

December 2024

Westmore Elementary

1150 S. Main St. Orem, UT 84058 (801) 372-5618



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Learning Self-Awareness.

Happy Birthday



Myra, Lenora, Olivia, & Branco

UPCOMING EVENTS

Dec. 6th 5:00 pm-6:30 pm
HOLIDAY FAMILY NIGHT

WINTER BREAK

CLUB CLOSED

December 20th-January 3rd



Get To Know one of our Youth Development Professionals:



Hi. I'm Sara! I'm from Murray, UT and love it there but now I live in Provo to go to BYU. I'm studying communication disorders. I love my family, my friends, my friends, ice cream, and my job! I also like going on walks outside and listening to music.

CONTACT INFORMATION

Mikilani Willing
Site Director
Phone: 801-372-5618
Email: westmore@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities.

STEM Labs

Monday & Wednesday Gr 3-6
Tuesday & Thursday Gr K-2
Friday choice rotation all grades

We will be having fun interactive STEM activities that will focus on this Winter season.

Enrichment

Daily

Enrichment clubs are to further enrich and broaden our members' experiences by offering Physical and Creative club activities.

Social Emotional Learning (Prevention & Behavior)

Monday-Thursday

This month we will talk about learning self awareness through recognizing our talents, thinking before acting, and looking at our big feelings.



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Westmore Elementary Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Learning Self Awareness	2 Social Emotional Learning: K-2 Using our talents (B) STEM: 3-6 Christmas tree tower Clubs: Build a snowman craft, snowball fight	3 Social Emotional Learning: 3-6 Using our talents (B) STEM: K-2 Christmas tree tower Enrichment: Winter charades & HYLA: Math Bingo	4 FIRE DRILL Social Emotional Learning: K-2 Thinking about what you are thinking about (P) STEM: 3-6 Paper Chains Clubs: Build a snowman craft, Winter Ship to Shore, Snow Globes	5 Social Emotional Learning: 3-6 Thinking about what you are thinking about (P) STEM: 3-6 Paper Chains Enrichment: I Spy, Winter Charades	6 5:00 pm-6:30 pm HOLIDAY FAMILY NIGHT FUN FRIDAY Clubs: Winter Ships to Shore, Paper Snowflakes, Winter Simon Says
Self-Awareness with our feelings	9 Social Emotional Learning: K-2 Does what you do matter? (B) STEM: 3-6 Coding ornaments Clubs: Animal movements/fitness challenge, Playdoh snowmen, Tree Decorating Race	10 Social Emotional Learning: 3-6 Does what you do matter? (B) STEM: K-2 Coding Ornaments Enrichment: Snowball toss, Alphabet soup, Tommy Tucker Land	11 Social Emotional Learning: 3-6 Your big up front feelings (B) STEM: K-2 Making a sleigh Clubs: Animal movements/fitness challenge, Playdoh snowmen, Tree Decorating Race	12 Social Emotional Learning: K-2 Your big up front feelings (B) STEM: 3-6 Making a sleigh Enrichment: Snowball toss, Alphabet soup, Tommy Tucker Land	13 Social Emotional Learning: Smart Moves FUN FRIDAY Clubs: Winter Wonderland Physical, Creative, & STEM Activities
Paying Attention to our Feelings	16 Social Emotional Learning: K-2 Looking for love, Finding it (P) STEM: 3-6 Santa rocket Clubs: Pom pom christmas trees, Snowball toss	17 Social Emotional Learning: 3-6 Looking for love, Finding it (P) STEM: K-2 Santa rocket Enrichment: I Spy, Math Bingo, Winter Pictionary	18 Social Emotional Learning: K-2 What Scares me now? (P) STEM: 3-6 Gumdrops towers/houses Clubs: Pom pom christmas trees, Snowball toss	19 Social Emotional Learning: 3-6 What Scares me now? (P) FUN THURSDAY Holiday Freeze Dance, I Spy Page, Christmas STEM	20 MINIMAL DAY CLUB CLOSED
	23 WINTER BREAK CLUB CLOSED	24 WINTER BREAK CLUB CLOSED	25 WINTER BREAK CLUB CLOSED	26 WINTER BREAK CLUB CLOSED	27 WINTER BREAK CLUB CLOSED
	30 WINTER BREAK CLUB CLOSED	31 WINTER BREAK CLUB CLOSED	1	2	3

Daily Schedule		
Monday & Wednesday	Tuesday & Thursday	Friday
3:30 - 3:45 Check in, Snack 3:45 - 3:55 Circle Up 4:00 - 4:30 Social Emotional Learning Gr K-2 STEM Gr 3-6 4:35 - 5:25 Clubs: Creative & Physical 5:15 - 5:30 Clean Up & Dismissal	3:30 - 3:45 Check in, Snack 3:45 - 3:55 Circle Up 4:00 - 4:30 Social Emotional Learning Gr 3-6 STEM Gr K-2 4:35 - 5:25 Project Learn: HYLAs/Power Hour & Enrichment Centers 5:15 - 5:30 Clean Up & Dismissal	3:30 - 3:45 Check in, Snack 3:45 - 3:55 Circle Up 4:00 - 4:30 SMART Moves - all ages 4:35 - 5:25 Rotations - Creative - Physical - STEM 5:15 - 5:30 Clean Up & Dismissal

Contact Info
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December Club & Activity Details

Message to Parents:

Please join us for our HOLIDAY FAMILY NIGHT on December 6th at 5pm-6:30pm. We will have fun activities that you and your family can enjoy together such as ornament decorating and games. We will also provide refreshments. We look forward to seeing you! Also take note of the days that Club will be closed this month. We hope you enjoy your Winter Break!

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The December theme is learning self-awareness.

Power Hour - The main focus of power hour will be to help youth complete homework assignments and work on reading and math skills. We are aligning with Westmore Elementary's goals and hope to help our students meet their literacy and mathematics goals.

STEM: Youth will have the opportunity to participate in a new experiment every Tuesday, Thursday and Friday! Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments. We will be doing activities and lessons that incorporate this Winter season.

Physical Club - We will be moving our bodies through different forms of exercise that include Winter season themes.

Creative Club - This month will focus on the holidays and the Winter season. We will be making different crafts and helping the students to enrich their creative sides.

STEM Club - We will be using our tech and math skills as we make coding ornaments, sleighs, gumdrop houses, and snowman crafts.

