

January 2025

Cascade Elementary

860 E 200 N St, Orem, UT | (801) 372-6113



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Paying Attention to our Feelings, Gratitude and Frustration, The Golden Rule, and Respect

Happy Birthday



Jayri - 8th
Angel - 10th
Isaac - 11th
Louisa - 12th
Zion - 17th
Henry - 19th
Valerie - 22nd

UPCOMING EVENTS

Club will be back in session on January 6th, 2025!

CLUB CLOSED

Jan 1st - 3rd Winter Break
Jan 20- Martin Luther King Jr. Day



Get To Know Mrs. Patty!



Mrs. Patty is our new site coordinator at Cascade! We have missed Mrs. Kalo, but we are so excited to welcome Mrs. Patty! Here is a message from Mrs. Patty, "My name is Patty Clark! I am from Pleasant Grove. I am a mom to six kids, a wife and a grandma. I have had a passion for teaching since I was a little girl. I enjoy interacting with children, building the relationships and making a positive impact in their lives. One of my favorite quotes is, "Education is not the filling of a pail, but the lighting of a fire." William Butler Yeats."

CONTACT INFORMATION

Patty Clark
Site Coordinator
Phone: (801) 372-6113
Email: cascade@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday-Thursday K-6; 3:15 pm- 4:00 pm

The main focus of project learning hours will be to help members complete homework assignments, work on HYLEA activities.

STEM Labs

Monday K-2; 4:05 pm- 4:35 pm
Wednesday 3-6; 4:05 pm- 4:35 pm
Friday All grades 4:05pm - 5:05pm

During this club, everyone will learn about Science, Technology, Engineering and Math.

Enrichment

Monday- Thursday K-6; 4:35 pm - 5:05 pm

Enrichment clubs are to further enrich and broaden our member's experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

Social Emotional Learning Prevention & Behavior

Positive Action:
Tuesday & Thursday
K-6; 4:05 pm- 4:35 pm



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Utah State Board of Education



UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE

Cascade Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1 Club Closed-Holiday Break	2 Club Closed-Holiday Break	3 Club Closed-Holiday Break
Gratitude and Frustration	6 Circle Up Project Learn STEM CLUB Get Moving Club 3-6 Enrichment K-6	7 Fire Drill Circle Up Project Learn Social Emotional Learning (P) K-2: Getting Along with Others 3-6: Thank You, Thank you, Thank You Enrichment	8 Circle Up Project Learn STEM CLUB Get Moving Club 3-6 Enrichment K-6	9 Circle Up Project Learn Social Emotional Learning (B) K-2: Getting Along with Others 3-6: Frustration, Smushtration! Enrichment	10 Circle Up Careers Club STEM Rotation K-2 then 3-6 Get Moving Rotation 3-6 then K-2 Club Store
The Golden Rule	13 Circle Up Project Learn STEM CLUB Get Moving Club 3-6 Enrichment K-6	14 Circle Up Project Learn Social Emotional Learning (P) K-2: Getting Along with Others 3-6: Treating Others the Way we want to be Treated Enrichment	15 Circle Up Project Learn STEM CLUB Get Moving Club 3-6 Enrichment K-6	16 Circle Up Project Learn Social Emotional Learning (B) K-2: Getting Along with Others 3-6: The Code Enrichment	17 Circle Up Careers Club STEM Rotation K-2 then 3-6 Get Moving Rotation 3-6 then K-2 Club Store
Respect	20 Club Closed-MLK Day	21 Circle Up Project Learn Social Emotional Learning (P) K-2: Getting Along with Others 3-6: Your Code Enrichment	22 Circle Up Project Learn STEM CLUB Get Moving Club 3-6 Enrichment K-6	23 Circle Up Project Learn Social Emotional Learning (B) K-2: Getting Along with Others 3-6: Respecting Me, Respecting You Enrichment	24 Circle Up Careers Club STEM Rotation K-2 then 3-6 Get Moving Rotation 3-6 then K-2 Club Store
Friendship and Connection	27 Circle Up Project Learn STEM CLUB Get Moving Club 3-6 Enrichment K-6	28 Circle Up Project Learn Social Emotional Learning (P) K-2: Getting Along with Others 3-6: Be My Friend Enrichment	29 Circle Up Project Learn STEM CLUB Get Moving Club 3-6 Enrichment K-6	30 Circle Up Project Learn Social Emotional Learning (B) K-2: Getting Along with Others 3-6: What We Understand Enrichment	31 Circle Up Careers Club STEM Rotation K-2 then 3-6 Get Moving Rotation 3-6 then K-2 Club Store

