

December 2024

# Panorama

301 N 2200 E, St George, UT 84790 | 801-372-4767



**BOYS & GIRLS CLUBS**  
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

Happy  
Birthday



Aria  
Jose

## UPCOMING EVENTS

Kids Holiday Celebration - December 19th

## CLUB CLOSED

**Monday, December 2nd**  
**December 23rd - January 3rd**



## Get To Know

Hi! My name is Ava Black, and I am a sophomore at Utah Tech University. I am majoring in communications, and planning on pursuing a career in Real Estate. I love working with your kids!



## CONTACT INFORMATION

**Bob Kendall, Site Coordinator**  
Phone: 801-372-4767  
Email: [panorama@bgcutah.org](mailto:panorama@bgcutah.org)

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Monday - Thursday 3:30-4:00

Most days we do Project Learn together and then split for Positive Action. We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

## STEM Labs

Tuesdays 4:00-4:30  
Fridays - 1:45 - 2:15

We are focusing on Earth Science for the month of December. We have several hands-on experiments and building activities to keep students' curiosity and interests high!

## Enrichment

Monday - Thursday 4:30 - 5:25

We will be offering American Sign Language, Traditions Club, Origami Club and Physical Club. This will give our club members a chance to test their skills in various ways.

## Social Emotional Learning (Prevention & Behavior)

Monday & Wednesdays - 4:00-4:30

We are continuing on with our Social and Emotional Learning curriculum called "Positive Action." We are focusing on our talents and working through ways to control our own emotions appropriately.



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# Panorama Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS  
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Learning Self-Awareness	<b>No Club</b> 2	Project Learn 3 Social Emotional Learning (P): Grade 5 Manual: Lesson 52 "Using Our Talents" Grade 2 Manual: Lesson 53 "Managing Yourself Using Social / Emotional Positive Actions" Origami Club or Physical Club	Project Learn 4 Social Emotional Learning (B): Grade 5 Manual: Lesson 53 "Thinking About What You Are Thinking About" Grade 2 Manual: Lesson 57 "Managing Yourself Using Social / Emotional Positive Actions" ASL Club or Traditions Club	Project Learn 5 Seasonal Crafts Club Origami Club or Physical Club	<b>Fire Drill</b> 6 Fun Friday Creative Club Physical Club STEM Club
Self-Awareness With Our Feelings	Project Learn 9 Social Emotional Learning (P): Grade 5 Manual: Lesson 54 "Does What You Do Matter?" Grade 2 Manual: Lesson 59 & 60 "Managing Yourself Using Social / Emotional Positive Actions" ASL Club or Traditions Club	Project Learn 10 STEM Origami Club or Physical Club	Project Learn 11 Social Emotional Learning (B): Grade 5 Manual: Lesson 55 "Your Big, Up Front Feelings" Grade 2 Manual: Lesson 61 & 62 "Managing Yourself Using Social / Emotional Positive Actions" ASL Club or Traditions Club	Project Learn 12 Seasonal Crafts Club Origami Club or Physical Club	13 Fun Friday Creative Club Physical Club STEM Club
Paying Attention To Our Feelings	Project Learn 16 Social Emotional Learning (P): Grade 5 Manual: Lesson 56 "Looking For Love, Finding It" Grade 2 Manual: Lesson 67 "Managing Yourself Using Social / Emotional Positive Actions" ASL Club or Traditions Club	Project Learn 17 STEM Origami Club or Physical Club	Project Learn 18 Social Emotional Learning (B): Grade 5 Manual: Lesson 63 "What Scares Me Now" Grade 2 Manual: Lesson 68 "Managing Yourself Using Social / Emotional Positive Actions" ASL Club or Traditions Club	Project Learn 19 Seasonal Crafts Club Christmas Celebration!	20 Fun Friday Creative Club Physical Club STEM Club
	<b>No Club</b> 23	<b>No Club</b> 24	<b>No Club</b> 25	<b>No Club</b> 26	<b>No Club</b> 27
	<b>No Club</b> 30	<b>No Club</b> 31	1	2	3

## Daily Schedule

Monday-Thursday	Fridays
2:35 - 2:55 Check-in, Super Snack, Feeling check in	1:00 - 1:15 Check-in, Feelings check in
3:00 - 3:25 Energy Boost	1:20 - 1:45 Energy Boost
3:30 - 4:00 Project Learn	1:45 - 2:15 STEM
4:00 - 4:30 Social Emotional Learning - Positive Action or STEM	2:15 - 2:35 Super Snack
4:30 - 5:25 Enrichment Clubs	2:40 - 3:15 Fun Friday
5:30 Snack/Check-out	3:20 - 3:50 Rotation 1 (Creative) (4-5, K-1, 2-3)
	3:55 - 4:25 Rotation 2 (Physical) (2-3, 4-5, K-1)
	4:30 - 5:20 Project Completion Time (Christmas is coming!)
	5:20 - 5:30 PM Snack/check-out

## Contact Info

Bob Kendall, Site Coordinator  
 Email: [Panorama Elementary](mailto:PanoramaElementary@bgsouthutah.org)  
 Phone: 801-372-4767  
 Program Address: 301 N 2200 E, St George, UT 84790



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## December Club & Activity Details

### Message to Parents:

We very much appreciate all you allowing us to spend time with your kids. They have become a great part of our lives and we always look forward to being able to come and spend time with them. We are excited to offer lots of fun activities in the month of December. We will have a party on Thursday, December 19th and allow the kids to have snacks and we will play “Christmas Bingo” that day. All Club Members will win a gift and be able to take it home with them. We will also most likely provide popcorn, candy canes and some small amounts of candy. If your child has any restrictions on any of this, please let us know in advance, via email or text, so that we can respect those restrictions. Otherwise, we at Panorama Boys and Girls Club wish you the very best of our Holiday Season and look forward to seeing you in January after the break.

