

December 2024

# Timpanogos

449 N 500 W, Provo, UT 84601 | (801) 857-4361



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Practicing Self-Management and Positive Actions

Happy Birthday



Audrey- Dec 5  
Rayder- Dec 5

### UPCOMING EVENTS

Timpanogos Pajama Day- Dec 20

### CLUB CLOSED

Holiday Break (No Program)-  
Dec 23- Jan 6



### Get To Know Levila Lotulelei



Levila is from Sandy, Utah and is currently a senior at BYU studying exercise and wellness! She loves hiking, playing volleyball, and playing pickleball.

### CONTACT INFORMATION

**Joanna Smith**  
Site Coordinator  
Phone: (801) 857-4361  
Email: [timpanogos@bgcutah.org](mailto:timpanogos@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

Monday - Thursday  
3:50 pm - 4:35pm  
Homework Help, High Yield Learning Activities (HYLA), Brain Games!

### STEM Labs

Monday & Wednesday  
4:50pm - 5:10pm

### Enrichment

Monday & Wednesday  
4:50pm - 5:10pm  
Creative Club  
Fridays  
4:00pm - 5:15pm  
Get Moving Club & Fun Friday

### Social Emotional Learning (Prevention & Behavior)

Tuesday & Thursday (Positive Action)  
4:40pm – 5:10pm  
"On Track and on Time", "Time Off for Good Behavior", "Gearing Up!",  
"A Positive Relationship with Money"



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# Timpanogos Afterschool Program 2024-2025

# December



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

| Social Emotional Learning Weekly Focus   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|--|--|--|---|--|--|
| Practicing Positive Actions              | 2<br>Circle Up<br>Snack<br>Project Learn<br>STEM<br>Clubs  | 3<br>Social Emotional Learning (P)<br>3-6: "Time Off for Good Behavior"<br>K-2 "Managing Yourself Using Social / Emotional Positive Actions"<br>Project Learn                  | 4<br>Circle Up<br>Snack<br>Project Learn<br>STEM<br>Clubs                       | 5<br>Social Emotional Learning (B)<br>3-6: "Gearing Up!"<br>K-2 "Managing Yourself Using Social / Emotional Positive Actions"<br>Project Learn               | 6<br>Circle Up<br>SMART Moves<br>Snack<br>"Get Moving" Club<br>Fun Friday!                         |
| Managing ourselves with Positive Actions | 9<br>Circle Up<br>Snack<br>Project Learn<br>STEM<br>Clubs  | 10<br>Social Emotional Learning (P)<br>3-6: "A Positive Relationship with Money"<br>K-2 "Managing Yourself Using Social / Emotional Positive Actions"<br>Project Learn         | 11<br><b>Fire Drill</b><br>Circle Up<br>Snack<br>Project Learn<br>STEM<br>Clubs | 12<br>Social Emotional Learning (B)<br>3-6: "Using Our Talents"<br>K-2 "Managing Yourself Using Social / Emotional Positive Actions"<br>Project Learn        | 13<br>Circle Up<br>Snack<br>"Get Moving" Club<br>Fun Friday!<br>Creative Club                      |
| Learning Self-Awareness                  | 16<br>Circle Up<br>Snack<br>Project Learn<br>STEM<br>Clubs | 17<br>Social Emotional Learning (P)<br>3-6: "Thinking About What You Are Thinking About"<br>K-2 "Managing Yourself Using Social / Emotional Positive Actions"<br>Project Learn | 18<br>Circle Up<br>Snack<br>Project Learn<br>STEM<br>Clubs                      | 19<br>Social Emotional Learning (B)<br>3-6: "Does What You Do Matter?"<br>K-2 "Managing Yourself Using Social / Emotional Positive Actions"<br>Project Learn | 20<br><b>Pajama Day</b><br>Circle Up<br>Snack<br>"Get Moving" Club<br>Fun Friday!<br>Creative Club |
|  | 23<br><b>Club Closed-<br/>Holiday Break</b>                | 24<br><b>Club Closed-<br/>Holiday Break</b>  | 25<br><b>Club Closed-<br/>Holiday Break</b>                                     | 26<br><b>Club Closed-<br/>Holiday Break</b>  | 27<br><b>Club Closed-<br/>Holiday Break</b>  |
|  | 30<br><b>Club Closed-<br/>Holiday Break</b>                | 31<br><b>Club Closed-<br/>Holiday Break</b>  | 1<br><b>Club Closed-<br/>Holiday Break</b>                                      | 2<br><b>Club Closed-<br/>Holiday Break</b>   | 3<br><b>Club Closed-<br/>Holiday Break</b>   |

