

December 2024

# Provo Peaks

665 E Center St Provo UT, 84606 | (801) 717-0809



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self-Awareness

## Get To Know



Hi everyone! We have some students so I wanted to reintroduce myself. I'm Sarah and I am the Site Coordinator here at Provo Peaks. In the mornings I work as a paraprofessional at a charter school in the area. I love trying new foods, swimming, dancing, and hanging out with friends. Please email or text me if you ever have any questions or concerns!

### CONTACT INFORMATION

**Sarah Christensen**  
Site Coordinator  
Phone: (801) 717-0809  
Email: [provopeaks@bgcutah.org](mailto:provopeaks@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

*Daily*

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLA's (High Yield, Creative, Physical & STEM Learning Activity Rotations) and also participate in our reading program, homework help, HYLA activities, etc.

## STEM Labs

*Monday, Wednesday, and Friday*

Youth learn all about the scientific and design processes through hands-on experiments.

## Enrichment

*Daily*

Enrichment Activities provide students with an opportunity to develop desired skills and increase their creativity.

## Social Emotional Learning

**(Prevention & Behavior)**

*Tuesday & Thursday*

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional learning skills. All Social Emotional Learning skills are taught through daily lessons and then integrated throughout the rest of programming.

Happy Birthday



Fatuma - December 15th  
Iker - December 22nd  
Darchelle - December 26th  
Luisa - December 31st

## UPCOMING EVENTS

December 4th - Choir and Orchestra Concert

December 5th - Food Bank at Provo Peaks

## CLUB CLOSED

December 23rd - January 2nd



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[www.instagram.com/bgcutah](http://www.instagram.com/bgcutah)



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UTAH DEPARTMENT OF  
WORKFORCE  
SERVICES  
CHILD CARE

# Provo Peaks Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Learning Self-Awareness	2 PowerHour Positive Action (P) K-3 STEM 4-6 HYLEA Rotations	3 PowerHour Enrichment Clubs: Gifting Club Holiday Adventure Club	4 PowerHour Positive Action (B) K-3 HYLEA Rotations 4-6 STEM  <b>CHOIR &amp; ORCHESTRA CONCERT</b>	5 PowerHour Enrichment Clubs: Gifting Club Holiday Adventure Club  <b>Food Bank</b>	6 <b>FUN FRIDAY</b> Project Learn: Enrichment Rotations (Creative, Physical & STEM)
Self-Awareness with our Feelings	9 PowerHour Positive Action (P) K-3 STEM 4-6 HYLEA Rotations	10 PowerHour Enrichment Clubs: Gifting Club Holiday Adventure Club	11 PowerHour Positive Action (B) K-3 HYLEA Rotations 4-6 STEM  <b>FIRE DRILL</b>	12 PowerHour Enrichment Clubs: Gifting Club Holiday Adventure Club	13 <b>FUN FRIDAY</b> Project Learn: Enrichment Rotations (Creative, Physical & STEM)
Paying Attention to our Feelings	16 PowerHour Positive Action (P) K-3 STEM 4-6 HYLEA Rotations	17 PowerHour Enrichment Clubs: Gifting Club Holiday Adventure Club	18 PowerHour Positive Action (B) K-3 HYLEA Rotations 4-6 STEM	19 PowerHour Enrichment Clubs: Gifting Club Holiday Adventure Club	20 <b>FUN FRIDAY</b> Project Learn: Enrichment Rotations (Creative, Physical & STEM)
	23 <b>Program Closed</b> Winter Break	24 <b>Program Closed</b> Winter Break	25 <b>Program Closed</b> Winter Break	26 <b>Program Closed</b> Winter Break	27 <b>Program Closed</b> Winter Break
	30 <b>Program Closed</b> Winter Break	31 <b>Program Closed</b> Winter Break	1	2	3

Daily Schedule		
Monday/Wednesday	Tuesday/Thursday	Friday
3:20 - 3:45 Check in, Snack, Recess 3:50 - 4:00 Circle up 4:00 - 4:25 Power Hour 4:25 - 4:55 Social Emotional Learning (Positive Action) 4:55 - 5:30 K-3 STEM/4-6 HYLEA rotations on Mondays K-3 HYLEA rotations/4-6 STEM on Wednesdays 5:30pm Program Closes, Checkout	3:20 - 3:45 Check in, Snack, Recess 3:50 - 4:00 Circle up 4:00 - 4:25 Power Hour 4:30 - 5:30 Enrichment Clubs 5:30pm Program Closes, Checkout	1:30 - 1:50 Check in, Snack, Recess 1:55 - 1:05 Circle up 2:05 - 2:40 K-3 HYLEA Rotations/4-6 STEM 2:45 - 3:20 K-3 STEM/4-6 HYLEA Rotations 3:30 Program Closes, Checkout

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## December Club & Activity Details

### Message to Parents:

Happy December! This month we chose to incorporate our focus of Self-Awareness into each of our activities. We want each of our members to be aware of the emotions and feelings that they have so that we can create the best environment for them. Our gifting club will focus on giving back to those around us and showing appreciation to others. Holiday adventure club will provide the opportunity for members to learn about different holidays in various cultures and participate in some traditional activities from those countries. We are so grateful for the opportunity we have to provide a positive environment for each and every one of our members. We hope you have an amazing break this month and we are excited to continue serving the community!

**Gifting Club** - Gifting Club will be held on Tuesdays and Thursdays for one hour. The holiday season is a perfect time to focus on showing appreciation and love to those that matter most. In this club, members will have the opportunity to make gifts for family and friends including gift bags, mugs, and many other winter themed crafts.

**Holiday Adventure Club** - This club will be held on Tuesdays and Thursdays for one hour. The Holiday Adventure Club will expose our members to a variety of different cultures. There will be both physical and creative activities for the students who choose to participate in this club.