**STEM Club:** We have done quite a bit of experimentation with STEM these last several months. This month we are going to focus on Earth Science and will be doing tons of activities to get the club members involved. We believe having the hands on activities are key to learning and retaining information so any time we can allow them to learn this way we will do it. We are looking to instill confidence, originality, scientific thinking, and creativity into our youth to set them up for success.

**Social Emotional Learning (Positive Action)** - curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. This month we will focus on using our talents as well as turning inward and understanding how our feelings and actions affect others. We have some really great conversations and learn a lot from each other during these times.

**Project Learn:** This is dedicated time to cover school related topics, homework or read. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. We work with the teachers to make sure that we are meeting the needs of students as a class and as individuals. We are finding that because of this program Club Members are wanting to spend more time reading and ask less and less to draw or do other activities. It's working!!!

**Fun Friday:** This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have “down-time” while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers.

**Creative, Physical, STEM Clubs:** These are our rotations where we split Club Members up into smaller groups so that they can experience doing some of our fun activities. Creative Club usually goes to the computer lab to play school-approved games which they love. Physical Club is where we go do something outside! If the weather permits we can go on nature walks, play basketball or treasure hunt. STEM Clubs on Fridays are generally the most fun because that's where we make a lot of the messy stuff! Our staff spends a little time each week visualizing what it was like to be between the ages of 6-12 and try to remember our curiosities and what we wanted to learn about, then we do it! And of course we solicit our Club Members about what interests them almost constantly to ensure we are meeting their curiosity needs as well.



**Origami Club:** Origami is a great way to express your artistic side. This time we will do many shapes and styles of paper folding. We will also offer more simplistic crafts for the younger members. This club will give our members a chance to slow down and focus on the details of intricate projects and encourage being quiet, listening, following directions, taking their time to achieve the final result. We also like to showcase what everyone has done which helps to build camaraderie and confidence among our club members.

**American Sign Language (ASL) Club:** Club members will be working to learn their alphabet, using ASL, as well as familiar phrases and signs in order to communicate. They will work towards being able to have a simple conversation with their fellow club members so that each person can understand the conversation. This is truly learning another language and is extremely beneficial to exercising their brains.

**Traditions Club:** We will be learning about different traditions around the world. This is not a religious based class but a cultural class where we can learn how people in other places celebrate what is important to them. It's important to open the eyes of our club members so that they can see the rest of the world from a safe distance and develop their own thoughts and ideas about them. This club will help build knowledge and understanding, as well as acceptance of others and their cultures and broaden their understanding of just how different some cultures are from their own.

**Physical Club:** We have turned to a new theme as of late, which is letting our youth decide what they want to do. Physical Club is just that: doing a physical activity that the youth choose. We will have several options available however they will have to decide amongst themselves which sport/physical activity they want to do as a group. This is great because it gives our Club Members choices about their club experience and allows them to work through the process of deciding within a group. This enables them to make decisions, negotiate, compromise, express teamwork while being able to show their diversity in likes and dislikes.

**Seasonal Crafts Club:** This is a club where we do crafts related to the season. This month we will be focused on Christmas-time crafts as well as making gifts for family members to remember their kids at this age. Youth at this age benefit from being able to create something and then give it away. It builds confidence and appreciation for others, while increasing their creativity and desire to give. We have seen club members' faces light up when we tell them they are going to make something that they can take home and gift to a family member, so please know this is a special opportunity they have been looking forward to.

**Project Completion Time:** We are going to do a lot of hands-on projects this month, in preparation for celebrated holidays. Sometimes 30 minutes is not enough during the week so we want to offer some opportunities at the end of the week for people to complete their projects. This will help reduce the level of stress on the days we do projects and let them feel some relief knowing they will have more time to complete. If your child says "I have to finish my project on Friday!" Please understand that it is probably pretty important to them to do so because they are attempting to give it to someone.

**Upcoming Staff Changes:** I wanted to keep you all abreast of changes our little club will have this month. After December, our current Program Manager, Yamilex, will take a step back to become a Floater YDP, so that she can complete her college degree. This means she will trade time between Panorama and Washington schools. Halle, our current 2nd year YDP, will step up to the Program Manager position as she completes her studies in December. McKenzie, who has been a Floater YDP for the last 3 years is also leaving the club due to completion of her degree. We have been truly blessed to have all three of these amazing people at our school. So please join me in congratulating them for their continued success and progression in achieving their goals.



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