Monday & Wednesday	Tuesday & Thursday	Friday
2:15 pm- 2:35 pm Check-in, Snack 2:35 pm- 3:05 pm Recess 3:10 pm -3:15 pm Circle Up 3:15 pm - 4:00 pm Project Learn 4:00 pm - 4:05 pm Transition 4:05 pm -4:35 pm STEM (Monday- K-2, Wednesday-3-6) 4:35 pm -5:10 pm Enrichment 5:10 pm- 5:15 pm End of Day Cleanup 5:25 pm- 5:30 pm Red Light game 5:30 pm Program Closes	2:15 pm- 2:35 pm Check-in, Snack 2:35 pm- 3:05 pm Recess 3:10 pm -3:15 pm Circle Up 3:15 pm - 4:00 pm Project Learn 4:00 pm - 4:05 pm Transition 4:05 pm -4:35 pm Social Emotional Learning: Positive Action 4:35 pm -5:10 pm Enrichment 5:10 pm- 5:15 pm End of Day Cleanup 5:25 pm- 5:30 pm Brain Games 5:30 pm Program Closes	2:15 pm- 2:35 pm Check-in, Snack 2:35 pm- 3:05 pm Recess 3:10 pm -3:15 pm Circle Up 3:15 pm - 4:00 pm Workforce Readiness/Careers Club 4:00 pm - 4:05 pm Transition 4:05 pm -4:35 pm STEM Rotation 3-6 (Recess for K-2) 4:35 pm -5:05 pm STEM Rotation K-2 (Recess for 3-6) 5:05 pm- 5:15 pm End of Day Cleanup 5:25 pm- 5:30 pm Red Light game 5:30 pm Program Closes

Contact Info

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January Club & Activity Details

Message to Parents - Hello and welcome to 2025! We are so excited to head into the second half of the academic year with you and your students. January is a time for reset and building new habits. As we have had a shift in staff and are introducing some new changes to our schedule, please help your students adjust by reviewing and reminding the parent and member handbooks. We want club to continue to be a safe and fun place for all who are part!

Project Learn - Project Learn or “Power Hour” is our academic time Monday - Thursday to help support what our club members are learning during the school day. Boys & Girls Club offers homework help, High Yield Learning activities, and other fun games/activities that have an academic focus that are still fun! This month, we will be focusing on math and literary skills through different games and activities!

STEM - STEM is our twice a week rotation that is taught by our AmeriCorps members! STEM includes topics of science, technology, engineering, and math. Within this club our members will be able to learn and explore aspects of how the world works around them. Building, creating, and constructing projects out of objects in the world around them.

Social Emotional Learning- Social Emotional learning is crucial to development and helping to build life long regulation skills! We make learning fun through these curriculums! The curriculum Boys & Girls Club uses is an evidence based program called Positive Action. Through this curriculum and it’s many lessons, club members will learn how to take care of their bodies and their minds.

Get Moving Club - This month, club members will have the opportunity to learn about various sports and games within Get Moving club. Members will practice gross motor skills, teamwork, and sportsmanship. The Get Moving club is separated by grade group to make sure that all members are safe, as different ages have different understandings, abilities, and motives.

Career Exploration Club - Members will have the opportunity to shape the curriculum of this exploration club as they grow and express opinions about their future occupations. Members will be encouraged to take club insights outside of school and guest speakers will be invited.

Enrichment - This is our program club time. Members will be able to choose which club they are most interested in and be able to build skills throughout the month in the various club options.

