

December 2024

# Mt. Mahogany

250 E 1650 S, Orem UT 84058 | (801) 717-5035



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is learning self-awareness and paying attention to our feelings.

Happy Birthday



Zachary - 1st  
Julianos - 9th  
Jaxel - 20th  
JT "Horace" - 30th

## UPCOMING EVENTS

None this month. Have a very Merry Christmas and Happy New Year!

## CLUB CLOSED

Early Out:  
December 20, 2024

Christmas Break:  
December 23, 2024 - January 3, 2025



## Get To Know



Hi! My name is Allie Radmall and I work with Boys and Girls Club and at Mount Mahogany during the school day! In my free time I enjoy watching or playing sports!

## CONTACT INFORMATION

Jenna Shelley (Interim)  
Site Coordinator  
Email: [mtmahogany@bgcutah.org](mailto:mtmahogany@bgcutah.org)  
Phone: 801-633-1525

Program Address: 618 N 1300 W St,  
Pleasant Grove, UT 84602

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Monday-Thursday 4:10-4:55

The main focus of power hour will be to help members complete homework assignments, work on HYLE activities and also participate in our reading program.

## STEM Labs

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities.

Thanksgiving point comes every Tuesday and Wednesday for 4-6 graders (K-3 does STEAM Tuesday and Thursdays)

## Enrichment

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children.

We offer a rotation of activities on Friday where kids can participate in a new physical and creative activity each week.

## Social Emotional Learning (Prevention & Behavior)

Positive Action and SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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SERVICES  
CHILD CARE

# Mt. Mahogany Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Learning Self-Awareness	2 <b>Power Hour</b> <b>Social Emotional Learning: Positive Action (P)</b> K-3: Using Our Talents 4-6: Managing Yourself Using Social / Emotional Positive Actions <b>Clubs</b> 4th-6th SpArt Club K-3 Music Club	3 <b>Power Hour</b> 4-6th Grade Thanksgiving Point STEAM Labs <b>SMART Clubs</b> STEAM K-3	4 <b>Power Hour</b> 4-6th Grade Thanksgiving Point STEAM Labs <b>Social Emotional Learning: Positive Action (B)</b> K-3: Thinking About What You Are Thinking About" 4-6: Managing Yourself Using Social / Emotional Positive Actions <b>Clubs</b> K-3 Music Club	5 <b>Power Hour</b> <b>SMART Clubs</b> 4th-6th SpArt Club STEAM K-3	6 <b>Fun Friday</b> <b>Social Emotional Learning: SMART Moves</b> K-3: Coping Strategies Gallery 4-6: Coping Strategies Carnival <b>Physical, Creative, &amp; STEM Rotations</b> <b>Gratitude</b>
Self-Awareness with our Feelings	9 <b>Power Hour</b> <b>Social Emotional Learning: Positive Action (P)</b> K-3: Does What You Do Matter? 4-6: Managing Yourself Using Social / Emotional Positive Actions <b>Clubs</b> 4th-6th SpArt Club K-3 Music Club	10 <b>Power Hour</b> 4-6th Grade Thanksgiving Point STEAM Labs <b>SMART Clubs</b> STEAM K-3  <b>FIRE DRILL</b>	11 <b>Power Hour</b> 4-6th Grade Thanksgiving Point STEAM Labs <b>Social Emotional Learning: Positive Action (B)</b> K-3: Your Big, Up Front Feelings 4-6: Managing Yourself Using Social / Emotional Positive Actions <b>Clubs</b> K-3 Music Club	12 <b>Power Hour</b> <b>SMART Clubs</b> 4th-6th SpArt Club STEAM K-3	13 <b>Fun Friday</b> <b>Social Emotional Learning: SMART Moves</b> <b>Physical, Creative, &amp; STEM Rotations</b> <b>Gratitude</b>
Paying Attention to our Feelings	16 <b>Power Hour</b> <b>Social Emotional Learning: Positive Action (P)</b> K-3: Looking For Love, Finding It 4-6: Managing Yourself Using Social / Emotional Positive Actions <b>Clubs</b> 4th-6th SpArt Club K-3 Music Club	17 <b>Power Hour</b> 4-6th Grade Thanksgiving Point STEAM Labs <b>SMART Clubs</b> STEAM K-3	18 <b>Power Hour</b> 4-6th Grade Thanksgiving Point STEAM Labs <b>Social Emotional Learning: Positive Action (B)</b> K-3: What Scares Me Now 4-6: Managing Yourself Using Social / Emotional Positive Actions <b>Clubs</b> K-3 Music Club	19 <b>Power Hour</b> <b>SMART Clubs</b> 4th-6th SpArt Club STEAM K-3	20 <b>AFTERSCHOOL CLOSED</b> — <b>Early Out</b>
	23 <b>AFTERSCHOOL CLOSED</b> — <b>Christmas Break</b>	24 <b>AFTERSCHOOL CLOSED</b> — <b>Christmas Break</b>	25 <b>AFTERSCHOOL CLOSED</b> — <b>Christmas Break</b>	26 <b>AFTERSCHOOL CLOSED</b> — <b>Christmas Break</b>	27 <b>AFTERSCHOOL CLOSED</b> — <b>Christmas Break</b>
	30 <b>AFTERSCHOOL CLOSED</b> — <b>Christmas Break</b>	31 <b>AFTERSCHOOL CLOSED</b> — <b>Christmas Break</b>	1 <b>AFTERSCHOOL CLOSED</b> — <b>Christmas Break</b>	2 <b>AFTERSCHOOL CLOSED</b> — <b>Christmas Break</b>	3 <b>AFTERSCHOOL CLOSED</b> — <b>Christmas Break</b>

