

December 2024

Red Mountain

263 E 200 S Ivins, UT 84738 | (801) 372-3555



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self Awareness

Get To Know



Meet our STEM Specialist, Ashley! Ashley was born and raised here in St. George, UT. STEM has always been a passion of hers (especially engineering) which is why she decided to pursue it at Utah Tech University where she is currently studying. In her spare time she enjoys painting, drawing, creating, and reading. The STEM activities that Miss Ashley plans each week are always a highlight for our students.

CONTACT INFORMATION

Natalie Fetzer
Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Tuesday & Thursday
4:40 - 5:25

During Power Hour we provide assistance with homework and work on academic skills. Please contact us if you have specific areas that you'd like us to focus on with your child!

STEM Labs

Friday
1:15 - 1:45

This month we will have an engineering focus in our STEM Labs. We will give lots of opportunities for teamwork and building leadership skills.

Enrichment

Monday & Wednesday
4:10 - 4:40

We are excited to be offering two new clubs this month for the students to choose from: Holiday Craft Club & No-Bake Bake Club!

Social Emotional Learning (Prevention & Behavior)

Tuesdays & Thursdays
4:10 - 4:40

We will continue our Positive Actions curriculum this month to learn new social emotional learning skills. This month's focus will be on self awareness.

Happy
Birthday



- Javier
- Natalie
- Olivia
- August

UPCOMING EVENTS

No upcoming event

CLUB CLOSED

December 2nd: SEP Comp Day

December 23rd-January 3rd: Christmas Break



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Utah State Board of Education



**Red Mountain
Afterschool Program
2024-2025**



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Learning Self Awareness	2 Club Closed SEP Comp Day	3 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 52 "Using Our Talents" Grade 2 Manual: Lesson 53 "Managing Yourself Using Social / Emotional Positive Actions"	4 Project Learn Craft Club/No Bake Club	5 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 53 "Thinking About What You Are Thinking About" Grade 2 Manual: Lesson 57 "Managing Yourself Using Social / Emotional Positive Actions"	6 SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game Fire Drill
Self Awareness With Our Feelings	9 Project Learn Craft Club/No Bake Club	10 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 54 "Does What You Do Matter?" Grade 2 Manual: Lesson 59 & 60 "Managing Yourself Using Social / Emotional Positive Actions"	11 Project Learn Craft Club/No Bake Club	12 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 55 "Your Big, Up Front Feelings" Grade 2 Manual: Lesson 61 & 62 "Managing Yourself Using Social / Emotional Positive Actions"	13 SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game
Paying Attention to our Feelings	16 Project Learn Craft Club/No Bake Club	17 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 56 "Looking For Love, Finding It" Grade 2 Manual: Lesson 67 "Managing Yourself Using Social / Emotional Positive Actions"	18 Project Learn Craft Club/No Bake Club	19 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 63 "What Scares Me Now" Grade 2 Manual: Lesson 68 "Managing Yourself Using Social / Emotional Positive Actions"	20 SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game
No Club	23 Club Closed Christmas Break	24 Club Closed Christmas Break	25 Club Closed Christmas Break	26 Club Closed Christmas Break	27 Club Closed Christmas Break
No Club	30 Club Closed Christmas Break	31 Club Closed Christmas Break	1	2	3

Daily Schedule

Monday-Thursday

3:30 - 3:50 Check-in, Snack, Feelings check-in
3:50 - 4:10 Energy Boost
4:10 - 4:40 Social Emotional Learning or Enrichment Clubs
4:40 - 5:25 Project Learn
5:25 - 5:30 Group game
5:30 - Pass out PM Snack/Parent Pick-up

Friday

12:00 - 12:15 Check-in, Energy Boost
12:15 - 1:15 Smart Moves
1:15 - 1:45 STEM Club
1:45 - 2:05 Super Snack/Feelings check-in
2:05 - 2:30 Energy Boost
2:35 - 3:15 Fun Friday
3:20 - 3:50 Creative Club (computers)
3:55 - 4:25 Physical Club (sport)
4:30 - 5:00 STEM Club
5:05 - 5:20 Group Game
5:20 - 5:30 Gratitude/Pass out PM snack
5:30 - Parent Pick-up

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December Club & Activity Details

Message to Parents:

We hope you had a wonderful Thanksgiving holiday and that you will continue to enjoy this festive time of year! We are looking forward to some really fun holiday activities in our club this month including some no-bake baking, seasonal crafts, and some exciting STEM activities. Please take a moment to read about some of the fun things we have planned below. Thank you for your continued support! Please feel free to reach out if you have any questions.

No-Bake Bake Club- In the no-bake club, the students will have the opportunity to make and sample several no-bake recipes. They will learn basic kitchen safety and skills, practice following recipes, and try new things!

Holiday Craft Club- Our holiday craft club will be an opportunity for students to let their creativity flow while creating handmade holiday gifts, crafts, and keepsakes.

Smart Moves: This is a Social Emotional Learning curriculum that utilizes actions and activities to identify club members emotions and feelings, and gives them choices to express them appropriately.

Fun Friday: This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

BGC Mission: The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

Our Core Promise: To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

Our Guiding Principles: Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

Our Rules: 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!

As always, we appreciate partnering with you to provide a meaningful and fun learning experience for our club members.

