

January 2025

Bonneville

1245 N 800 W Orem, Utah 84057 | 801-372-5461



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Positive Action, Self-Efficacy, and Emotional Wellness!

Happy
Birthday



1/3-Sheriyah
1/14-Sara
1/17-Rafael
1/20-David
1/23-Javier
1/31-Luciana

UPCOMING EVENTS

Winter Break Jan 1-Jan 3
Martin Luther King Jr. Day- Jan 20

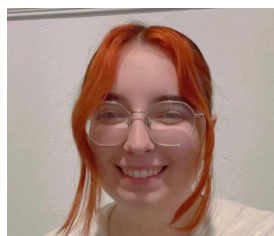
Program Begins Again on
January 6th @2pm!

CLUB CLOSED

Jan 1,2, 3- Winter Break
Jan 20- Martin Luther King Jr. Day



Get To Know



"Hello! My name is Kennedy, and I'm excited to introduce myself as a Youth Development Professional

at Bonneville Elementary School. I recently graduated from Utah Valley University (UVU) with a Bachelor's degree in Psychology, and I'm eager to apply my education to support children's development and well-being. I look forward to helping your children grow, learn, and have fun! In my free time, I love to read and recharge, and it also inspires my creativity. I'm also passionate about swimming and enjoy being in the water whenever I can. While I miss outdoor swimming in the winter, I'm a huge fan of snow and all the cozy activities the season brings—like baking! I love experimenting with new recipes and trying out different treats."

CONTACT INFORMATION

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Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

3:35-4:20pm (K-2), 2:50-3:35pm (3-6)
Monday-Thursday

Time to work on homework, practice math, read, or do other academically enriching activities (HYLAs).

STEM Labs

4:20-5:20 pm (K-2) Monday & Wednesday
4:20-5:20 pm (3-6) Tuesday & Thursday
3:15-5:15 Friday

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities. This month's focus is Car Related STEM activities!

Enrichment

4:20-5:20 (Monday-Thursday)
3:15-5:15 (Friday)

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children. This month's clubs are Friendship Club and Cars STEM Club!

We offer a rotation of activities on Friday where kids can participate in a new physical, creative, or STEM activity each week.

Social Emotional Learning (Prevention & Behavior)

Positive Action 3:05-3:35pm (K-2), 3:50-4:20pm (3-6)
Tuesday & Thursday

Positive Action: K-3: Getting Along With Others Using Social/Emotional Positive Actions

4-6: Thank You! Thank You! Thank You!, Frustration, Smushtration!, Treating Others the Way We Want to be Treated, The Code, Your Code, Respecting Me, Respecting You, Be My Friend, and What We Understand!



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Utah State Board of Education



UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE

Bonneville Afterschool Program 2024-2025

HELLO
january



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1 AFTERSCHOOL CLUB CLOSED — Winter Break	2 AFTERSCHOOL CLUB CLOSED — Winter Break	3 AFTERSCHOOL CLUB CLOSED — Winter Break
Gratitude and Frustration	6 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Cars STEM 4-6: Friendship Club	7 Power Hour Social Emotional Learning: Positive Action (P) K-3: Getting Along With Others Using Social/Emotional Positive Actions 4-6: Thank You! Thank You! Thank You! Clubs 4-6: Cars STEM K-3: Friendship Club	8 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Cars STEM 4-6: Friendship Club FIRE DRILL @3:20pm	9 Power Hour Social Emotional Learning: Positive Action (B) K-3: Getting Along With Others Using Social/Emotional Positive Actions 4-6: Frustration, Smushtration! Clubs 4-6: Cars STEM K-3: Friendship Club	10 Fun Friday Career and College Life Skills Physical, Creative, & STEM Rotations Gratitude
The Golden Rule	13 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Cars STEM 4-6: Friendship Club	14 Power Hour Social Emotional Learning: Positive Action (P) K-3: Getting Along With Others Using Social/Emotional Positive Actions 4-6: Treating Others the Way We Want to be Treated Clubs 4-6: Cars STEM K-3: Friendship Club	15 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Cars STEM 4-6: Friendship Club	16 Power Hour Social Emotional Learning: Positive Action (B) K-3: Getting Along With Others Using Social/Emotional Positive Actions 4-6: The Code Clubs 4-6: Cars STEM K-3: Friendship Club	17 Fun Friday Career and College Life Skills Physical, Creative, & STEM Rotations Gratitude
Respect	20 AFTERSCHOOL CLUB CLOSED — Martin Luther King Jr. Day	21 Power Hour Social Emotional Learning: Positive Action (P) K-3: Getting Along With Others Using Social/Emotional Positive Actions 4-6: Your Code Clubs 4-6: Cars STEM K-3: Friendship Club	22 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Cars STEM 4-6: Friendship Club	23 Power Hour Social Emotional Learning: Positive Action (B) K-3: Getting Along With Others Using Social/Emotional Positive Actions 4-6: Respecting Me, Respecting You Clubs 4-6: Cars STEM K-3: Friendship Club	24 Fun Friday Career and College Life Skills Physical, Creative, & STEM Rotations Gratitude
Friendship and Connection	27 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Cars STEM 4-6: Friendship Club	28 Power Hour Social Emotional Learning: Positive Action (P) K-3: Getting Along With Others Using Social/Emotional Positive Actions 4-6: Be My Friend Clubs 4-6: Cars STEM K-3: Friendship Club	29 Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-3: Cars STEM 4-6: Friendship Club	30 Power Hour Social Emotional Learning: Positive Action (B) K-3: Getting Along With Others Using Social/Emotional Positive Actions 4-6: What We Understand Clubs 4-6: Cars STEM K-3: Friendship Club	31 Fun Friday Career and College Life Skills Physical, Creative, & STEM Rotations Gratitude