| Monday & Wednesday  | Tuesday & Thursday  | Friday   |
|---|---|--|
| 3:05pm - 3:35pm Check in, Circle Up, Snack<br>3:35pm -3:40pm Clean up & Transition<br>3:40pm - 3:55pm Recess<br>3:55pm - 4:00pm Transition<br>4:00pm - 4:45pm Project Learn<br>4:45pm - 4:50pm Transition<br>4:50pm - 5:15pm STEM<br>4:50pm - 5:15pm Creative Club<br>5:15pm - 5:30pm Backpacket games<br>5:30pm Program Closes | 3:05pm - 3:35pm Check in, Circle Up, Snack<br>3:35pm -3:40pm Clean up & Transition<br>3:40pm - 3:55pm Recess<br>3:55pm - 4:00pm Transition<br>4:00pm - 4:30pm Social Emotional Learning:<br>Positive Action<br>4:30pm - 4:35pm Transition<br>4:35pm - 5:15pm Project Learn<br>5:15pm - 5:30pm Backpacket games<br>5:30pm Program Closes | 1:30pm - 2:00pm Check in & Recess<br>2:00pm - 2:05pm Transition<br>2:05pm - 2:20pm Circle Up<br>2:25pm - 3:25pm Social Emotional Learning: SMART Moves<br>3:25pm - 3:30pm Transition<br>3:30pm - 3:45pm Snack<br>3:45pm - 4:00pm Clean up & Transition<br>4:00pm - 4:30pm Get Moving Club<br>4:30pm - 5:00pm Creative Club<br>5:00pm - 5:15pm End of day Clean up<br>5:15pm - 5:30pm Backpacket Games<br>5:30pm Program Closes |

| Contact Info   |
|--|
| <b>Joanna Smith</b><br><b>Site Coordinator</b><br><b>Phone: (801) 857-4361</b><br><b>Email: <a href="mailto:timpanogos@bgcutah.org">timpanogos@bgcutah.org</a></b> |
| Program Address: 449 N 500 W, Provo, UT 84601  |



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# Timpanogos Afterschool Program 2024-2025



## December Club & Activity Details

**Message to Parents** - Hello Parents! Happy Holidays to all! This month we will have several days off (see calendar above) and we hope your students will receive some well-deserved rest. We will also continue preparing and guiding your students through STEM Club, creative club, and our social emotional learning curriculums! Within these curriculums we will be learning more about how to take care of our intellectual and physical bodies as well as our other emotions as a whole.

Thank you!

As always, reach out with any questions or concerns.

**Project Learn** - Project Learn or "Power Hour" is our academic time Monday - Thursday to help support what our club members are learning during the school day. Boys & Girls Club offers homework help, High Yield Learning activities, and other fun games/activities that have an academic focus that are still fun! This month, we will be focusing on math and literary skills through different games and activities!

**STEM** - STEM is our twice a week rotation that is taught by our AmeriCorps members! STEM includes topics of science, technology, engineering, and math. Within this club our members will be able to learn and explore aspects of how the world works around them. Building, creating, and constructing projects out of objects in the world around them.

**Social Emotional Learning**- Similar to previous years, Boys & Girls Club uses two social emotional learning curriculums– SMART Moves and Positive Action. Within both curriculums, club members will learn a lot about feelings, emotions, being a good friend/peer, and ways to help others. Social Emotions are crucial to development and we make learning fun through these curriculums! SMART moves will be ending in December and a Creative Club will take it's place! We've been gearing up by asking the students what they are interested in, and we'd love to hear from parents as well!

**Get Moving Club** - This month, club members will have the opportunity to learn about various sports and games within Get Moving club. Members will practice gross motor skills, teamwork, and sportsmanship. The Get Moving club is separated by grade group to make sure that all members are safe, as different ages have different understandings, abilities, and motives.

**Creative Club** - In this club, members will be able to express themselves through various art mediums and crafting supplies. Members will learn new techniques and use materials that invite creativity and learning. This month our Creative Club will center on college preparedness and various skills that make envisioning the future bright!