

January 2025

Gateway Middle

201 E Thoroughbred Way | 435-867-5558



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Understanding Our Social Selves, Learning How to Understand Others, Love & Kindness, Fairness & Respect

Happy Birthday



Jay 1/6
Tucker 1/16
Christian 1/18
Jude 1/20
Zoie 1/20
Jeremy F 1/24

UPCOMING EVENTS

1/7/25 First Day of Afterschool 2025!

CLUB CLOSED

1/6/25-Teacher Prep Day
1/20/35 MLK Day



Get To Know our Gateway Afterschool Instructors:



Amy Thorpe
Lego Robotics



Kaye Gregerson
ASL/Cooking



Nate Ferguson
Improv



Travis LeFevre
Math Counts

Our Gateway Middle afterschool program is especially lucky and unique in having some truly wonderful school day teachers as a part of our afterschool staff. We are so grateful for the expertise and specialties they each bring to our club!

CONTACT INFORMATION

Annalyse Davis
Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn/Academic Support

Monday & Thursday 4:05-4:50 pm
Tuesday & Wednesday 3:15-4:00 pm
Friday: 1:15-2:00 pm

Students will have the opportunity to work on homework, class projects, and assignments with support from afterschool staff. Students will have the opportunity to mentor younger grades and offer support to their peers.

AmeriCorps STEM Labs

Monday: 3:15-4:00 pm-Earth Club
Monday: 4:05-4:50 pm-Minecraft Engineering
Wednesday: 3:15-5:15 pm-Lego Robotics
Thursday: 3:15-4:00 pm-Mathcounts
Friday: 4:15-5:00 Minecraft Engineering

Friday: 3:15-4:00 pm-Robots & Drones

Students will experience hands-on, fun, age appropriate AmeriCorps STEM labs. This includes Science, Technology, Engineering, and Math.

Clubs & Enrichment

See detailed Club descriptions below

Monday

3:15-4:00 Mindfulness
or Art Club
4:05-4:50 Threads or Anime Club

Tuesday

3:15-4:00 The Afterschool Magazine, Improv Club, or Threads Club
4:05-4:50 PE, Art of Meditative Yoga Club

Wednesday

3:15-4:00 Recycled Crafts or Moon & Stars Club
4:05-4:50 Digital Art or Got Games? Club

Thursday

3:15-4:50 D & D or Simple Cooking Club
3:15-4:00 Chess Club
4:05-4:50 Board Game Club

Friday

1:15- 2:00 PE, Anime, or Got Games? Club
2:00-2:45 Reading Mentors, Afterschool Magazine, or Moon & Stars Club
3:15-4:00 Meditative Yoga or Music Club
3:15-5:00 D&D Club
4:15-5:00 Threads or Minecraft Club

These clubs are age appropriate, skill based, and fun. They promote learning in a playful way that encourages students to try new things, and encourages team building along the way.

Social Emotional Learning

(Prevention & Behavior)
Positive Action

Monday 3:15-4:00 pm (Positive Action)

Friday 1:15-2:00 (Positive Action)

This time will be centered around learning ways to develop our sense of self, how we can better ourselves and improve our relationships with those around us. We will focus on identifying emotions, learning healthy coping skills, and building healthy relationships with peers.



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Utah State Board of Education