Daily Schedule Monday, Wednesday	Daily Schedule Tuesday, Thursday	Daily Schedule Friday
3:30-3:45 Check in, Snack, Circle Up, Recess 3:45-3:50 Transition 3:50-4:10 Social Emotional Learning: - Positive Action 4:10-4:55 Power Hour 4:55-5:00 Transition 5:00-5:30 Enrichment Clubs 5:30 Snack, Check out	3:30-3:45 Check in, Snack, Circle Up, Recess 3:45-3:50 Transition 3:50-4:10 SMART 4:10-4:55 Power Hour 4:55-5:00 Transition 5:00-5:30 STEAM 5:30 Snack, Check out	3:30-3:45 Check in, Snack, Circle Up 3:45-4:00 Structured Recess 4:00-4:45 Physical Enrichment 4:45-5:20 Creative Enrichment 5:20 Gratitude, Snack, Check out

Contact Info		
Site Coordinator: Jenna Shelley (Interim)		
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## December Club & Activity Details

### Message to Parents:

Hello Everyone! We are going into December! How exciting! We are striving for a strong program filled with social emotional learning, fun learning activities and STEAM lessons. We have already seen learning taking place and look forward to continuing to build on what your students already know. Thanksgiving Point has returned and has provided awesome STEAM lessons for our 4th, 5th and 6th Graders. We look forward to another month of learning and growing together.

### Social Emotional Learning:

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

**SMART Moves** - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

### Academic Support:

**Power Hour** - The main focus of power hour will be to help youth complete homework assignments, work on HYL A activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

### STEM Labs:

**STEAM K-3:** On Tuesdays and Thursdays we will be focusing on different components of STEAM. Science, technology, engineering, arts, and mathematics. We will be doing things like designing and creating things out of legos or play doh!

**STEAM 4-6 (Thanksgiving Point Partner):** On Tuesday and Wednesdays, 4th-6th graders are taught by staff from Thanksgiving Point and are taught about science, animals, and basic coding skills. This is a special opportunity for them to get taught unique concepts while having fun!

### Enrichment Clubs:

**SpArt Club:** In our SPART club we will be combining two of our club members' passions: sports and art! We will be diving into sports on Mondays and art on Thursdays to create well-rounded, active, and creative kids.

**Music Club:** In our music themed club activities we will be exploring different properties of music, experiment with creating music, and learn about the different genres of music.

