

December 2024

# Provo Clubhouse

750 W 200 N, Provo, UT 84601 | (801) 717-6214



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self-Awareness

## Get To Know Maddy



Maddy is a volunteer here at Boys and Girls Club and is making a meaningful difference in the club members here. She is currently attending BYU, studying psychology. She is applying for graduate programs in Marriage and Family therapy, hoping to specialize in play therapy. Maddy loves running, reading, and hanging out with her husband.

### CONTACT INFORMATION

**Site Coordinator: Bianca Salazar**  
**Phone: (801) 717-6214 Email:**  
[bianca.salazar@bgcutah.org](mailto:bianca.salazar@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Daily

4:00 pm

*Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLEA's (High Creative, Physical & STEM Rotations Learning Activities) and also participate in our reading program.*

## STEM Labs

Monday, Wednesday, & Friday

5:00 pm

*Youth learn all about the scientific and design processes through hands-on experiments.*

## Social Emotional Learning (Prevention and Behavior)

Tuesday & Thursday

5:00 pm

*Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.*

Happy  
Birthday



Hailey - Dec 24th

### UPCOMING EVENTS

Cookies & Cocoa Family Event:  
Dec 19th @ 5pm - 6pm

Christmas Break:  
Dec 23 - Jan 3

### CLUB CLOSED

Christmas Break Dec 23 - Jan 3



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# Provo Clubhouse After School Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Learning Self Awareness	2 STEM: Flow Serve Power Hour Indoor Winter Activity	3 Power Hour Social Emotional Learning: (P) Positive Action	4 Power Hour STEM: Weights & Fins Drama Club: Make a Play Christmas Club: Puzzle Ornaments <i>FIRE DRILL</i>	5 Power Hour Social Emotional Learning: (B) Positive Action	6 <b>FUN FRIDAY</b> Power Hour Smart Moves STEM: Rescue Shuttle Drama Club: Write the Script Christmas Club: Christmas Just Dance
Self Awareness with our feelings	9 STEM: Flow Serve Power Hour Indoor Winter Activity	10 Power Hour Social Emotional Learning: (P) Positive Action	11 Power Hour STEM: Rescue Shuttles Drama Club: Practice Lines Christmas Club: Reindeer Ornaments	12 Power Hour Social Emotional Learning: (B) Positive Action	13 <b>FUN FRIDAY</b> Power Hour Smart Moves STEM: Waterproof Bag Drama Club: Block & Do Movements Christmas Club: Reindeer Tag & Santa Relay
Paying attention to our feelings	16 STEM: Flow Serve Power Hour Indoor Winter Activity	17 Power Hour Social Emotional Learning: (P) Positive Action	18 Power Hour STEM: Glider Drama Club: Practice! Christmas Club: Snowflake Ornaments	19 Power Hour Social Emotional Learning: (B) Positive Action <i>Cookies &amp; Cocoa</i>	20 <b>FUN FRIDAY</b> Power Hour Smart Moves STEM: Holiday STEM Drama Club: Present Play Christmas Club: Holiday Min-to-Win-It
	23 <b>CHRISTMAS BREAK</b>	24 <b>CHRISTMAS BREAK</b> <i>CHRISTMAS EVE</i>	25 <b>CHRISTMAS BREAK</b> <i>CHRISTMAS DAY</i>	26 <b>CHRISTMAS BREAK</b>	27 <b>CHRISTMAS BREAK</b>
	30 <b>CHRISTMAS BREAK</b>	31 <b>CHRISTMAS BREAK</b> <i>NEW YEARS EVE</i>	1	2	3

Daily Schedule		
<b>Monday &amp; Wednesday</b> 3:00 - 3:45 Club Opens; Snack & Activities 3:50 - 4:50 Project Learn: Power Hour 4:50 - 5:00 Circle-Up 5:00 - 5:50 Club/STEM Rotations 5:50 - 6:00 Final Clean Up 6:00 Snack & Check Out	<b>Tuesday &amp; Thursday</b> 3:00 - 3:45 Club Opens; Snack & Activities 3:50 - 4:50 Project Learn: Power Hour 4:50 - 5:00 Circle-Up 5:00 - 5:50 Social Emotional Learning 5:50 - 6:00 Final Clean Up 6:00 Snack & Check Out	<b>Friday</b> 1:00 - 2:00 Drop off & Snack; Activities 2:05 - 2:15 Circle Up - Age Groups 2:15 - 3:15 SMART Moves 3:15 - 3:45 Structured Outdoor Time 3:45 - 5:30 Club/STEM Rotations 5:30 - 6:00 Deep Clean 6:00 Snack & Check Out

Contact Info		
Site Coordinator: Bianca Salazar	Program Manager: Jessica Harris	
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WORKFORCE  
SERVICES  
CHILD CARE

## December Club & Activity Details

### Message to Parents:

Here at the Provo Clubhouse, we look forward to the holiday season just as much as all of the club members do! We have some fun activities planned for the holidays and are looking forward to celebrating everything magical about the holidays. Please keep in mind that we will be closed over Christmas Break, but to make up for that we will be hosting a little Cocoa and Cookies event for Club Members and their families to participate in. Keep an eye out for more information on that to come your way!

### Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves.

**SMART Moves** - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention.

### Project Learn:

Project Learn is a “catch all” term for our enrichment and academic support programs.

**Power Hour** - PowerHour is a daily academic enrichment and support time where youth are provided help with homework assignments, engage in skill building HYLEA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

### Enrichment Clubs -

**Drama Club (Creative)** - We are excited to introduce a drama club for the club members to participate in. This club will allow the students to express their creativity by acting out different characters in small in-class productions. Club members will work on memorizing lines, creating puppets and props for productions, rehearse, and even perform their play.

**Christmas Club (Creative/Physical):** With the holidays fast approaching, what better way to get into the holiday spirit than by crafting up some ornaments as well as participating in some fun physical holiday activities. We hope that this club will not only keep them active and moving, but also get them excited for the holiday season and all that it has to offer.

### STEM Labs:

**Science** - Youth will have the opportunity to participate in STEM labs twice per week and engage in an extra activity on Friday's. On Mondays our friends from FlowServe will be doing different STEM activities with the club kids and on Wednesdays and Fridays our STEM staff, Aaron, working on their Rescue shuttles as well as some Christmas activities this month.