Gateway Middle Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1 New Year's Day	2 WINTER BREAK NO AFTERSCHOOL PROGRAM	3 WINTER BREAK NO AFTERSCHOOL PROGRAM
Understanding our Social Selves	6 TEACHER PREP DAY NO AFTERSCHOOL PROGRAM	7 Improv Club The Afterschool Magazine Club PE Club Art Club Threads club Meditative Yoga Club Project Learn: Academic Support	8 Recycled Crafts Club Moon & Stars Club STEM: Lego-Robotics Club Digital Art Club Got Games? Club Project Learn: Academic Support	9 D & D Club STEM: MathCounts Club Chess Club Simple Cooking Club Board Games Club Project Learn: Academic Support *Monthly Fire Drill*	10 Social Emotional Learning (B): Positive Action: How Do We All Want to be Treated: PE Club Anime Club Got Games? Club Afterschool Magazine Club Reading Mentors Club Moon & Stars Club Meditative Yoga Club Music Club D & D Club STEM: Minecraft Engineering Club Threads club Project Learn: Academic Support
Learning How to Understand Other People	13 Social Emotional Learning (P): Positive Action: What Me? Care? Mindfulness Club Art Club STEM: Earth Club STEM: Minecraft Engineering Threads club Anime Club Project Learn: Academic Support	14 Improv Club The Afterschool Magazine Club PE Club Art Club Threads club Meditative Yoga Club Project Learn: Academic Support	15 Recycled Crafts Club Moon & Stars Club STEM: Lego-Robotics Club Digital Art Club Got Games? Club Project Learn: Academic Support	16 D & D Club STEM: MathCounts Club Chess Club Simple Cooking Club Board Games Club Project Learn: Academic Support	17 Social Emotional Learning (B): Positive Action: How Do People Understand Each Other?: PE Club Anime Club Got Games? Club Afterschool Magazine Club Reading Mentors Club Moon & Stars Club Meditative Yoga Club Music Club D & D Club STEM: Minecraft Engineering Club Threads club Project Learn: Academic Support
Love and Kindness	20 Social Emotional Learning (P): Positive Action: What's Love Got To Do With It? Mindfulness Club Art Club STEM: Earth Club STEM: Minecraft Engineering Threads club Anime Club Project Learn: Academic Support	21 Improv Club The Afterschool Magazine Club PE Club Art Club Threads club Meditative Yoga Club Project Learn: Academic Support	22 Recycled Crafts Club Moon & Stars Club STEM: Lego-Robotics Club Digital Art Club Got Games? Club Project Learn: Academic Support	23 D & D Club STEM: MathCounts Club Chess Club Simple Cooking Club Board Games Club Project Learn: Academic Support	24 Social Emotional Learning (B): Positive Action: Why Does Kindness Matter to Teens? PE Club Anime Club Got Games? Club Afterschool Magazine Club Reading Mentors Club Moon & Stars Club Meditative Yoga Club Music Club D & D Club STEM: Minecraft Engineering Club Threads club Project Learn: Academic Support
Fairness and Respect	27 Social Emotional Learning (P): Positive Action: Is Life Fair? Mindfulness Club Art Club STEM: Earth Club STEM: Minecraft Engineering Threads club Anime Club Project Learn: Academic Support	28 Improv Club The Afterschool Magazine Club PE Club Art Club Threads club Meditative Yoga Club Project Learn: Academic Support	29 Recycled Crafts Club Moon & Stars Club STEM: Lego-Robotics Club Digital Art Club Got Games? Club Project Learn: Academic Support	30 D & D Club STEM: MathCounts Club Chess Club Simple Cooking Club Board Games Club Project Learn: Academic Support	31 Social Emotional Learning (B): Positive Action: What Do I Respect? PE Club Anime Club Got Games? Club Afterschool Magazine Club Reading Mentors Club Moon & Stars Club Meditative Yoga Club Music Club D & D Club STEM: Minecraft Engineering Club Threads club Project Learn: Academic Support



Gateway Middle Afterschool Program 2024-2025



Daily Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2:50-3:15 Check-in/Snack & Social</p> <p>3:15-4:00 Social Emotional Learning: Positive Action</p> <p>3:15-4:00 Mindfulness, Art, or Americorps STEM: Earth Club</p> <p>4:05-4:50 Threads, Anime, or AmeriCorps Stem: Minecraft Engineering Club or Project Learn: Academic Support</p> <p>4:55-5:15 Snack/Team Games</p> <p>5:15-5:30 Clean up</p> <p>5:30 Parent Pick-up</p>	<p>2:50-3:15 Check-in/Snack & Social</p> <p>3:15-4:00 Improv, The Afterschool Magazine, Threads Club or or Project Learn: Academic Support</p> <p>4:05-4:50 PE, Art, or Meditative Yoga Club</p> <p>4:55-5:15 Snack/Wordle</p> <p>5:15-5:30 Clean up</p> <p>5:30 Parent Pick-up</p>	<p>2:50-3:15 Check-in/Snack</p> <p>3:15-5:15 Lego Robotics</p> <p>3:15-4:00 Recycled Crafts or Moon and Stars Club</p> <p>4:05-4:50 Digital Art or Got Games? Club or Project Learn: Academic Support</p> <p>4:05-4:50 4:55-5:15 Snack/Karaoke</p> <p>5:15-5:30 Clean up</p> <p>5:30 Parent Pick-up</p>	<p>2:50-3:15 Check-in/Snack & Social</p> <p>3:15-4:50 D & D Club or Simple Cooking</p> <p>3:15-4:00 Americorps STEM: Math Counts, Chess</p> <p>4:05-4:50 Board Games Club or Project Learn Academic Support</p> <p>4:55-5:15 Snack/Dance Party</p> <p>5:15-5:30 Clean up</p> <p>5:30 Pick-up</p>	<p>12:50-1:00 Check-in</p> <p>1:15-2:00 Social Emotional Learning: Positive Action</p> <p>1:15-2:00 PE or Anime or Got Games? Club</p> <p>2:00-2:45 Afterschool Magazine, Reading Mentor, or Moon and Stars Club or Project Learn: Academic Support</p> <p>2:45-3:10 Snack & Social</p> <p>3:15-5:00 D & D Club</p> <p>3:15-4:00 Meditative Yoga or Music Club</p> <p>4:15-5:00 Threads or Minecraft Club</p> <p>5:00-5:15 Snack/Board Games</p> <p>5:15-5:30 Clean up</p> <p>5:30 Parent Pick-up</p>

Contact Info

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Program Address: 201 E Thoroughbred Way



January Club

& Activity Details

Message to Parents:

Our January themes are goal quests and vision boards! Instead of focusing on large New Years resolutions, we are going to be making small step by step goal quests like points on an adventure map, and vision boards of who we want to become including traits and skills we are going to focus on developing. We encourage you to ask your students about these goals and encourage them to put in the work that it takes to continue personal growth!

