

January 2025

# Mt. Mahogany

250 E 1600 S | (801)717-5035



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Gratitude and Connection

Happy Birthday



Chloey 1/25  
Julia 1/6  
Amanda 1/26

## UPCOMING EVENTS

Winter Break Dec 23-Jan 3  
Martin Luther King Day

## CLUB CLOSED

Dec 23-Jan 3  
January 20



## Get To Know

Hi everyone! My name is Jenna and I'm so excited to be here at Mt. Mahogany! This is my first year of working at Boys and Girls Club and I previously worked with adolescents at a treatment center. I recently got married in March and I'm currently going to school at BYU. I love playing board games, eating cookies, watching movies and swimming. Thank you for sharing your kids with us!



## CONTACT INFORMATION

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Site Coordinator (Interim)  
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## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Monday- Thursday 4:10-4:55

The main focus of power hour will be to help members complete homework assignments, work on HYLEA activities and also participate in our reading program.

## STEM Labs

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities.

Thanksgiving Point comes every Tuesday and Wednesday for 4-6 graders (K-3 does STEAM Tuesday and Thursdays)

## Enrichment

Clubs are provided Monday-Thursday that are designed to introduce new activities, passions, and ideas to the children. We offer a rotation of activities on Friday where kids can participate in a new physical and creative activity each week

## Social Emotional Learning (Prevention & Behavior)

Positive Action focuses on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and integrated. Areas of focus will be: gratitude, frustration, The Golden Rule, Respect, and Friendship and connection



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Utah State Board of Education



UTAH DEPARTMENT OF  
WORKFORCE  
SERVICES  
CHILD CARE

# Mt. Mahogany After School Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1 Winter Break	2 Winter Break	3 Winter Break
Gratitude and Frustration	6 Outside Time Power Hour 4-6th SEL-Thank You! Thank you! K-3 SEL Getting Along with Others Using Positive Actions Lego Club/Craft Club	7 Outside Time Power Hour 4-6 STEM Lab-How does It work? K-3 SEL Getting Along with Others Using Positive Actions K-3 STEM Movement and Dance Club	8 Outside Time Power Hour 4-6 STEM Lab-How does it work? K-3 SEL Getting Along with Others Using Positive Actions Lego Club/Craft Club <b>FIRE DRILL</b>	9 Outside Time Power Hour 4-6th SEL-Frustration Smushtration K-3 SEL Getting Along with Others K-3 STEM Movement and Dance Club	10 FUN FRIDAY Outside Time Social Emotional Learning Craft Club Free Choice
The Golden Rule	13i Outside Time Power Hour SEL K-3 Getting Along with Others Using Positive Actions 4-6th SEL-Doing Your Part Lego Club/Craft Club	14 Outside Time Power Hour K-3 STEaM 4-6th STEAM Lab-How does It work? Movement and Dance Club	15 Outside Time Power Hour STEAM Lab-How does It work? 4-6th SEL-Treating Others the way we want to be treated K-3 Getting Along with Others Using Positive Actions	16 Outside Time Power Hour 4-6th SEL-The Code K-3 SEL Getting Along with Others K-3 STEM Movement and Dance Club	17 FUN FRIDAY Outside Time Social Emotional Learning Physical, Creative, STEM Rotations
Respect	20 <b>NO SCHOOL OR CLUB MLK DAY</b>	21 Outside Time Power Hour 4-6 STEAM Lab Lab-Thanksgiving Point 4-6th SEL-Your Code K-3 Getting Along with Others K-3 STEAM Movement and Dance Club	22 Outside Time Power Hour 4-6 STEAM Lab-Thanksgiving Point K-3 Getting Along with Others Using Positive Actions Lego Club/Craft Club	23 Outside Time Power Hour 4-6th SEL-Respecting Me, Respecting You SEL K-3 Getting Along with Others K-3 STEAM Movement and Dance Club	24 FUN FRIDAY Outside Time Social Emotional Learning Physical, Creative, STEM Rotations
Friendship and Connection	27 Outside Time Power Hour 4-6 SEL Be My Friend K-3 Getting Along with Others Using Positive Actions Lego Club/Craft Club	28 Outside Time Power Hour 4-6 STEAM Lab Lab-Thanksgiving Point 4-6th SEL-Be My Friend K-3 Getting Along with Others K-3 STEAM Movement and Dance Club	29 Outside Time Power Hour 4-6 STEAM Lab-Thanksgiving Point K-3 Getting Along with Others Using Positive Actions Lego Club/ Craft Club	30 Outside Time Power Hour 4-6th SEL-We Understand K-3 Getting Along with Others K-3 STEAM Movement and Dance Club	31 FUN FRIDAY Outside Time Social Emotional Learning Physical, Creative, STEM Rotations

Daily Schedule		
<b>Monday/Wednesday Schedule</b> <ul style="list-style-type: none"> <li>3:15-3:35 – Snack and Circle Up</li> <li>3:35-4:00 – Recess</li> <li>4:00-4:30 – Power Hour</li> <li>4:30-5:25 – Club/STEM</li> <li>5:30 – Pick Up</li> </ul>	<b>Tuesday/Thursday Schedule</b> <ul style="list-style-type: none"> <li>3:15-3:35 – Snack and Circle Up</li> <li>3:35-4:00 – Recess</li> <li>4:00-4:30 – Social Emotional Learning - Positive Action</li> <li>4:30-5:00 – Power Hour</li> <li>5:00-5:35– Enrichment Clubs</li> <li>5:30 – Pick Up</li> </ul>	<b>Friday Schedule</b> <ul style="list-style-type: none"> <li>1:15-1:30 - Check In and Circle Up</li> <li>1:30-2:15 - Recess</li> <li>2:15-2:30 - Snack</li> <li>2:30-3:00 - Power Hour</li> <li>3:00-4:25 - Enrichment Clubs</li> <li>4:30-4:45 - Meditation</li> <li>4:45-5:25 - Enrichment Clubs</li> <li>5:30 - Pick Up</li> </ul>



## January Club & Activity Details

### Message to Parents:

Happy New Year! It's January and we are ready with some fantastic learning opportunities with regard to STEAM, Social Emotional Learning, and High Yield Learning Activities during power hour. Thanksgiving Point will be returning once again to teach our 4th-6th grade students all about the use of STEAM (Science, Technology, Engineering, Art, and Math) in our lives.

**Social Emotional Learning** - Our Social Emotional Learning program is an evidence based program in which students will learn how to develop a positive and safe environment. This curriculum is paired with our SMART moves curriculum. Each goes hand in hand in teaching vital skills like making and healthy choices so they can feel good about decisions they are making while still learning about themselves

**Power Hour** - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLAs), and participating in our reading and math programs. Our goal is to reduce missing assignments by collaborating with school-day teachers and ensuring that students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLAs, along with our reading and math programs, to further enhance their overall knowledge and skills in these important subjects. This is completed Monday-Thursday for 45 minutes!

### Enrichment Clubs:

**Lego/Crafts:** will be held Mondays and Wednesdays. We will be creating and experimenting with various items from beads to Legos. Using our imaginations to create and build amazing things.

**Movement and Dance Club-** will be held on Tuesdays and Thursdays and will experiment different modes of movement and types of dance.

