

December 2024

Mt Nebo Middle

851 W 450 S, Payson, UT 84651 | 801-633-4104



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is managing actions and feelings.

Get To Know



Mr. Lai was born in Utah, but grew up in Hong Kong. He taught 3rd and 5th grade for 20 years at Spring Lake Elementary. He has been at Mt. Nebo Middle and with BGC for 2 years now. He is usually in the middle of 2-3 books at a time. He teaches 3D printing and makerspace. He enjoys seeing the projects that students create.

CONTACT INFORMATION

Leticia Jessen- Site Coordinator
Phone: 801-633-4104
Email: mtnebo@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Project Learn is a period of time during our clubs where we provide students with Homework Help and an opportunity to increase literacy skills.

STEM Labs

Fridays 2:45 - 4:30

We have a variety of clubs building skills in science, technology, engineering, and math. Students will learn a variety of STEM skills and related activities.

Enrichment

Tuesdays - Friday 2:45 - 5:30

Students are given the opportunity to explore and learn different skills and a variety of different activities.

Social Emotional Learning (Prevention & Behavior)

Tuesdays and Thursdays 4:00 - 4:30

Positive Action is used to teach students social emotional learning skills. They will learn communication skills and social skills that they can use their entire lives. We strive to help youth be their best in all situations.

Everyday we will discuss different Social Emotional Topics using Kid-Grit curricula!

English Registration Link:

<https://forms.gle/PNPCAvYiqbpqgZUH9>

Link registraci3n en Espaol:

<https://forms.gle/UtxBz18YMZmDCFSk8>

Happy Birthday



UPCOMING EVENTS

Jan 7: Resume Club Activities After Christmas Break

CLUB CLOSED

Dec 12: Mini Parent Teacher Conference
Dec 20: School Early Day Out
Dec 23-Jan 3: Christmas Break



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CHILD CARE

Mt Nebo Middle Afterschool Program 2024-2025



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Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Self-Management	2 No Clubs on Mondays	3 Social Emotional Learning(P) Lesson 55: Do I Need Stuff and More Stuff? Sewing 3D Printing Project Learn/Tutoring Musical	4 Social Emotional Learning(B) Lesson 58: Did You Ever Try Herding Cats? Crafts/Quilting 3D Printing Musical	5 Social Emotional Learning Project Learn/Tutoring Dungeons & Dragons Board and Card Strategy Games Roller Skating Club Musical	6 Fire drill Computers Coding Duolingo 3D Printing Dungeons & Dragons Board and Card Strategy Games Musical No Rehearsal Canceled for today
Managing our Actions	9 No Clubs on Mondays	10 Social Emotional Learning(P) Lesson 61: Does What We Do Matter? Sewing 3D Printing Project Learn/Tutoring Musical	11 Social Emotional Learning(B) Lesson 62: Just Do It Crafts/Quilting 3D Printing Canceled for today Musical	12 No Clubs Mini Parent Teacher Conference	13 Computers Coding Duolingo 3D Printing Dungeons & Dragons Board and Card Strategy Games Musical
Managing our Feelings	16 No Clubs on Mondays	17 Social Emotional Learning(P) Lesson 64: Do My Feelings Matter? Sewing 3D Printing Canceled for today Musical	18 Social Emotional Learning(B) Lesson 65: Help! I'm Having a Feeling Crafts/Quilting 3D Printing Musical	19 Social Emotional Learning Project Learn/Tutoring Dungeons & Dragons Board and Card Strategy Games Roller Skating Club Musical	20 No Clubs Early Day Out
	23 No Clubs Christmas Break	24 No Clubs Christmas Break	25 No Clubs Christmas Break	26 No Clubs Christmas Break	27 No Clubs Christmas Break
	30 No Clubs Christmas Break	31 No Clubs Christmas Break	1	2	3

