

January 2025

Independence

636 Independence Ave Provo UT 84601 | 801-372-5839



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Kindness

Happy
Birthday



19 - Arabella
19 - Xitlaly

UPCOMING EVENTS

1/9 - 5:15 Basketball Game
1/16 - 5:15 Basketball Game
1/23 - 5:15 Basketball Game
1/30 - 5:15 Basketball Game

CLUB CLOSED

1/1-1/3 - Winter Break
1/6 - Professional Development Day
1/20 - Martin Luther King Junior Day



Get To Know



Hi! My name is Brynn and I am the Site Director at Independence. I worked last year as part of the Sports program and as the

Volleyball coach for part of the season. I am so excited to be returning to Independence and continue working with the teens. I recently graduated from UVU and am looking forward to getting my masters in Social Work. I love to go to concerts and movies with my friends. I love playing volleyball and swimming. I am so grateful to be back and am hoping for an amazing year!

CONTACT INFORMATION

Brynn Bowers
Site Coordinator
Phone: 801-372-5839
Email: independence@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Sports Practice

Monday-Thursday 3:10-4:25

Basketball Season! Practices everyday there aren't games! Games are Thursdays at 5:15pm @ Independence!

Homework Help (Project Learn)

Monday - Thursday 3:00 - 4:30

Come get help with your classes! Math, English, Science! Tutoring Available

Enrichment Clubs

More information to come about Enrichment Clubs!

Enrichment clubs are organized programs designed to provide students with engaging, hands-on learning experiences that extend beyond the regular curriculum. These clubs focus on fostering creativity, critical thinking, and social skills through activities that cater to students' interests, such as arts, STEM, sports, and cultural exploration.

Social Emotional Learning (Prevention and Behavior)

Monday - Thursday 3:00 - 3:10

Positive Action & SMART Moves curriculum focus in sports focuses on helping athletes develop key skills such as self-awareness, emotional regulation, teamwork, and responsible decision-making.



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education



UTAH DEPARTMENT OF
WORKFORCE SERVICES
CHILD CARE

Independence Afterschool Program 2024-2025

HELLO
january

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1	2	3
			Winter Break No Programs	Winter Break No Programs	Winter Break No Programs
P: Lesson 67: Why Can't We All Just Get Along? B: Lesson 68: How Do We All Want to Be Treated?	6 No School Professional Development Day	7 Basketball Practice Homework Help (Project Learn) Fire Drill	8 Social Emotional Learning-B (Positive Action) Homework Help (Project Learn) Practice in the Weight room	9 Homework Help (Project Learn) Basketball Game 5:15 - Purple	10 No Programs
P: Lesson 70: What? Me Care? B: Lesson 71: How Do People Begin to Understand Each Other?	13 Social Emotional Learning-P (Positive Action) Basketball Practice Homework Help (Project Learn)	14 Basketball Practice Homework Help (Project Learn)	15 Social Emotional Learning-B (Positive Action) Basketball Practice Homework Help (Project Learn)	16 Homework Help (Project Learn) Basketball Game 5:15 - Purple	17 No Programs
P: Lesson 73: What's Love Got to Do With It? B: Lesson 76: Why Does Kindness Matter to Teens?	20 No School MLK Day	21 Social Emotional Learning-P (Positive Action) Basketball Practice Homework Help (Project Learn)	22 Social Emotional Learning-B (Positive Action) Basketball Practice Homework Help (Project Learn)	23 Homework Help (Project Learn) Basketball Game 5:15 - Black	24 No Programs
P: Lesson 79: Is Life Fair? B: Lesson 82: Who Do I Respect?	27 Social Emotional Learning-P (Positive Action) Basketball Practice Homework Help (Project Learn)	28 Basketball Practice Homework Help (Project Learn)	29 Social Emotional Learning-B (Positive Action) Homework Help (Project Learn) Practice in the Weight room	30 Homework Help (Project Learn) Basketball Game 5:15 - Black	31 No Programs

Daily Schedule

Monday - Thursday
3:00 School Ends
3:05 Snack passed out/Social Emotional Learning
3:10 Homework Help Begins
3:15 Practice Begins in Gym
4:30 All Programs End

Contact Info

Brynn Bowers
Site Coordinator
Email: independence@bgcutah.org
Phone: (801) 372-5839

Program Address: 636 Independence Ave, Provo,
UT, 84601



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education



January Club & Activity Details

Message to Parents:

Welcome back from winter break! We hope that you had a relaxing and enjoyable time over the break and holidays. We are very excited to still be in basketball season!

Basketball - Basketball Season! We have a boys team, anyone is welcome to practice and join! Practice Monday-Thursday from 3:15-4:30pm. Games will be on Thursdays at 5:15pm at Independence! Jerseys are provided! On January 8th and 29th we will be providing alternative activities as the gym space will be used by JROTC for their competitions.

Homework Help (Project Learn) - The main focus of project learn is to help students reinforce the academic enrichment and school engagement during club time and provide tutoring or help as needed. Through homework help after school Monday-Thursday from 3:00 - 4:30 pm.

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