Our student of the month for January is... Nick! We have seen tremendous growth from our friend Nick this year. He makes sure no one in our program (including teachers!) ever feels left out, ignored, or forgotten. He will quickly switch clubs from the ones he is planning to attend that day to whatever club includes someone that may need a friend or support. Nick is quick to help, to share, and to lend comfort. His empathy and intuition makes our club a better place!

Afterschool Magazine Club Tuesday 3:15-4:00 & Tuesday 3:15-4:00

Our little writers and designers are ready to roll with the afterschool magazine club. Creating a monthly recording of the *haps* and funtimes, reporting news, taking pictures, and formatting it all into an aesthetic read, are just some of the things our students will accomplish in this exciting club.

Anime Club: Building Empathy Through Character Analysis Monday 4:05-4:50 & Friday 1:15-2:00

The goal for this club is to show kids how the animated shows we watch can teach us about and help us understand other people's perspectives.. We feel excitement for their triumphs, and sorrow for their struggles. Through stories, we can find common ground, empathy, and understanding. As an activity, we will be watching clips from our favorite animes and discussing the characters, the decisions they make, and how we can apply those lessons to our own lives.

Art Club Monday 3:15-4:00, Tuesday 4:05-4:50

In afterschool art club, students will harness the flow of creativity and self expression. Students will develop skills with digital art, candle making, drawing, painting, linoleum carvings, collage, and much much more!

Simple Cooking Club Thursday 3:15-4:50

This club will teach basic cooking techniques and skills, such as measuring, food preparation, and serving. The goal is to expand students' knowledge of ingredients, recipes, and culinary traditions. This club is designed to boost students' confidence in their ability to cook and create meals, in addition to gaining an understanding that we can all practice healthy eating on a budget!

D & D Club, Friday 3:15-5:00

Creating a character, crafting a world, and developing friendships are the building blocks of D&D club. Students will utilize their literary skills to write backstories and profiles for their characters. They will problem solve with their peers while learning how to solve issues while placed in an *out-of-this-world environment*.

Earth Club Monday 3:15-4:00

This is a hands-on project based club for students to learn more about Mother Nature. Students will break geodes, plant a small garden, make flower bouquets, and investigate bugs and insects up close! This will also be a space for students to liken their emotions to expressions, cycles, and elements of nature.

Improv Club Tuesday 3:00-4:00

Improv will take students through the basics of improv. The skill of improv can help students learn how to be leaders and better public speakers. They will follow the four rules of improv from Commit fully, Yes And, Leave your ego at the door and Respect. These rules are great rules to live by. They will go through short form games that will help bolster confidence in the art form of improv and help them build towards the advanced class.

Lego Robotics Club Wednesday 3:15-5:15

In LEGO League, students engage in hands-on STEM experiences, building confidence, growing their knowledge and developing habits of learning. The program teaches six core values: discovery, innovation, impact, inclusion, teamwork, and fun.



Meditative Yoga Club Tuesday 4:05-4:50 & Friday 3:15-4:00

Marrying movement and meditation, meditative yoga offers a relaxed environment to put some coping skills into practice and give a mood boost for our students! This is a beginning yoga class and at times may include other meditative movements such as zumba, stretching, and breathing techniques

Minecraft Club/Minecraft Engineering Monday & Thursday 4:05-4:50 & Friday 4:15-5:00

Twice a week, a space is carved out for teamwork exercises within the educational version of minecraft. Students will world-build together, helping each other to finish a variety of adventure based objectives. Finally, the teams will all come together to fight the final dragon boss after creating a world they are proud of.

Moon and Stars Club Wednesday 3:15-4:00 & Friday 2:00-2:45

Moon and stars club provides a space for students to learn about the complexity of space! We will lean into curiosity to learn of the constellations and the stories behind them, analyze the positions of celestial bodies, and become more intentional on our place within the universe.

Music Club Thursday 3:15-4:00

The music club will dance down many avenues. Students will learn to make music with varied simple instruments like drums, harmonicas, and ukuleles. Emphasis will also be placed on an appreciation for music as well as exploring how music makes us feel by drawing, writing, or dancing out how we interpret different songs, etc.

PE Club Friday 1:15-2:00

Let's get moving! PE will focus on sections of sports from soccer to ultimate frisbee. While teaching sportsmanship, teamwork, and goal-setting, students will come together to get their wiggles out. The students will build stronger motor skills while building stronger relationships with their peers.

Recycled Crafts Club Wednesday 3:15-4:00

Focusing on making art out of recycled materials, students will learn how to transform everyday materials such as plastic bags, soda cans, and what would normally be deemed as "trash" into creative art projects. We will be making an assortment of take-home projects from rugs to air planes.

Robots and Drones Club Friday 3:15-4:00

We have robots! We have drones! In Robots club, students will learn not only how to work robots but how and why they work. This STEM focused club will teach students to appreciate engineering and technology in an entirely new way while getting to fly and steer drones and robots around the school themselves.

Threads Club Monday 4:05-4:50 Friday 4:15-5:00

Interested in knitting, crochet, cross stitching, embroidery or making friendship bracelets? Threads club is the place for you! We will fine tooth our motor skills while picking up some new talents!