Daily Schedule

2:40 pm - 2:45 pm: School is Released. Students head to cafeteria to check-in
 2:45 pm - 3:00 pm: Check-in and snacks
 3:00 pm: Clubs Begin
 4:00 pm - 4:30 pm: Social Emotional Learning Positive Action Lesson - Friday SMART Moves 3:30pm - 4:30pm
 4:30 pm -Afternoon Snack
 4:45 pm- Bus Departure from School
 5:00 pm - 5:25 pm Academic Support/Project Learn
 5:30 pm: Clubs Close

Contact Info

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 Payson, Utah 84651



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December Club & Activity Details

Message to Parents:

We are thrilled to have your children return to our afterschool program, where we are dedicated to providing a safe, engaging, and enriching environment for all participants. Our team has been working diligently to plan a variety of activities and programs designed to foster personal growth, academic achievement, and social development. We believe that every child has the potential to succeed, and we are committed to supporting them on their journey. Thank you for entrusting us with your child's after school experience. We look forward to a fantastic year filled with learning, laughter, and unforgettable memories!

Morning Club:

There will be no morning clubs this year due to lack of funding.

Afternoon Clubs:

Project Learn - Tuesdays through Friday. Participating in tutoring can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting. Students will also be able to work on homework or get academic help if they need it.

Sewing - (Baguley) Rm 221 Tuesdays after school with Mrs. Baguley (Rm 221). Participating in a sewing club can empower kids to hone fine motor skills, enhance creativity, cultivate patience, and develop practical problem-solving abilities, while also fostering a sense of accomplishment through the creation of handmade projects.

Crafts- (Baguley) Rm 221 Wednesdays after school with Mrs. Baguley (Rm. 221). Participating in a crafts club can nurture kids' creativity, fine motor skills, patience, attention to detail, and teamwork as they explore various artistic techniques and materials to express their imagination through handmade projects.

3D Printing - (Lai) Library Tuesdays, Wednesdays, and Fridays after school with Mr. Lai in the Library. Participating in a 3D printing club can equip kids with skills in digital design, problem-solving, spatial reasoning, technology literacy, and teamwork, fostering their creativity and understanding of additive manufacturing processes.

Coding- (Baguley) Rm 221 Fridays after school with Mrs. Baguley (Rm. 221). Participating in a coding club can equip kids with problem-solving, logical reasoning, creativity, collaboration, and computer programming skills, empowering them to navigate the digital world and potentially pursue future careers in technology

Strategy Card/Board Games Dungeons and Dragons - (Abbott) Thursdays and Fridays after school with Tiffini in Room 301. Participating in a card games club can enable kids to enhance critical thinking, strategic planning, arithmetic proficiency, social interaction, and sportsmanship, while enjoying a diverse array of engaging and intellectually stimulating card games.



Drama: (Schofield) Tuesdays through Fridays Welcome to the Drama Competition Club! If you love acting, storytelling, or just want to boost your confidence, this is the perfect place for you! In our club, we'll explore different aspects of theater, from acting and improvisation to scriptwriting and stagecraft. We'll prepare for various drama competitions, where you can showcase your talents in front of an audience. You'll learn valuable skills like teamwork, communication, and creativity while working on exciting plays and performances. Whether you're a seasoned performer or new to drama, everyone is welcome! Join us for fun rehearsals, workshops, and the chance to shine on stage. Let's bring stories to life together!

School Musical Club: (Schofield) Hey there, future stars! Join the Musical Theatre Club and get ready to shine! If you love to sing, dance, or act (or just want to have fun), this is the place for you. We'll be working together to put on an awesome school musical where you can show off your talents on stage! In the club, you'll learn cool things like how to audition, perform, and even create fun dance routines. We'll have lots of games and activities to help you build confidence and make new friends. Whether you want to be in the spotlight or help with costumes and set design, everyone is welcome! Come join us for a year filled with creativity, teamwork, and unforgettable moments as we bring an amazing story to life together!

Roller Skating Club: (Ledesma)

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program runs Fridays with new topics each week.



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