# December 2024 Orem Jr.

650 West Jaguar Ave, Orem, UT 84057 | (801) 592-6312



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is self-management, managing actions, and managing feelings.



Nathan, Ashley, Quinn, William, Abigail, and Savannah

#### **UPCOMING EVENTS**

Christmas Break (See dates below)

## CLUB CLOSED

Christmas Break! December 23 - January 3rd



### Get To Know our Youth Development Professional!

Hello, my name is Lou and I am currently a Student at Utah Valley University. I am a Junior in the 2D Animation program. I enjoy creating any kind of art and I also love graphic design. Since middle school, I have always had a passion for collaborative storytelling and I have been able to work with my friends and peers doing school projects, playing Dungeons and Dragons, and personal projects.



#### CONTACT INFORMATION

**TBD Site Coordinator** Phone: (801) 592-6312 Email: Oremjr@bgcutah.org

#### PARENT RESOURCES

Parent Handbook Membership Handbook

#### Project Learn

Daily 4:30pm-5:30pm

Power Hour is a designated time where youth can work on their homework or read. Staff will help youth complete assignments and provide tutoring as needed.

#### **STEM Labs**

Monday, Tuesday, Thursday, and Friday 3:30pm-4:20pm

Mr. Byrom opens up his classroom and provides students with the opportunity to build and code robots. He has extensive knowledge in this subject and is happy to teach those who want to learn!

#### **Enrichment Clubs**

Monday-Friday 3:30-4:20pm

In November we are offering crocheting, sewing, soccer, Wii, entrepreneurship, D&D, Magic the Gathering, cosmetology, open art, and psychology.

### Social Emotional Learning (Prevention & Behavior)

Mondays, Wednesday, and Fridays 3:00pm-3:30pm

Our Positive Action curriculum focuses on providing youth with important social-emotional skills. All social emotional learning skills are taught through daily lessons and then integrated throughout the rest of programming.







# **Orem Jr. Afterschool Program** 2024-2025



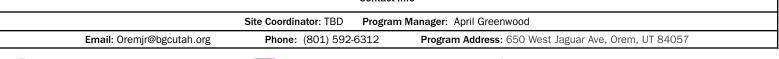


Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Self- Management	2 (P) Social Emotional Learning: Do I Need Stuff and More Stuff? Clubs: D&D Games Robotics Project Learn	Clubs: Magic the Gathering Robotics Project Learn	Clubs: Sewing Weight Training Project Learn Fire Drill	5 Clubs: Robotics Cosmetology Open Art Project Learn	6 (B) Social Emotional Learning: Did You Ever Try Herding Cats? Clubs: Graphic Design Soccer Open Art Project Learn
Managing our Actions	9 (P) Social Emotional Learning: Does What We Do Matter? Clubs: D&D Games Robotics Project Learn	10 Clubs: Magic the Gathering Robotics Project Learn	11 Clubs: Sewing Weight Training Project Learn	Clubs: Robotics Cosmetology Open Art Project Learn	13 (B) Social Emotional Learning: Just Do It Clubs: Graphic Design Soccer Open Art Project Learn
Managing our Feelings	16 (P) Social Emotional Learning: Do My Feelings Matter? Clubs: D&D Games Robotics	17 Clubs: Magic the Gathering Robotics Project Learn	18 Clubs: Sewing Weight Training Project Learn	Clubs: Robotics Cosmetology Open Art Project Learn	20 (B) Social Emotional Learning: Help! I'm Having a Feeling Clubs: Graphic Design Soccer Open Art
	Project Learn 23	24	25	26	Project Learn 27
	No Clubs	No Clubs	No Clubs	No Clubs	No Clubs
	— Christmas Break	– Christmas Break	– Christmas Break	– Christmas Break	– Christmas Break
	30 No Clubs — Christmas Break	31 No Clubs — Christmas Break	1	2	3
	Digak	Dican			
<u> </u>		Da	ily Schedule		
Monday, Tuesday, Thursday, Friday 2:45 - 3:00 Check in & Snack 3:00 - 3:30 Social Emotional Learning Positive Action (M & F) 3:30 - 4:20 Enrichment Clubs 4:20 - 4:30 Late bus dismissal; Snack 4:30 - 5:30 Project Learn				Wednesday 1:45 - 2:30 Check in & Snack 2:30 - 4:00 Enrichment Clubs 4:00 - 4:20 Late bus dismissal; Snack 4:30 - 5:30 Project Learn 5:30 Dismissal	

4:30 - 5:30 Project Learn

5:30 Dismissal

**Contact Info** 







5:30 Dismissal





# **December Club & Activity Details**

Message from Kennedy Anderson:

I want to take a moment to express my gratitude and appreciation for the opportunity to be able to work with your child(ren) at the Boys & Girls Club After School Program. They are amazing individuals and it has been a privilege to watch them grow, learn, and develop.

I want to inform you that I will be moving on to a new chapter in my life and will no longer be the Site Coordinator at Orem Jr. High. Although I am sad to say goodbye, I have no doubt that your children are being left in very good hands. I have a very hardworking team who care a lot about your kids.

Wishing you and your family all the best in the future!

#### Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

<u>Positive Action -</u> Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run on Mondays & Fridays with new topics each week. The January theme is getting along with others, a great way to start off the new year!

#### **Project Learn:**

A daily academic enrichment and support time where youth are provided help with homework assignments and are given time to read. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

#### **Enrichment Clubs:**

<u>D&D -</u> Club members will use their imagination and creative skills to play this tabletop role-playing game (RPG) where players work together to create an imaginary adventure.

Game Club - Clubs members will learn new board games, card games, and participate in trivia!

<u>Magic the Gathering -</u>Club members can explore strategy, creativity, and community in an exciting and supportive environment! They will have the opportunity to build their own Magic decks from a vast selection of donated cards, learning valuable skills like critical thinking, problem-solving, and good sportsmanship along the way. Best of all, they'll get to take their custom decks home, empowering them to continue their magical journey outside of the club. It's more than just a game—it's a place to grow, make friends, and be part of something truly special.

<u>Open Art -</u> Our very own art teachers, Ms. Lamb and Ms. Barney, will open up their classrooms and provide our club members with the opportunity to work on their artistic skills.

<u>Robotics -</u> Mr. Byrom opens up his classroom and provides students with the opportunity to build and code robots. He has extensive knowledge in this subject and is happy to teach those who want to learn!

<u>Sewing -</u> Club members will be making Christmas stockings! Those who have not learned the basics will be given the opportunity to do so. <u>Weight Training -</u> Club members will be given the opportunity to use the weight room. They will learn how to avoid injury while exercising different muscle groups.

<u>Cosmetology - Club</u> members will be learning different hairstyles while exploring the profession.

<u>Graphic Design -</u> Club members will be given the opportunity to learn graphic design elements and principles. This will help them build a skillset that is applicable in many different careers.

Soccer - Club members will get to learn skills and play this sport that improves muscle tone. builds strength, flexibility and endurance.





