying what those morals and values are for each individual and helping them to develop their own personal leadership plan. This will teach them to be self-reliant, capable of decision making, prepare for the next grade and set of challenges that come with it. As we go through this curriculum, I would like to communicate with parents either through hand-outs or possibly email to see the differences you may see (hopefully positive!).



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