Daily Schedule (Monday & Wednesday)	Daily Schedule (Tuesday & Thursday)	Daily Schedule (Friday)
2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 Emotion Explorers: Building Your Emotional Toolkit (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 Emotion Explorers: Building Your Emotional Toolkit (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 Social Emotional Learning: Positive Action (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 Social Emotional Learning: Positive Action (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-3:00 Recess 3:05- 3:15 Circle-up 3:15-4:15 Career and College Life Skills (K-3) & Enrichment Rotations (4-6) 4:20-5:20 Career and College Life Skills (4-6) & Enrichment Rotations (K-3) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out



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Contact Info

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BOYS & GIRLS CLUBS
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Bonneville Afterschool Program 2024-2025

January Club & Activity Details

Message to Parents: Happy New Year! We're thrilled to kick off 2024 with an exciting lineup of activities in our afterschool program. This year, we're focused on helping our 5-12-year-olds explore new skills, strengthen friendships, and have a blast while learning and growing together.

Here's what's coming up this winter: 🤝 **Friendship Builders Club:** Students will create friendship bracelets, play teamwork games, and practice important social skills to build meaningful connections. 🚗 **Car Crafters Club:** Our young engineers will explore the world of cars through hands-on STEM activities, including designing, building, and testing mini cars while learning about the science of transportation. 💡 **Positive Action Activities:** Weekly lessons will focus on building self-esteem, fostering kindness, and encouraging students to make positive choices. 📚 **Building Your Emotional Toolkit:** Through creative and interactive sessions, students will develop tools for managing emotions, boosting resilience, and practicing mindfulness. 🎓 **Career & College Readiness Fun:** From exploring future careers to learning practical life skills, students will gain confidence and dream big about their futures. We're excited to make this semester meaningful, educational, and full of fun for every child. Thank you for trusting us to be a part of your child's learning journey—we look forward to an amazing start to 2024!

Future Builders: Career and College Life Skills - Prepare for the future while having fun in Future Builders Club, a Friday after school program designed to introduce students ages 5-12 to the exciting world of careers and essential life skills. Through engaging, hands-on activities, students will explore their interests, develop important skills, and learn about the many possibilities that await them in the future. **Future Builders Club** is a dynamic and age-appropriate way to introduce young learners to the idea of building a bright future. By fostering curiosity, confidence, and critical thinking, we aim to inspire every student to dream big and achieve their goals! This will run each Friday we have after school!

Social-Emotional Learning -- The **Positive Action** curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. **Emotion Explorers: Building Your Emotional Toolkit** is a set of lessons built by our Site coordinator. It is a fun and supportive Monday and Wednesday program designed to help students ages 5-12 develop self-efficacy and emotional wellness. Through engaging activities, students will learn to recognize, understand, and manage their emotions while building essential tools for resilience and confidence.

Power Hour - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLAs), and participating in our reading and math programs. Our goal is to reduce missing assignments by collaborating with school-day teachers and ensuring that students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLAs, along with our reading and math programs, to further enhance their overall knowledge and skills in these important subjects. This is completed Monday-Thursday for 45 minutes!

Friendship Club - Welcome to **Friendship Builders Club**, a heartwarming program where students learn the art of making and maintaining friendships through fun, hands-on activities. This club combines creative projects, like crafting friendship bracelets, with engaging lessons on teamwork, empathy, and communication to help students develop strong social skills and meaningful connections. **Friendship Builders Club** is a safe and joyful space where students learn the tools to create lasting friendships while expressing themselves through creative projects. Join us as we build bonds, boost confidence, and spread positivity! Students in grades K-3 will join the club on Tuesdays and Thursdays, while those in grades 4-6 will participate on Mondays and Wednesdays.

STEM-Cars STEM Club - Rev up your curiosity in Cars Club, where students explore the fascinating world of cars and transportation through engaging STEM activities! This hands-on club is designed to teach students the science, engineering, and technology behind how cars work, while sparking creativity and problem-solving skills. Car Crafters Club combines STEM education with hands-on creativity, inspiring students to think like engineers, scientists, and innovators. Whether they're building, testing, or designing, every student will have a blast exploring the exciting world of cars! Students in grades K-3 will join the club on Mondays and Wednesdays, while those in grades 4-6 will participate on Tuesdays and Thursdays.



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